# February 2025 Calendar

February 2<sup>nd</sup>- February 28<sup>th</sup>







## Laurelwood Assisted Living

**Cultural and Educational Program Calendar** 



#### Life Enrichment Staff

#### **Crystal Johnston – Director of Life Enrichment**

Phone: 585-641-6345

Email: <a href="mailto:crystal\_johnston@urmc.rochester.edu">crystal\_johnston@urmc.rochester.edu</a>

Office: Located 2nd floor of Laurelwood

#### **Robin Gallagher – Wellness Coach**

Phone: 585-641-6316

Email: robin\_gallagher@urmc.rochester.edu

Office: Located 2nd floor Hahnemann Square, Wellness Center Office

#### Margo Perine - Life Enrichment Assistant\*

Phone: 585-641-6350

Email: margo\_perine@urmc.rochester.edu

#### **Kaitlyn Dederick - Life Enrichment Assistant\***

Phone: 585-641-6585

Email: kaitlyn\_dederick@urmc.rochester.edu

#### Jenifer Wheaton - Life Enrichment Assistant\*

Phone: 585-641-6585

Email: jenifer\_wheaton@urmc.rochester.edu

\*Office: Located 2nd floor Laurelwood, Life Enrichment Office

#### Sunday, February 2, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!                                    |
|---------|------------------------|---|
| 10:30am | Music Room             | Catholic Communion Service                                  |
| 11:00am | <b>Activities Room</b> | Asbury First United Methodist Church Live<br>Stream Service |
| 1:00pm  | Gallery                | Pro Bowl Championship on TV!                                |
| 3:00pm  | Gallery                | Independent Coloring Pages & Crosswords!                    |
| 4:00pm  | Gallery                | Join your friends before dinner                             |
| 6:30pm  | Gallery                | Movie: "Because I said So"                                  |

#### Monday, February 3, 2025

9:00am Dining Room Good morning from staff!
10:00am Gallery Lecture: Fingerlakes Vineyards
11:15am Activities Room Fitness with Robin
2:00pm Gallery In the Kitchen: Valentine Cocoa Cream Puffs

**4:00pm** Gallery Join your friends before dinner

#### Tuesday, February 4, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!  |
|---------|------------------------|---|
| 10:00am | <b>Activities Room</b> | Growing Younger Fitness   |
| 10:30am | Gallery                | Marek on Guitar!  |
| 11:30am | Gallery                | Residents Meeting   |
| 1:15pm  | Gallery                | Bible Study with Chaplain Steve   |
| 2:30pm  | Community<br>Center    | Musical Performance: Oldies/Doo-Wop Favorites from the 40s, 50s, 60s & 70s! |
| 4:00pm  | Gallery                | Join your friends before dinner   |
| 7:00pm  | Gallery                | Jeopardy on TV!   |

| Wednesday, Fe | ebruary 5, 2025 |
|---------------|-----------------|
|---------------|-----------------|

11:15am Activities Room Fitness with Robin

2:00pm Community Musical Performance by Piano Soloist, Joe

Center Miltch!

**3:15pm** Gallery Roundtable: Meet and Greet

**4:00pm Hearth Room** Happy Hour!

**6:30pm** Gallery Bingo!

#### Thursday, February 6, 2025

**10:00am Hearth Room** Laurelwood Social Hour

11:00am Activities Room Mindful Morning Stretch

1:30pm Gallery Nail Painting

**4:00pm** Gallery Join your friends before dinner

**6:30pm** Gallery Join your friends for a game of Gin Rummy!

### Friday, February 7, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!  |
|---------|------------------------|---|
| 10:00am | Gallery                | Learn about Japan's Sapporo Snow Festival by taking a Virtual Tour! |
| 11:15am | <b>Activities Room</b> | Fitness with Robin  |
| 1:00pm  | Music Room             | First Friday Catholic Mass  |
| 1:15pm  | Gallery                | Pause for Peace with Chaplain Steve                                 |
| 2:30pm  | Gallery                | Design Studio: Valentines Door Decor                                |
| 4:00pm  | Gallery                | Join your friends before dinner                                     |
| 6:30pm  | Gallery                | Movie & Popcorn: "Halls of Montezuma"                               |

### Saturday, February 8, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!                 |
|---------|------------------------|--|
| 10:15am | <b>Activities Room</b> | Fitness: Tai Chi with Carmen             |
| 11:30am | Gallery                | Trivia of all kinds                      |
| 2:00pm  | Community<br>Center    | Quartet Performance by Eastman Students! |
| 3:30pm  | Gallery                | Pet Therapy with Roc Dog                 |
| 4:00pm  | Gallery                | Join your friends before dinner          |
| 6:30pm  | Gallery                | Movie & Popcorn: "The Game Plan"         |

#### Sunday, February 9, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!                                    |
|---------|------------------------|---|
| 10:30am | Music Room             | Catholic Communion Service                                  |
| 11:00am | <b>Activities Room</b> | Asbury First United Methodist Church Live<br>Stream Service |
| 1:30pm  | Gallery                | Bingo!  |
| 3:00pm  | Gallery                | Weekly Word games on IN2L                                   |
| 4:00pm  | Gallery                | Chat with Friends before Dinner!                            |
| 6:30pm  | Gallery                | Popcorn and the <b>SUPERBOWL</b> !                          |

#### Monday, February 10, 2025

**11:15am Activities Room** Fitness with Robin

**1:30pm** Baking Cream Cheese Brownies!

**3:00pm** Gallery Making Valentines

**4:00pm** Gallery Join your friends before dinner

## Tuesday, February 11, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!                 |
|---------|------------------------|--|
| 10:00am | <b>Activities Room</b> | Growing Younger with Margo               |
| 11:00am | Gallery                | Making Crystal Hearts!                   |
| 1:15pm  | Gallery                | Hymn Study Chaplain Steve                |
| 3:30pm  | Hearth Room            | Muriel's Novel Idea                      |
| 4:00pm  | Gallery                | Join your friends before dinner          |
| 7:00pm  | Community<br>Center    | Musical Performance: Finger Lakes Opera! |

#### Wednesday, February 12, 2025

**10:00am Gallery** Valentines Day Trivia!

11:15am Activities Room Fitness with Robin

**3:00pm** Gallery Chocolate Tasting!

**4:00pm Hearth Room** Happy Hour!

**6:30pm Gallery** Game: Bingo!

#### Thursday, February 13, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!           |
|---------|------------------------|------------------------------------|
| 10:00am | Hearth Room            | Donuts & Coffee Social Hour        |
| 11:00am | <b>Activities Room</b> | Mindful Morning Stretch            |
| 1:30pm  | Gallery                | Nail Painting                      |
| 3:30pm  | Gallery                | Pet Therapy with Ann Julien & Lulu |
| 4:00pm  | Gallery                | Join your friends before dinner    |
| 6:30pm  | Gallery                | Netflix Movie: "13 Going On 30"    |

### Friday, February 14, 2025

| 9:00am  | <b>Dining Room</b> | Good morning from staff!                   |
|---------|--------------------|--|
| 10:00am | Gallery            | Color and write Valentine's Day cards!     |
| 11:15am | Activities Room    | Fitness with Robin                         |
| 1:15pm  | Gallery            | Poems, Quotes & Songs with Chaplain Steve  |
| 2:30pm  | Gallery            | Music: A Taste of Jazz Duo!                |
| 4:00pm  | Gallery            | Join your friends before dinner            |
| 6:30pm  | Gallery            | Library Movie & Popcorn: "Valentine's Day" |

#### Saturday, February 15, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!                |
|---------|------------------------|---|
| 10:15am | <b>Activities Room</b> | Fitness: Tai Chi with Carmen            |
| 11:15am | Gallery                | Trivia of all kinds                     |
| 1:30pm  | Gallery                | Game: Bingo!                            |
| 3:00pm  | Gallery                | Independent Coloring Pages & Word Games |
| 4:00pm  | Gallery                | Join your friends before dinner         |
|         |                        |   |

Movie & Popcorn: "Chocolat"

6:30pm

Gallery

### Sunday, February 16, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!                                    |
|---------|------------------------|---|
| 10:30am | Music Room             | Catholic Communion Service                                  |
| 11:00am | <b>Activities Room</b> | Asbury First United Methodist Church Live<br>Stream Service |
| 1:00pm  | Gallery                | Reading Group   |
| 3:00pm  | Gallery                | IN2L Word Games   |
| 4:00pm  | Gallery                | Join your friends before dinner                             |
| 6:30pm  | Gallery                | Movie: "Ever After"   |

### Monday, February 17, 2025

| 9:00am  | <b>Dining Room</b> | Good morning from staff!                   |
|---------|--------------------|--|
| 10:30am | Gallery            | Maple Syrup- How it's made & have a Taste! |
| 11:15am | Activities Room    | Fitness with Robin                         |
| 1:30pm  | Gallery            | President's Day Presentation               |
| 2:30pm  | Gallery            | Musical Performance on Guitar with Rob!    |
| 4:00pm  | Gallery            | Join your friends before dinner            |
| 6:30pm  | Gallery            | Movie: "Miracle"                           |

### Tuesday, February 18, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!        |
|---------|------------------------|---------------------------------|
| 10:00am | <b>Activities Room</b> | Morning Fitness Video           |
| 11:15am | Gallery                | Coloring and Conversation!      |
| 1:15pm  | Gallery                | Bible Study with Chaplain Steve |
| 3:00pm  | Gallery                | Game: Who, What, Where          |
| 3:30pm  | Hearth Room            | Muriel's Novel Idea             |
| 4:00pm  | Gallery                | Join your friends before dinner |
| 7:00pm  | Gallery                | Jeopardy!                       |

| Wednesday, | <b>February</b> | 19, 2025 |
|------------|-----------------|----------|
|------------|-----------------|----------|

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!   |
|---------|------------------------|--|
| 10:00am | Gallery                | Iwo Jima Documentary- honoring the bravery and sacrifice of the U.S. Marines who fought in one of World War II's most intense battles. |
| 11:15am | <b>Activities Room</b> | Fitness with Robin   |
| 1:30pm  | Gallery                | Dried Flower Crafts!   |
| 3:00pm  | Gallery                | Pineapple, Raspberry & OJ Refresher with a Reading!  |
| 4:00pm  | Community<br>Center    | Happy Hour Meet & Greet @ Hanneman!  |
| 6:30pm  | Gallery                | Game: Bingo!   |

#### Thursday, February 20, 2025

| 9:00am | Dining Room | Good morr | ning from staff! |
|--------|-------------|-----------|------------------|
|        |             |           | <u> </u>         |

10:00am Hearth Room Laurelwood Social Hour

11:00am Activities Room Mindful Morning Stretch

1:45pm Gallery Nail Painting

**4:00pm** Gallery Join your friends before dinner

**6:30pm** Gallery Join your friends for card games!

## Friday, February 21, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!            |
|---------|------------------------|-------------------------------------|
| 10:00am | Gallery                | Presentation: First Ladies Day!     |
| 11:15am | <b>Activities Room</b> | Fitness with Robin                  |
| 1:15pm  | Gallery                | Worship Service with Chaplain Steve |
| 2:30pm  | Gallery                | Musical Performance!                |
| 4:00pm  | Gallery                | Join your friends before dinner     |

6:30pm

Gallery

Movie & Popcorn: 'The Graduate"

## Saturday, February 22, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!   |
|---------|------------------------|--|
| 10:15am | <b>Activities Room</b> | Fitness: Tai Chi with Carmen   |
| 11:15am | Gallery                | George Washington's birthday! Come to hear some fun facts about him! |
| 1:30pm  | Gallery                | Game: Bingo!   |
| 3:30pm  | Gallery                | Pet Therapy with Roc Dog   |
| 4:00pm  | Gallery                | Join your friends before dinner                                      |
| 6:30pm  | Gallery                | Movie & Popcorn: "The Quiet Man"                                     |

## Sunday, February 23, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!                                    |
|---------|------------------------|---|
| 10:30am | Music Room             | Catholic Communion Service                                  |
| 11:00am | <b>Activities Room</b> | Asbury First United Methodist Church Live<br>Stream Service |
| 1:30pm  | Gallery                | IN2L Word Games   |
| 2:30pm  | Community<br>Center    | Jazz Musical Performance by Jackson Epps                    |
| 4:00pm  | Gallery                | Join your friends before dinner                             |
| 6:30pm  | Gallery                | Movie & Popcorn: "The Lost Batallion"                       |

## Monday, February 24, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!  |
|---------|------------------------|---|
|         |                        |   |
| 10:00am | Gallery                | Rochester, NY Presentation  |
| 11:15am | <b>Activities Room</b> | Fitness with Robin  |
| 1:30pm  | Gallery                | Landscape Painting  |
| 3:00pm  | Gallery                | Tortilla Chip Day! Come try some different dips with the famous chip! |
| 4:00pm  | Gallery                | Join your friends before dinner                                       |
| 6:30pm  | Gallery                | Movie: 'Ben-Hur"  |

## Tuesday, February 25, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!                   |
|---------|------------------------|--|
| 10:00am | <b>Activities Room</b> | Morning Fitness Video!                     |
| 11:30am | Gallery                | Residents Meeting!                         |
| 1:15pm  | Gallery                | Hymn study with Chaplain Steve             |
| 2:30pm  | Gallery                | Documentary: How the Beatles Changed Music |
| 3:30pm  | Hearth Room            | Muriel's Novel Idea                        |
| 4:00pm  | Gallery                | Join your friends before dinner            |
| 7:00pm  | Gallery                | Jeopardy!                                  |

#### Wednesday, February 26, 2025

**11:15am Activities Room** Fitness with Robin

**1:30pm** Gallery Presentation: Old West Day!

3:00pm Gallery Independent Coloring Pages & Crosswords

**4:00pm Hearth Room** Happy Hour!

**6:30pm Gallery** Game: Bingo!

#### Thursday, February 27, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!            |
|---------|------------------------|-------------------------------------|
| 10:00am | Gallery                | Making Banana Yogurt Pops           |
| 11:00am | <b>Activities Room</b> | Mindful Morning Stretch             |
| 1:45pm  | Gallery                | Nail Painting                       |
| 3:30pm  | Gallery                | Pet Therapy with Ann Julien & Lulu! |
| 4:00pm  | Gallery                | Join your friends before dinner     |
| 6:30pm  | Gallery                | Try some independent word games!    |

## Friday, February 28, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!  |
|---------|------------------------|---|
| 10:00am | Gallery                | It's Linus Pauling Day! Enjoy a documentary about this American chemist, biochemist, engineer, peace activist, author and educator! |
| 11:15am | <b>Activities Room</b> | Fitness with Robin  |
| 1:15pm  | Gallery                | Name that Tune with Chaplain Steve  |
| 2:30pm  | Gallery                | Musical Performance by Brad Batz Duo  |
| 4:00pm  | Gallery                | Join your friends before dinner   |
| 6:30pm  | Gallery                | Movie & Popcorn: "Kiss Me Kate"   |

### Saturday, March 1, 2025

| 9:00am  | <b>Dining Room</b>     | Good morning from staff!                 |
|---------|------------------------|--|
| 10:15am | <b>Activities Room</b> | Fitness: Tai Chi with Carmen             |
| 11:30am | Gallery                | Trivia of all kinds                      |
| 1:30pm  | Gallery                | Bingo!                                   |
| 3:00pm  | Gallery                | Independent Crosswords & Coloring Pages! |
| 4:00pm  | Gallery                | Join your friends before dinner          |
| 6:30pm  | Gallery                | Movie & Popcorn: "Blazing Saddles"       |

#### **FEBRUARY FIELD TRIPS:**