

March 2025 Calendar

March 2nd - March 8th



Laurelwood Assisted Living

Cultural and Educational Program Calendar

THE HIGHLANDS
AT PITTSFORD
ROCHESTER'S ONLY UNIVERSITY-BASED
RETIREMENT COMMUNITY



Life Enrichment Staff

Crystal Johnston – Director of Life Enrichment

Phone: 585-641-6345

Email: crystal_johnston@urmc.rochester.edu

Office: Located 2nd floor of Laurelwood

Robin Gallagher – Wellness Coach

Phone: 585-641-6316

Email: robin_gallagher@urmc.rochester.edu

Office: Located 2nd floor Hahnemann Square, Wellness Center Office

Margo Perine - Life Enrichment Assistant*

Phone: 585-641-6350

Email: margo_perine@urmc.rochester.edu

Kaitlyn Dederick - Life Enrichment Assistant*

Phone: 585-641-6585

Email: kaitlyn_dederick@urmc.rochester.edu

Jenifer Wheaton - Life Enrichment Assistant*

Phone: 585-641-6585

Email: jenifer_wheaton@urmc.rochester.edu

*Office: Located 2nd floor Laurelwood, Life Enrichment Office

Sunday, March 2, 2025

9:00am	Dining Room	Good morning from staff!
10:30am	Music Room	Catholic Communion Service
11:00am	Activities Room	Asbury First United Methodist Church Live Stream Service
1:30pm	Gallery	Bingo!
3:00pm	Gallery	Game: Name that Tune!
4:00pm	Gallery	Chat with Friends before Dinner!
6:30pm	Gallery	Movie: "Sense & Sensibility"

Monday, March 3, 2025

9:00am	Dining Room	Good morning from staff!
10:15am	Gallery	Family Feud/ Would You Rather
11:15am	Activities Room	Fitness with Robin
1:30pm	Gallery	Travelogue: Cruising the Nile
3:00pm	Gallery	Comedy Hour with Pat Collins and In the Kitchen: Mulled Wine & Ham Pinwheels
4:00pm	Gallery	Join your friends before dinner
7:00pm	Community Center	Irish Themed Music!

Tuesday, March 4, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Activities Room	Growing Younger with Margo
11:00am	Gallery	Presentation & Celebration: Mardi Gras
1:15pm	Gallery	Hymn Study with Chaplain Steve
2:15pm	Gallery	March Cranium Crunches
3:30pm	Hearth Room	Muriel's Novel Idea
4:00pm	Gallery	Join your friends before dinner
7:00pm	Gallery	Jeopardy on TV!

Wednesday, March 5, 2025

9:00am	Dining Room	Good morning from staff!
10:30am	Gallery	February Resident Meeting
11:15am	Activities Room	Fitness with Robin
1:30pm	Gallery	Design Studio: Lucky Rainbow Painting
3:00pm	Gallery	Gaming in the Gallery: Cornhole & Ring Toss
4:00pm	Hearth Room	Happy Hour!
6:30pm	Gallery	Game: Bingo!

*Ash Wednesday Services

Thursday, March 6, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Hearth Room	Laurelwood Social Hour
11:00am	Activities Room	Mindful Morning Stretch
1:30pm	Gallery	Nail Painting
3:30pm	Gallery	Pet Therapy with Ann Julien & Lulu
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie: "The Producers"

Friday, March 7, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Gallery	Education Series: "History of Monopoly"
11:15am	Activities Room	Fitness with Robin
1:00pm	Music Room	First Friday Catholic Mass
1:15pm	Gallery	Pause for Peace with Chaplain Steve
2:30pm	Gallery	March Jeopardy!
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie: "Darby O'Gill & The Little People"

Saturday, March 8, 2025

9:00am	Dining Room	Good morning from staff!
10:15am	Activities Room	Fitness: Tai Chi with Carmen
11:30am	Gallery	Trivia of all kinds
1:30pm	Gallery	Game: Bingo!
3:30pm	Gallery	Pet Therapy with RocDog
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie & Popcorn: "A League of Their Own"

Sunday, March 9, 2025

9:00am	Dining Room	Good morning from staff!
10:30am	Music Room	Catholic Communion Service
11:00am	Activities Room	Asbury First United Methodist Church Live Stream Service
1:30pm	Gallery	Coloring and Cards
3:00pm	Gallery	IN2L Word Games
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie: "The Shootist"

Monday, March 10, 2025

9:00am	Dining Room	Good morning from staff!
10:30am	Gallery	March Trivia
11:15am	Activities Room	Fitness with Robin
1:30pm	Activities Room	"Music & Life of Andy Williams" with Larry Shearer
3:00pm	Gallery	In the Kitchen: Lemon Pound Cake
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie: "Ratatouille"

Tuesday, March 11, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Activities Room	Growing Younger w/Margo
11:15am	Gallery	Virtual Tour: Ancient Egypt & the Pharoahs
1:30pm	Gallery	“Name That Tune” with Pat on the Piano
3:30pm	Hearth Room	Muriel’s Novel Idea
4:00pm	Gallery	Join your friends before dinner
7:00pm	Gallery	Jeopardy!

Wednesday, March 12, 2025

9:00am	Dining Room	Good morning from staff!
10:30am	Gallery	Reading: Chicken Soup for the Soul
11:15am	Activities Room	Fitness with Robin
1:30pm	Gallery	Design Studio: Shamrock Door Decor
3:00pm	Gallery	Luck of the Irish with Pat Acer on Piano
4:00pm	Community Center	Happy Hour!
6:30pm	Gallery	Game: Bingo!

Thursday, March 13, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Hearth Room	Kaitlyn's Farewell Party
11:00am	Activities Room	Mindful Morning Stretch
1:45pm	Gallery	Nail Painting
3:30pm	Gallery	Pet Therapy with Ann Julien & Lulu!
4:00pm	Gallery	Join your friends before dinner
7:00pm	Community Center	Irish Themed Performance

Friday, March 14, 2025

9:00am	Dining Room	Good morning from staff!
10:15am	Gallery	Game: Who, What & Where?
11:15am	Activities Room	Fitness with Robin
1:15pm	Gallery	Design Studio: St. Patrick's Bouquet
2:30pm	Gallery	Pie for Pi Day!
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie & Popcorn: "Nutty Professor"

Saturday, March 15, 2025

9:00am	Dining Room	Good morning from staff!
10:15am	Activities Room	Fitness: Tai Chi with Carmen
11:30am	Gallery	Trivia of All Kinds
1:30pm	Gallery	Game: Bingo!
3:00pm	Gallery	Reading: Chicken Soup for the Alzheimer's Soul w/ Margo
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie & Popcorn: "The Greatest Showman"

Sunday, March 16, 2025

Please Note: NO NAIL PAINTING THIS WEEK

9:00am	Dining Room	Good morning from staff!
10:30am	Music Room	Catholic Communion Service
11:00am	Activities Room	Asbury First United Methodist Church Live Stream Service
1:30pm	Gallery	IN2L Word Games
2:00pm	Gallery	Egyptian Hieroglyphic Book Marks!
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie: "Leap Year"

Monday, March 17, 2025

St Patrick's Day

9:00am	Dining Room	Good morning from Staff!
10:00am	Gallery	History of St. Patrick's Day
11:15am	Activities Room	Fitness with Robin
12:00 pm	Community Center	Young School of Irish Dance Performance
1:30pm	Gallery	Name that Tune!
2:00PM	Highlands Pub	Enjoy a Shamrock Sundae!!!
3:00pm	Gallery	Wee Bit O' Irish Humor
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie & Popcorn: "A Very Unlucky Leprechaun"

Tuesday, March 18, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Activities Room	Growing Younger Fitness
11:00am	Gallery	INTUL PUPPY CAM AND COLORING
1:15pm	Gallery	Chaplain Steve
2:00pm	Community Center	Musical Performance featuring Bagpipes
3:30pm	Hearth Room	Muriel's Novel Idea
4:00pm	Gallery	Join your friends before dinner
7:00pm	Gallery	Jeopardy!

Wednesday, March 19, 2025

9:00am	Dining Room	Good morning from staff!
10:30am	Gallery	In the Kitchen: Girl Scout Thin Mint Delight
11:15am	Activities Room	Fitness with Robin
1:30pm	Gallery	Education Series: The Swallows of San Juan Capistrano
2:30pm	Gallery	Marek on Guitar!
4:00pm	Gallery	Happy Hour!
6:30pm	Gallery	Game: Bingo!

Thursday, March 20, 2025

Please Note: NO NAIL PAINTING THIS WEEK

9:00am	Dining Room	Good morning from staff!
10:00am	Hearth Room	Laurelwood Social Hour
11:00am	Activities Room	Mindful Morning Meditation
2:00pm	Gallery	Mike Kornrich Banjo Duo Performance
3:30pm	Gallery	Pet Therapy with Ann Julien & Lulu!
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie & Popcorn: "The Wizard of Oz"

Friday, March 21, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Gallery	Coloring and Cards
11:15am	Activities Room	Fitness with Robin
1:30pm	Gallery	Afternoon Movie & Snacks: "The Long Game" (Netflix)
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie: "Finian's Rainbow"

Saturday, March 22, 2025

9:00am	Dining Room	Good morning from staff!
10:15am	Activities Room	Fitness: Tai Chi with Carmen
11:30am	Gallery	Trivia of all kinds
1:30pm	Gallery	Bingo!
3:30pm	Gallery	Pet Therapy with RocDog
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie & Popcorn: "Capote"

Sunday, March 23, 2025

9:00am	Dining Room	Good morning from staff!
10:30am	Music Room	Catholic Communion Service
11:00am	Activities Room	Asbury First United Methodist Church Live Stream Service
2:00pm	Community Center	Eastman Musical Performance!
3:30pm	Gallery	IN2L Word Games
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie & Popcorn: "Dear John"

Monday, March 24, 2025

9:00am	Dining Room	Good morning from staff!
10:30am	Gallery	INTUL FAMILY FEUD
11:15am	Activities Room	Fitness with Robin
1☺0pm	Gallery	
2:30pm	Gallery	Design Studio: Crazy Paper Quilt Squares
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie: "Beyond the Sea"

Tuesday, March 25, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Activities Room	Growing Younger Fitness
11:30am	Gallery	Residents Meeting
1:15pm	Gallery	Bible Study w/Chaplain Steve
2:30pm	Gallery	Gaming Hour: Shuffleboard/Cards
3:30pm	Hearth Room	Muriel's Novel Idea
4:00pm	Gallery	Join your friends before dinner
7:30pm	Community Center	Capella Arrangements of Jazz Standards, Show tunes and more!

Wednesday, March 26, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Gallery	Roundtable with Residents (New Invited to Attend this "Get to Know You Event!")
11:15am	Activities Room	Fitness with Robin
1:30pm	Gallery	Design Studio: Tissue Paper Sun Catchers
3:00pm	Gallery	Poetry Reading/Chicken Soup for the Soul
4:00pm	Hearth Room	Happy Hour!
6:30pm	Gallery	Game: Bingo!

Thursday, March 27, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Hearth Room	Laurelwood Social Hour/Men's Group
11:00am	Activities Room	Mindful Meditation
1:45pm	Gallery	Nail Painting
3:30pm	Gallery	Pet Therapy with Ann Julien & Lulu!
4:00pm	Gallery	Join your friends before dinner
6:30pm	Community Center	Piano Recital!

Friday, March 28, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Gallery	Education Series: The Finger Lakes (File)
11:15am	Activities Room	Fitness with Robin
1:15pm	Gallery	Laurelwood Sing-a-Long with Chaplain Steve
2:00pm	Gallery	In the Kitchen: Pineapple Upside Down Cake (Reba's Birthday Favorite!)
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie: "Milk"

Saturday, March 29, 2025

9:00am	Dining Room	Good morning from staff!
10:15am	Activities Room	Fitness: Tai Chi with Carmen
11:15am	Gallery	Trivia of all kinds
1:30pm	Gallery	Game: Bingo!
3:00pm	Gallery	INTUL Puppy Game/Games/Shuffleboard
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie & Popcorn: "Maid in Manhattan"

Sunday, March 30, 2025

9:00am	Dining Room	Good morning from staff!
10:30am	Music Room	Catholic Communion Service
11:00am	Activities Room	Asbury First United Methodist Church Live Stream Service
1:30pm	Gallery	IN2L Word Games
2:30pm	Hearth Room	Poetry Reading
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie & Popcorn: "The Proposal"

Monday, March 31, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Gallery	
11:15am	Activities Room	Fitness with Robin
1:30pm	Gallery	
3:00pm	Gallery	
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Movie: "The Story of Seabiscuit"

Tuesday, April 1, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Activities Room	Growing Younger Fitness
11:30am	Gallery	Resident's Meeting
1:15pm	Gallery	Chaplain Steve
2:30pm	Gallery	
3:30pm	Hearth Room	Muriel's Novel Idea
4:00pm	Gallery	Join your friends before dinner

7:00pm **Gallery** Jeopardy!

Wednesday, April 2, 2025

9:00am **Dining Room** Good morning from staff!

10:00am **Gallery**

11:15am **Activities Room** Fitness with Robin

1:30pm **Gallery**

3:00pm **Gallery**

4:00pm **Hearth Room** Happy Hour!

6:30pm **Gallery** Game: Bingo!

Thursday, April 3, 2025

9:00am **Dining Room** Good morning from staff!

10:00am **Hearth Room** Laurelwood Social Hour

11:00am **Activities Room**

1:45pm **Gallery** Nail Painting

3:30pm **Gallery** Pet Therapy with Ann Julien & Lulu!

4:00pm **Gallery** Join your friends before dinner

6:30pm **Gallery** Popcorn & Movie: "Footloose"

Friday, April 4, 2025

9:00am	Dining Room	Good morning from staff!
10:00am	Gallery	
11:15am	Activities Room	Fitness with Robin
1:15pm	Gallery	Chaplain Steve
2:30pm	Gallery	
4:00pm	Gallery	Join your friends before dinner
6:30pm	Gallery	Popcorn & Movie: 'Around the World in 80 Days'

Saturday, April 5, 2025

9:00am	Dining Room	Good morning from staff!
10:15am	Activities Room	Fitness: Tai Chi with Carmen
11:15am	Gallery	Trivia of all kinds
1:30pm	Gallery	Game: Bingo!
3:00pm	Gallery	
4:00pm	Gallery	Join your friends before dinner

6:30pm

Gallery

Movie & Popcorn: "Doctor Doolittle"

MARCH FIELD TRIPS: