

Laurelwood at The Highlands at Pittsford

THE HIGHLANDS
AT PITTSFORD
LAURELWOOD

Calendar of Events
July 30 ~ August 5 2023



Sunday 7/30

- 8:45am - Good morning from staff! (Dining Room & Library Area)
 - 10:00am - Catholic Communion Service (Highlands Music Room)
 - 11:00am - Asbury First United Methodist Livestream Service (Activities Room)
 - 1:30pm - Word Games with Jyothi (Gallery)
 - 3:00 pm - Zen Tangle Doodles with Jyothi (Gallery)
 - 4:00pm - Join your friends for conversation before dinner (Hearth Room/Patio)
-

Monday 7/31

- 8:45am - Good morning from staff! (Dining Room & Library Area)
- 10:00am - Fitness with Sarah (Activities Room)
- 11:00am - Forest Ranger Appreciation Day: Short story & bingo game! (Gallery)
- 1:30pm - Outing: Lake Ontario Port Scenic Drive & Abbott's Frozen Custard !
Call Sarah at 641-6385 to RSVP—space is limited.
(Meet at Laurelwood entrance)
- 3:00pm - Craft: Beaded Necklaces— a great lanyard for your keys! (Gallery)
- 4:00pm - Join your friends for conversation before dinner (Hearth Room/Patio)
- 6:15pm - Movie Musical Monday: *Hairspray* (Gallery)

If you have any questions please dial

641- 6345 for Crystal



Tuesday 08/01

- 8:45am - Good morning from staff! (Dining Room & Library Area)
 - 10:00am - Yoga with Sarah (Activities Room)
 - 11:00am - Presentation: The Ecosystem of Mangroves (Gallery)
 - 1:15pm - Bible Study with Chaplain Steve (Gallery)
 - 3:00pm - Interactive YouTube Trivia with Jyothi (Gallery))
 - 4:00pm - Join your friends for conversation before dinner (Hearth Room/Patio)
 - 7:00pm - TV Show: Jeopardy (Gallery)
-

Wednesday 08/02

- 8:45am - Good morning from staff! (Dining Room & Library Area)
- 10:00am - Fitness with Sarah (Activities Room)
- 11:00am - Baking: Mini Pineapple Upside-Down cakes (Gallery)
- 1:30pm - Flower Arranging (Gallery)
- 3:00pm - Book Club (Hearth Room)
- 4:00pm - Happy Hour! (Hearth Room/Patio)
- 6:30pm - Game: Bingo (Gallery)



If you have any questions please dial 641- 6345 for Crystal

Thursday 08/03

- 8:45am - Good morning from staff! (Dining room & Library area)
- 10:00am - Perk Up Coffee Hour (Highlands Pub)
- 11:00am - Hearts & Homes with Marianna (Laurelwood Parlor)
- 1:30pm - Manicures: Nail trimming & painting (Gallery)
- 3:30pm - Pet Therapy with Ann Julian & Lulu (Gallery)
- 6:30pm - Game: Scrabble (Gallery)

Friday 08/04

Today's Theme: Ode to Ireland!

- 8:45am - Good morning from staff! Greeting (Dining room & Library area)
- 10:00am - Fitness: Irish Dancing—follow along in your chair! (Activities Room)
- 11:00am - Travelogue: Ireland (Gallery)
- 1:00pm - First Friday Catholic Mass (Music Room)
- 1:15pm - Pause for Peace with Chaplain Steve (Gallery)
- 3:00pm - Irish Food Taste Test (Gallery)
- 4:00pm - Join your friends for conversation before dinner (Hearth Room/Patio)
- 6:15pm - Travelogue Movie Night: *Leap Year*—set in Ireland! (Gallery)



If you have any questions please dial 641- 6345 for Crystal

Saturday 08/05

- 8:45am - Good morning from staff! (Dining room & Library area)
- 10:15am - Fitness: Tai Chi with Carmen (Activities Room)
- 11:30am - Trivia of all kinds (Gallery)
- 1:30pm - Game: Bingo (Gallery)
- 3:00pm - Afternoon at the spa: Enjoy a facial mask and hand massage! (Gallery)
- 4:00pm - Join your friends on the Patio for conversation before dinner
- 6:15pm - Singer Series Movie Night: *Beyond the Sea*, featuring the music of Bobby Darin (Gallery)



If you have any questions please dial 641- 6345 for Crystal