Laurelwood at The Highlands at Pittsford



LAURELWOOD

Calendar of Events July 30 ~ August 5 2023



Sunday 7/30

- 8:45am Good morning from staff! (Dining Room & Library Area)
- 10:00am Catholic Communion Service (Highlands Music Room)
- 11:00am Asbury First United Methodist Livestream Service (Activities Room)
- 1:30pm Word Games with Jyothi (Gallery)
- 3:00 pm Zen Tangle Doodles with Jyothi (Gallery)
- 4:00pm Join your friends for conversation before dinner (Hearth Room/Patio)

<u>Monday 7/31</u>

- 8:45am Good morning from staff! (Dining Room & Library Area)
- 10:00am Fitness with Sarah (Activities Room)
- 11:00am Forest Ranger Appreciation Day: Short story & bingo game! (Gallery)
- 1:30pm Outing: Lake Ontario Port Scenic Drive & Abbott's Frozen Custard !
 Call Sarah at 641-6385 to RSVP—space is limited.
 (Meet at Laurelwood entrance)
- 3:00pm Craft: Beaded Necklaces— a great lanyard for your keys! (Gallery)
- 4:00pm Join your friends for conversation before dinner (Hearth Room/Patio)
- 6:15pm Movie Musical Monday: *Hairspray* (Gallery)



If you have any questions please dial

641-6345 for Crystal

<u>Tuesday 08/01</u>

- 8:45am Good morning from staff! (Dining Room & Library Area)
- 10:00am Yoga with Sarah (Activities Room)
- 11:00am Presentation: The Ecosystem of Mangroves (Gallery)
- 1:15pm Bible Study with Chaplain Steve (Gallery)
- 3:00pm Interactive YouTube Trivia with Jyothi (Gallery))
- 4:00pm Join your friends for conversation before dinner (Hearth Room/Patio)
- 7:00pm TV Show: Jeopardy (Gallery)

Wednesday 08/02

- 8:45am Good morning from staff! (Dining Room & Library Area)
- 10:00am Fitness with Sarah (Activities Room)
- 11:00am Baking: Mini Pineapple Upside-Down cakes (Gallery)
- 1:30pm Flower Arranging (Gallery)
- 3:00pm Book Club (Hearth Room)
- 4:00pm Happy Hour! (Hearth Room/Patio)
- 6:30pm Game: Bingo (Gallery)



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Thursday 08/03

- 8:45am Good morning from staff! (Dining room & Library area)
- 10:00am Perk Up Coffee Hour (Highlands Pub)
- 11:00am Hearts & Homes with Marianna (Laurelwood Parlor)
- 1:30pm Manicures: Nail trimming & painting (Gallery)
- 3:30pm Pet Therapy with Ann Julian & Lulu (Gallery)
- 6:30pm Game: Scrabble (Gallery)

Friday 08/04

Today's Theme: Ode to Ireland!

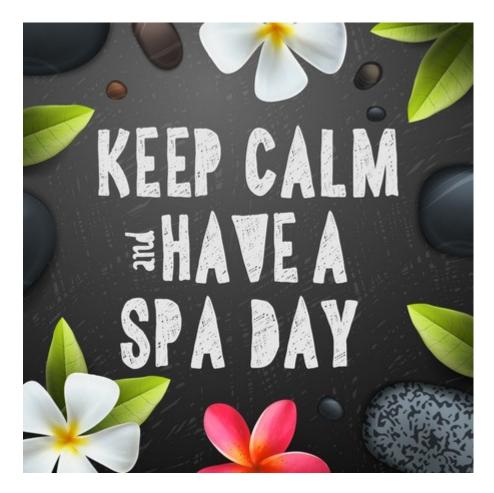
- 8:45am Good morning from staff! Greeting (Dining room & Library area)
- 10:00am Fitness: Irish Dancing—follow along in your chair! (Activities Room)
- 11:00am Travelogue: Ireland (Gallery)
- 1:00pm First Friday Catholic Mass (Music Room)
- 1:15pm Pause for Peace with Chaplain Steve (Gallery)
- 3:00pm Irish Food Taste Test (Gallery)
- 4:00pm Join your friends for conversation before dinner (Hearth Room/Patio)
- 6:15pm Travelogue Movie Night: *Leap Year*—set in Ireland! (Gallery)



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Saturday 08/05

- 8:45am Good morning from staff! (Dining room & Library area)
- 10:15am Fitness: Tai Chi with Carmen (Activities Room)
- 11:30am Trivia of all kinds (Gallery)
- 1:30pm Game: Bingo (Gallery)
- 3:00pm Afternoon at the spa: Enjoy a facial mask and hand massage! (Gallery)
- 4:00pm Join your friends on the Patio for conversation before dinner
- 6:15pm Singer Series Movie Night: *Beyond the Sea*, featuring the music of Bobby Darin (Gallery)



If you have any questions please dial 641- 6345 for Crystal