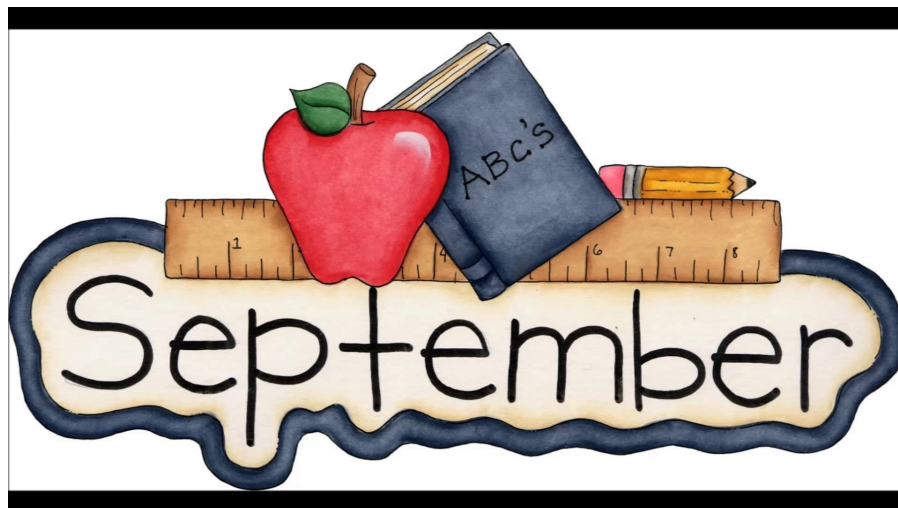


THE HIGHLANDS
AT PITTSFORD
LAURELWOOD

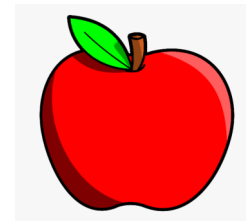
Calendar of Events

September 3 – 9, 2023





Theme Week: Back to School!



You're never too old to keep learning! Enjoy a variety of programs to quench your thirst for knowledge. Programs include:

- A spelling bee
- A science experiment
- "Are you smarter than a 5th grader?" boardgame

And more!

Sunday 9/03

- 9:00am - Good morning from staff! (Dining room & Library area)
- 10:30am - Catholic Communion Service with volunteers from
St. Louis Church (Highlands' Community Center)
- 11:00am - Livestream Service: Asbury First United Methodist Church
(Activities Room)
- 1:30pm - Female Reporter Day: Learn about Marguerite Higgins, the first international reporter to win a Pulitzer Prize! (Gallery)
- 3:00pm - "Back to School" Game: Spelling Bee with Jyothi (Gallery)
- 4:00pm - Join your friends for conversation before dinner (Hearth Room/Patio)

If you have any questions please dial 641– 6345 for Crystal

Monday 9/04 Labor Day

- 10:00am - Fitness Video (Activities Room)
- 11:00am - Help yourself to color-by-number art pages! (Gallery)
- 1:30pm - Crosswords with Larry Shearer (Gallery)
- 4:00pm - Join your friends for conversation before dinner (Hearth Room/Patio)
- 6:15pm - Movie Night: *The Help* (Gallery)



Tuesday 9/05

- 9:00am - Good morning from staff! (Dining room & Library area)
- 10:00am - Yoga with Sarah (Activities Room)
- 11:00am - “Back to School”: Science Experiment with Marianna (Gallery)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 2:00pm - Virtual Presentation: Viewing the Upcoming Solar Eclipses with Valerie Rapson, Ph.D., Assistant Professor at SUNY Oneonta (Community Center)
- 3:00pm - “Back to School”: Facts about the Moon (Gallery)
- 4:00pm - Join your friends for conversation before dinner (Hearth Room/Patio)
- 6:30pm - TV Show: Jeopardy (Gallery)

If you have any questions please dial 641– 6345 for Crystal

Wednesday 9/06

- 9:00am - Good morning from staff! (Dining room & Library area)
- 10:00am - Fitness with Sarah (Activities Room)
- 11:00am - “Back to School”: Learn some phrases in another language! (Gallery)
- 1:30pm - Celebrate **Farm Jubilee Day** with an antique farm equipment photo slideshow and chat about 4H club! (Gallery)
- 3:00pm - Read-aloud Book Club: Oliver Twist, chapters 9 & 10 (Hearth Room)
Each week, we begin with a summary of the story so far—so if you missed the last gathering, you can still join us!
- 4:00pm - Happy Hour (Hearth Room/Patio)
- 6:30pm - Game: Bingo (Gallery)
-

Thursday 9/07

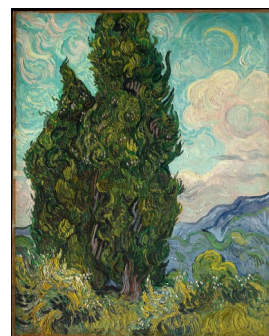
- 9:00am - Good morning from staff! (Dining room & Library area)
- 10:00am - Perk Up Coffee Hour (Pub)
- 11:00am - Hearts & Homes with Marianna (Laurelwood Parlor)
- 1:30pm - Manicures: Fingernail trimming & painting (Gallery)
- 3:30pm - Pet Therapy with Ann Julien & Lulu (Gallery)
- 4:00pm - Join your friends for conversation before dinner (Hearth Room/Patio)
- 6:30pm - Game: Are you Smarter than a 5th Grader?
(Gallery)

If you have any questions please dial 641– 6345 for Crystal



Friday 9/08

- 9:00am - Good morning from staff! (Dining room & Library area)
- 10:00am - Fitness with Sarah (Activities Room)
- 11:00am - Armchair Art Gallery: Van Gogh's Cypresses (Gallery)
- 11:30am - **Chili Cook- off!** Your \$5 donation will support the Alzheimer's Association. For lunch, try a variety of chilis with all the fixin's and cornbread! RSVP to Marianna at 641-6350. (Community Center)
- 1:15pm - Poems, Quotes, & Songs with Chaplain Steve (Gallery)
- 3:00pm - "Back to School" Craft: Mixed Medium Starry Night (Gallery)
- 4:00pm - Mix and Mingle: Crafters & Art Appreciation Club (Hearth Room)
- 6:15pm - Movie Night: *Center Stage* (Gallery)



Saturday 9/09

- 9:00am - Good morning from staff! (Dining room & Library area)
- 10:15am - Fitness: Tai Chi with Carmen (Activities Room)
- 11:30am - Trivia of all kinds (Gallery)
- 1:30pm - Game: Bingo (Gallery)
- 3:30pm - Pet Therapy with RocDog (Gallery)
- 4:00pm - Join your friends for conversation before dinner (Hearth Room/Patio)
- 6:15pm - Movie: *The Great Debaters* (Gallery)

If you have any questions please dial 641– 6345 for Crystal