

THE HIGHLANDS  
AT PITTSFORD  
LAURELWOOD

# February 18 – 24 2024



## **Sunday 2/11—SUPERBOWL SUNDAY!**

- 9:00am - Good morning from staff! (Dining Room)
- 10:30am - Catholic Communion Service (Highlands Music Room)
- 11:00am - Livestream Service: Asbury First United Methodist Church  
(Activities Room)
- 1:30pm - Superbowl Predictions (Gallery)
- 3:00pm - IN2L TV Crossword Puzzle (Activities Room)
- 4:00pm - Join your friends in the Gallery for conversation before dinner
- 6:30pm - Superbowl: Kansas City Chiefs vs. San Francisco 49ers!  
(Community Center)



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## **Monday 2/12**

- 9:00am - Good morning from staff! (Dining Room)
- 10:00am - Fitness with Sarah (Activities Room)
- 11:00am - IN2L Tropical Travelogue: vote on which place to explore! (Gallery)
- 1:00pm - Card Game: Euchre (Hearth Room)
- 2:00pm - *From Broadway with Love!*: Join “Broadway Bob” to enjoy romantic moments from Broadway musicals (Community Center)
- 3:30pm - Afternoon Social: Tea Party (Gallery)
- 6:15pm - Star of the Month Movie Night: *My Fair Lady*—starring Audrey Hepburn! (Gallery)



If you have any questions please dial 641- 6345 for Crystal

## Monday 2/19—President's Day



- 9:00am - Good morning from staff! (Dining Room)
  - 10:00am - Fitness with Sarah (Activities Room)
  - 11:00am - I Love Rochester Theme Week: Famous Artists -  
Garth Fagan, Renee Fleming, Cab Calloway, John Lithgow (Gallery)
  - 1:30pm - Visit the quilt display at Highlands' Art Gallery (Meet at elevator)
  - 3:00pm - Game: Which President? (Gallery)
  - 4:00pm - Join your friends in the Gallery for conversation before dinner
  - 6:15pm - Star of the Month Movie Night: *Roman Holiday*—starring Audrey Hepburn! (Gallery)
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## Tuesday 2/20

- 9:00am - Good morning from staff! (Dining Room)
- 10:00am - Yoga with Sarah (Activities Room)
- 11:00am - I Love Rochester Theme Week Presentation : Sights to See—the Erie Canal, Chimney Bluffs and more! (Gallery)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 3:00pm - Boardgame: The Price is Right (Gallery)
- 4:00pm - Join your friends in the Gallery for conversation before dinner
- 6:15pm - **Riley**



**CHAIR YOGA**



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## **Wednesday 2/21**

- 9:00am - Good morning from staff! (Dining Room)
- 10:00am - Fitness with Sarah (Activities Room)
- 11:00am - I Love Rochester Theme Week: History Makers Susan B. Anthony & Frederick Douglas (Gallery)
- 1:30pm - Craft: Name Art (Gallery)
- 3:00pm - Book Club: *The Lion, the Witch, and the Wardrobe*  
Each week begins with a summary of the story so anyone can join!  
(Hearth Room)
- 4:00pm - Happy Hour (Community Center)
- 6:30pm - IN2L Game: Bingo (Gallery)



## **Thursday 2/22**

- 9:00am - Good morning from staff! (Dining Room)
- 10:00am - Perk Up Coffee Hour (Community Center)
- 11:00am - I Love Rochester Theme Week: Rochester's Culinary Claims to Fame  
Garbage plates, Zwiegel's and more! (Gallery)
- 2:00pm - Lenten Service with Asbury First UM church (Music Room)
- 2:00pm - University of Rochester Presentation: *New Archaeology Findings*  
(Community Center)
- 3:30pm - Pet Therapy with Ann Julien & Lulu (Gallery)
- 6:30pm - Evening Entertainment: *LumenEssence*, a vocal jazz trio, featuring  
World War II songs! (Community Center)

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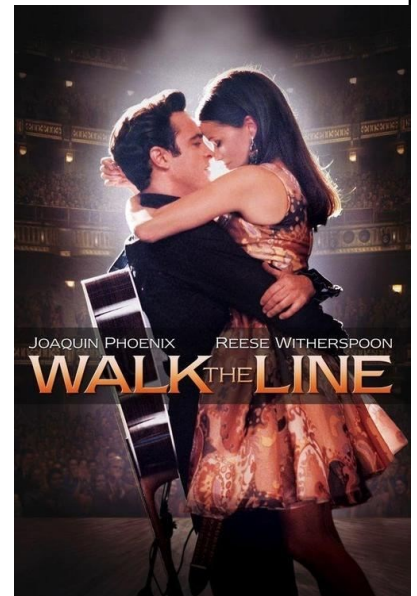
## **Friday 2/23**

- 9:00am - Good morning from staff! (Dining Room)
- 10:00am - Fitness with Sarah (Activities Room)
- 11:00am - I Love Rochester Theme Week: Public Art Tour (Gallery)
- No program with Chaplain Steve today.**
- 1:30pm - Nail Cutting / Manicures with Marianna (Gallery)
- 3:30pm - Afternoon Social: Hot Chocolate (Gallery)
- 4:00pm - Join your friends in the Gallery for conversation before dinner
- 6:15pm - Rescheduled Movie: *My Fair Lady*—starring Audrey Hepburn (Gallery)



## **Saturday 2/24**

- 9:00am - Good morning from staff! (Dining Room)
- 10:15am - Fitness: Tai Chi with Carmen (Activities Room)
- 11:30am - Trivia of all kinds (Gallery)
- 1:30pm - Game: Bingo (Gallery)
- 3:30pm - Pet Therapy with RocDog (Gallery)
- 4:00pm - Join your friends in the Gallery for conversation before dinner
- 6:15pm - Movie Night: *Walk the Line* —add your own flavor to your snack at the popcorn bar! (Gallery)



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