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| |  |  | | --- | --- | | January 2025  Calendar  January 19th- January 25th | Two women sitting at a table | |
| Laurelwood Assisted Living  Cultural and Educational Program Calendar  A group of people in a circle with their arms raised  Description automatically generatedA black background with a white line  Description automatically generated |

Life Enrichment Staff

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| --- | --- | --- |
| Sunday, December 29, 2024 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:30am** | **Music Room** | Catholic Communion Service |
| **11:00am** | **Activities Room** | Asbury First United Methodist Church Live Stream Service |
| **1:00pm** | **Gallery** | Football: Buffalo Bills vs. NY Jets |
| **3:00pm** | **Gallery** | IN2L Word Games |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Netflix Movie: The Karate Kid |

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| Monday, December 30, 2024 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Hearth Room** | “Have a Cup of Coffee Day” Social Hour |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:30pm** | **Gallery** | In the Kitchen: Stuffed Mushrooms |
| **3:00pm** | **Hearth Room** | Readings by Kaitlyn |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie: The Count of Monte Cristo |

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| Tuesday, December 31, 2024 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Activities Room** | Growing Younger Fitness |
| **11:00am** | **Gallery** | Making New Years Eve Hats! |
| **1:15pm** | **Gallery** | Name that Tune with Chaplain Steve |
| **2:30pm** | **Gallery** | NYE Celebration with a Musical Performance! |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **7:00pm** | **Gallery** | Jeopardy! |
| **8:00pm** | **Gallery** | Dick Clark’s New Years Eve Special! |

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| Wednesday, January 1, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Gallery** | Coloring and Cards |
| **11:00am** | **Gallery** | 136th Tournament of Roses Parade |
| **2:00pm** | **Gallery** | Movie: “Groundhog Day” |
| **4:00pm** | **Hearth Room** | Chit Chat with friends before Dinner |
| **6:30pm** | **Gallery** | Movie: The Bishop’s Wife |

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| Thursday, January 2, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Hearth Room** | Laurelwood Social Hour |
| **11:00am** | **Activities Room** | Mindful Morning Stretch |
| **1:30pm** | **Gallery** | Nail Painting |
| **3:30pm** | **Gallery** | Documentary: “How Dogs Became a Man’s Best Friend” |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Game: Bingo! |

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| Friday, January 3, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Gallery** | “Sugar on Stone” Treat |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:00pm** | **Music Room** | First Friday Catholic Mass |
| **1:15pm** | **Gallery** | Pause for Prayer with Chaplain Steve |
| **3:00pm** | **Gallery** | Lecture Series: “Frederick Douglass” |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie & Popcorn: Elvis |

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| Saturday, January 4, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:15am** | **Activities Room** | Fitness: Tai Chi with Carmen |
| **11:30am** | **Gallery** | Trivia of all kinds |
| **1:30pm** | **Gallery** | Game: Bingo! |
| **3:00pm** | **Gallery** | Coloring & Independent Word Games |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Netflix Movie & Popcorn: Legends of the Fall |

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| Sunday, January 5, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:30am** | **Music Room** | Catholic Communion Service |
| **11:00am** | **Activities Room** | Asbury First United Methodist Church Live Stream Service |
| **1:00pm** | **Gallery** | Buffalo Bills vs. Patriots |
| **2:30pm** | **Gallery** | Independent Word Games! Come and choose from a selection of different word games. |
| **4:00pm** | **Gallery** | Chat with Friends before Dinner! |
| **6:30pm** | **Gallery** | Movie: National Velvet |

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| Monday, January 6, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Gallery** | Lecture: Chinese Lunar Calendar: Are you a pig or a monkey…or?” |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:30pm** | **Gallery** | Independent Coloring & Word Game Pages! |
| **3:00pm** | **Gallery** | Karaoke: Sing your Heart Out! |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie: Cheaper by the Dozen |

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| Tuesday, January 7, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Activities Room** | Growing Younger with Margo |
| **11:00am** | **Gallery** | Game: Who, What, Where? |
| **1:15pm** | **Gallery** | Chaplain Steve |
| **2:00pm** | **Community Center** | “Up Town Groove Duo” Musical Performance |
| **3:30pm** | **Hearth Room** | Muriel’s Novel Idea |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **7:00pm** | **Gallery** | Jeopardy! |

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| Wednesday, January 8, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Meet at Laurelwood Lobby** | Walking Group- Please Dress Warm!! |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:30pm** | **Gallery** | In the Kitchen: Grilled Peanut Butter and Banana Sandwiches |
| **3:00pm** | **Gallery** | Elvis Presley Documentary and fun facts! (It’s his Birthday today) |
| **4:00pm** | **Hearth Room** | Happy Hour! |
| **6:30pm** | **Gallery** | Game: Bingo! |

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| Thursday, January 9, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Hearth Room** | Laurelwood Social Hour |
| **11:00am** | **Activities Room** | Mindful Morning Stretch |
| **1:30pm** | **Gallery** | Nail Painting |
| **3:00pm** | **Gallery** | Family Feud/Would You Rather? Gaming w/Margo |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Community Center** | Bangers & Mash Jazz Quartet |

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| Friday, January 10, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Gallery** | In the Kitchen: Cake Pops |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:15pm** | **Gallery** | Chaplain Steve |
| **3:00pm** | **Community Center** | Travelogue: Puglia: The Heel of Italy |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie & Popcorn: “Happy Gilmore” |

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| Saturday, January 11, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:15am** | **Activities Room** | Fitness: Tai Chi with Carmen |
| **11:15am** | **Gallery** | Trivia of all kinds |
| **1:30pm** | **Gallery** | Game: Bingo! |
| **3:30pm** | **Gallery** | Pet Therapy with Roc Dog |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie & Popcorn: “Damn Yankees” |

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| Sunday, January 12, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:30am** | **Music Room** | Catholic Communion Service |
| **11:00am** | **Activities Room** | Asbury First United Methodist Church Live Stream Service |
| **1:00pm** | **Gallery** | Bills Vs. Broncos (The game is also being shown in the Community Center today, and you are welcome to watch it over there if you’d like!) |
| **3:00pm** | **Gallery** | IN2L Word Games |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie Night: “Come September” |

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| Monday, January 13, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:30am** | **Gallery** | Game: 20 Questions with “Alexa”! |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:30pm** | **Activities Room** | Music of Karen & Richard Carpenter  with presenter Larry Shearer |
| **2:00pm** | **Community Center** | Presentation: The First Americans: When did they come and how do we know that? |
| **3:00pm** | **Gallery** | Lemon Blueberry Tarts |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Day the Earth Stood Still |

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| Tuesday, January 14, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Activities Room** | Growing Younger with Margo |
| **11:00am** | **Gallery** | Presentation: Can you name this Bird? |
| **1:15pm** | **Gallery** | Chaplain Steve |
| **2:30pm** | **Gallery** | January Jeopardy! |
| **3:30pm** | **Hearth Room** | Muriel’s Novel Idea |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **7:00pm** | **Gallery** | Jeopardy! |

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| Wednesday, January 15, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:30am** | **Gallery** | Education Series: “Winter Birds” |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **2:00pm** | **Gallery** | In the Kitchen: National CUPCAKE Day! |
| **3:00pm** | **Gallery** | Piano Performance by Pat Acer |
| **4:00pm** | **Hearth Room** | Happy Hour! |
| **6:30pm** | **Gallery** | Game: Bingo! |

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| Thursday, January 16, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Hearth Room** | Laurelwood Social Hour |
| **11:00am** | **Activities Room** | Mindful Morning Stretch |
| **1:30pm** | **Gallery** | Nail Painting (no nail cutting) |
| **3:00pm** | **Meet in Gallery** | Going for Stroll! (We will go outside to walk depending on weather) |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Game Night with Jen |

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| Friday, January 17, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Gallery** | Education Series: Mozart |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:30pm** | **Gallery** | Trivia! |
| **3:00pm** | **Gallery** | Wine Glass Snowman Painting |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie & Popcorn: The Devil Wears Prada |

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| Saturday, January 18, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:15am** | **Activities Room** | Fitness: Tai Chi with Carmen |
| **11:15am** | **Gallery** | Education Series: “Chinese New Year Foods” |
| **1:00pm** | **Gallery** | Game: Bingo! |
| **2:30pm** | **Community Center** | Laura Dubin Jazz Duo |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie: Dial “M” For Murder |

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| Sunday, January 19, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:30am** | **Music Room** | Catholic Communion Service |
| **11:00am** | **Activities Room** | Asbury First United Methodist Church Live Stream Service |
| **1:30pm** | **Gallery** | Lecture: Rochester’s Famous Ice Storm |
| **3:00pm** | **Gallery** | IN2L Word Games |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie Night: “Under the Tuscan Sun” |

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| Monday, January 20, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Gallery** | Martin Luther King Jr. Independent Trivia & Word Games |
| **1:30pm** | **Gallery** | Join US: Inauguration of the 47th President of the United States LIVE at the Capitol Rotunda |
| **2:30pm** | **Gallery** | Performance by Steve Cortese (Gallery) |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Gettysburg |

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| Tuesday, January 21, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Activities Room** | Growing Younger with Margo |
| **11:00am** | **Community Center** | Musical Performance by Fairport Musicales |
| **1:15pm**  **2:00** | **Gallery**  **Community Center** | Chaplain Steve  Presentation: “Blood: The River of Life” |
| **2:30pm** | **Gallery** | In the Kitchen: “Chinese Coconut Candy” |
| **3:30pm** | **Hearth Room** | Muriel’s Novel Idea |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **7:00pm** | **Gallery** | Jeopardy! |

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| Wednesday, January 22, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Gallery** | Education Series: “History of Wegmans” |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:30pm** | **Gallery** | Design Studio: Coffee Mug Design |
| **3:00pm** | **Gallery** | Creating Flower Arrangements |
| **4:00pm** | **Hearth Room** | Happy Hour! |
| **6:30pm** | **Gallery** | Game: Bingo! |

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| Thursday, January 23, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Hearth Room** | Laurelwood Social Hour |
| **11:00am** | **Activities Room** | Mindful Morning Stretch |
| **1:30pm** | **Gallery** | Nail Painting |
| **2:00pm** | **Community Center** | Viola Performance by Miranda |
| **3:00pm** | **Hearth Room** | Afternoon Teatime & Cucumber Sammies |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Gaming Night with Jen |

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| Friday, January 24, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Gallery** | Education: World Wonders |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **2:00pm** | **Community Center** | Presentation: “Why Zoos Exist” |
| **3:00pm** | **Gallery** | Crafting Cozy Coasters |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie & Popcorn: “Meet the Fockers” |

**\*\*Note: Chaplain Steve will not be in today!**

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| Saturday, January 25, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:15am** | **Activities Room** | Fitness: Tai Chi with Carmen |
| **11:30am** | **Gallery** | Trivia of all kinds |
| **2:00pm** | **Community Center** | Chinese New Year celebration |
| **3:30pm** | **Gallery** | Pet Therapy with Roc Dog |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Documentary: “March of the Penguins” |

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| Sunday, January 26, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:30am** | **Music Room** | Catholic Communion Service |
| **11:00am** | **Activities Room** | Asbury First Methodist Church Live Stream |
| **1:30pm** | **Gallery** | Bingo |
| **3:00pm** | **Gallery** | IN2L Word Games |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Bills vs. Chiefs |

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| Monday, January 27, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:30am** | **Gallery** | Presentation: Perry Como Music |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:30pm** | **Gallery** | Design Studio: Blankets |
| **3:30pm** | **Great Room** | Making Berry & Yogurt Parfaits |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie Night: “The Pink Panther” |
| **7:00pm** | **Community Center** | Music Performance by Top Brass |

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| Tuesday, January 28, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Activities Room** | Mindful Morning Stretch |
| **11:30am** | **Gallery** | Residents Meeting! |
| **1:15pm** | **Gallery** | Chaplain Steve |
| **2:00pm** | **Community Center** | Presentation: *Why Would They Want THAT?!*: Collecting the Recent Past |
| **3:30pm** | **Hearth Room** | Muriel’s Novel Idea |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **7:00pm** | **Gallery** | Jeopardy! |

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| Wednesday, January 29, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Gallery** | Travelogue: “Croatia” |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:30pm** | **Gallery** | Design Studio: “Snowbirds” |
| **3:00pm** | **Gallery** | Marek on Guitar |
| **4:00pm** | **Hearth Room** | Happy Hour! |
| **6:30pm** | **Gallery** | Game: Bingo! |

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| Thursday, January 30, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Hearth Room** | Laurelwood Social Hour |
| **11:00am** | **Activities Room** | Mindful Morning Stretch |
| **1:30pm** | **Gallery** | Nail Painting & Letters to Austin (US ARMY) |
| **3:30pm** | **Gallery** | Pet Therapy with Ann Julien & Lulu |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Game Night with Jen |

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| Friday, January 31, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:00am** | **Hearth Room** | Gift of Years Reading with Margo |
| **11:15am** | **Activities Room** | Fitness with Robin |
| **1:15pm** | **Gallery** | Chaplain Steve |
| **2:30pm** | **Gallery** | Design Studio: “Japanese Cherry Blossoms” |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie & Popcorn: “A Few Good Men” |

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| Saturday, February 1, 2025 | | |
| **9:00am** | **Dining Room** | Good morning from staff! |
| **10:15am** | **Activities Room** | Fitness: Tai Chi with Carmen |
| **11:15am** | **Gallery** | Trivia of all kinds |
| **1:30pm** | **Gallery** | Game: Bingo! |
| **3:30pm** | **Gallery** | IN2L Word Games |
| **4:00pm** | **Gallery** | Join your friends before dinner |
| **6:30pm** | **Gallery** | Movie: “Run Silent, Run Deep” |