

THE HIGHLANDS AT PITTSFORD



Cultural and Educational Program Calendar

May 2021



Saturday, May 1st:

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

Sunday, May 2nd:

***8:30am & 10:45am – Depart for St. Louis Church.** Space is limited. Please call the Hospitality Desk 586-7600 to be added to the transportation list.

***10:45am & 12:00pm – Pathway to Pittsford Errand Bus** departs to Pittsford Plaza and Pittsford Community Library. Space is limited, please register on the Digital Calendar located on the Portal or call the Hospitality Desk 586-7600 to sign up.

Monday, May 3rd:

9:00am – In-Person & Virtual Fitness Class with Robin Gallagher in the Hahnemann Club. To join in-person, please register on the Digital Calendar located on the Portal. Space is limited to 10 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.

10:15am – In-Person & Virtual Fitness Class with Robin Gallagher in the Community Center. To join in-person please register on the Digital Calendar, located on the Portal, space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.

11:00am – Program Planning Meeting. All are welcome to discuss and evaluate programs. Music Room

11:00am – Virtual Chamber Music Extravaganza Grad Seminar, enjoy music by two Eastman School of Music groups. The Zoom link will be sent to all residents via email the morning of the concert. Registration is not required.

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

1:00pm – Sculpture viewing and artist meet and greet: *Frog on Bicycle* with artist Jay Seaman. Thank you resident Linda Russell who generously donated the sculpture to the HAP campus. Jay will show pictures of the sculpture and talk about his creation. Community Center

1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Elizabeth David 641-6344 if you are interested in joining.

2:30pm – University of Rochester Lecture Series, In-Person and Virtual: *Biblical Economics and Beyond* with Anne Merideth Ph.D., Director of Undergraduate Studies, Department of Religion and Classics. Please see page 20 for course information. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

Tuesday, May 4th:

- *9:00am – Water Fitness** with Robin Gallagher. Space is limited to 6 swimmers. Please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
- 9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.
- *9:00am – Depart for Montezuma’s Audubon Center** and bus tour in Savannah, NY with Center Director Chris Lajewski. Learn how you can assist and promote wildlife management, habitat restoration, conservation education, and public use within the Montezuma Wetlands Complex (MWC). Tour fee is \$10.00 and will be collected on the bus. Registration on the Digital Calendar located on the Portal, is required. Space is limited. For questions and registration assistance, please contact Elizabeth David 641-6344. Return approx. 1:00pm
- 10:30am-12:00pm – Circuit Training** with Robin Gallagher. Exercise Room
- *10:30am – Resident Portal Class**, Topic: *Intro to the Portal- What is Available and How to Navigate* with Systems Specialist Crystal Rothfuss. Please bring your own device if you wish to follow along, but it is not required. Registration on the Digital Calendar located on the Portal is required. Please call Crystal Rothfuss 641-6308 with questions and for registration assistance. Music Room
- 1:00pm – Knitting Group.** Please bring your own supplies; yarn is available for charity knitting. Please call Robin Gallagher 641-6316 with questions. Music Room
- 1:30pm – Virtual Books Sandwiched-In Book Review.** Topic: *Caste: Hood Feminism: Notes from the Women That A Movement Forgot* by Mikki Kendall. Reviewed by Mercedes Phelan, lead organizer, Rochester chapter of Citizen Action of New York & the Alliance for Quality Education. The link will be sent to all residents via email the morning of the presentation. Registration is not required.
- *4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center



Wednesday, May 5th: Cinco de Mayo

- 9:00am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Hahnemann Club. To join in-person please register on the Digital Calendar located on the Portal. Space is limited to 10

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participants. The Zoom link will be sent to all residents via email the morning of the class.
Please call Robin at 641-6316 with questions.

10:15am – In-Person & Virtual Fitness Class with Robin Gallagher in the Community Center. To join in-person, please register on the Digital Calendar located on the Portal. Space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.

11:00am – Depart for shopping and lunch in Fairport, NY shops include Amazing Grains Bread Co. Enjoy sweet breads, pastries, cookies, and their famous salt bread and Diane Prince Furniture and Gifts. Lunch at Lulu Taqueria+ Bar. Enjoy a variety of tacos and burritos along with an optional margarita. Lunch will be paid for on your own. Seating outdoors weather permitting. Walking required. Please register on the Digital Calendar located on the Portal. Space is limited. For questions and registration assistance, please contact Elizabeth David 641-6344. Return approx. 2:00pm.

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

2:00pm – Food Forum, In-Person & Virtual, all are welcome to discuss your dining experience. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center

For Programming questions or Digital Calendar registration assistance please contact Elizabeth David 641-6344 or Margaret Leyden 641-6387.

To find the Digital Calendar, log-in to the Portal (<http://happortal.com>) and click EVENTS found in the top menu.

For Assistance with the Portal or Zoom, please contact the IT Department 641-6308 or 641-6309.

Thursday, May 6th:

***9:00am – Water Fitness** with Robin Gallagher. Space is limited to 6 swimmers. Please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

***9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans** at Country Club Plaza. Space is limited, please register on the Digital Calendar located on the Portal.

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

11:00am – Virtual Gentle Chair Yoga with Eva Kane. For the weekly Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.

12:15pm – Virtual Eastman at Washington Square Concert featuring Kasumi Leonard on flute and Chiao-Wen Cheng on piano, from the Eastman Community Music School. This concert is available to view at home. The link will be sent to all residents via email the morning of the concert. Registration not required.

2:00pm – 2 Part Lecture Series, In- Person & Virtual: *History Out Loud: 500 Norton Street: A Rochester Destination* with Dan Cody, Rochester Historian. Rochester has been in a love affair with baseball for almost 150 years. A professional baseball team has called Rochester home since 1877. In this two-part lecture series, the history of that sporting love affair is explored. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center

***4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center



Friday, May 7th:

9:00am – In-Person & Virtual Fitness Class with Robin Gallagher in the Hahnemann Club. To join in-person please register on the Digital Calendar located on the Portal. Space is limited to 10

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

participants. The Zoom link will be sent to all residents via email the morning of the class.
Please call Robin at 641-6316 with questions.

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.

***10:00am – Tech Time:** Today's topic, *YouTube- How to Use YouTube for Entertainment and Education*. with systems specialist Crystal Rothfuss. Please register on the Digital Calendar located on the Portal, space is limited. Please call Crystal Rothfuss 641-6308 with questions and for registration assistance. Music Room

10:15am – In-Person & Virtual Fitness Class with Robin Gallagher in the Community Center. To join in-person please register on the Digital Calendar located on the Portal. Space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class
Please call Robin at 641-6316 with questions.

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool

1:00pm – First Friday Communion Service with volunteers from St. Louis Church. Registration not required. Community Center

1:00pm – Virtual Concert RPO @ Home: *Souvenir de Florence*. View a one-hour prerecorded performance from the Rochester Philharmonic Orchestra. Registration not required. The link will be sent to all residents via email the morning of the concert.

No Current Events today

Saturday, May 8th:

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

Sunday, May 9th: Mother's Day

***8:30am – Depart for St. Louis Church.** Space is limited. Please call the Hospitality Desk 586-7600 to be added to the transportation list.

11:00am-2:00pm – Mother's Day Dinner. By reservation only. Please register on the Portal using the Dining Reservation tab. Oneida Dining Room

Monday, May 10th:

9:00am – In-Person & Virtual Fitness Class with Robin Gallagher in the Hahnemann Club. To join

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in-person please register on the Digital Calendar located on the Portal. Space is limited to 10 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.

10:15am – In-Person & Virtual Fitness Class with Robin Gallagher in the Community Center. To join in-person please register on the Digital Calendar, located on the Portal. Space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

***1:00pm – iPad/iPhone Class**, Topic: *Such Useful Tools- Calendar, Contact List, Notes, Reminder, Maps, Shopping and more* with systems specialist Crystal Rothfuss. Registration on the Digital Calendar, located on the Portal is required. For questions and for registration assistance, please contact Crystal Rothfuss 641-6308. Music Room

1:00pm – Landscape Committee. Discuss the care and maintenance of the HAP campus. To learn more, please contact Russell Perrone 641-6302. Oneida Dining Room

1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Elizabeth David 641-6344 if you are interested in joining.

2:30pm – University of Rochester Lecture Series, In-Person and Virtual: *Biblical Economics and Beyond* with Anne Merideth Ph.D., Director of Undergraduate Studies, Department of Religion and Classics. Please see page 20 for course information. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center



Tuesday, May 11th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- *9:00am – Water Fitness** with Robin Gallagher. Space is limited to 6 swimmers. Please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
- 9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.
- 10:00am – Resident Council Meeting.** If you are interested in observing, please contact cottage resident Janet Steiner 310-7366 or jes14850@gmail.com. Bistro
- 10:30am-12:00pm – Circuit Training** with Robin Gallagher. Exercise Room
- 11:00am – Friendship Committee Meeting.** Committee welcomes new residents. To learn more, please contact Ann Julien 641-6388. Music Room
- 1:00pm – Dining Committee Meeting.** Review the dining experience. To learn more, please contact Andy Trepanier 641-6334. Oneida Dining Room
- 1:15pm – Virtual Bible Study** with Chaplain Steve Petrovich. Registration not required. The Zoom link will be sent to all residents via email the morning of the meeting. Please call Elizabeth David 641-6344 with questions.
- 1:30pm – Virtual Books Sandwiched-In Book Review.** Topic: *Ghosting the News: Local Journalism and the Crisis of American Democracy* by Margaret Sullivan. Reviewed by Michael Kilian, Executive Editor of the Rochester Democrat & Chronicle. The link will be sent to all residents via email the morning of the presentation. Registration is not required.
- 2:15pm – Caregivers Support Group** with Chaplain Steve Petrovich and Mary Walker, LPN, HAP's Resident Service Advocate. All interested residents are welcome to gather in person in the Music Room. Registration is not required. Please contact Elizabeth David 641-6344 if you have questions. Music Room
- 3:00pm – Virtual To “UR” Health Presentation: *COVID vaccines - A lot Has Happened in the Last Year*** with Dr. Ann R. Falsey, Professor of Medicine at the University of Rochester. Learn about the Approved Vaccines, the Pros and Cons of each, along with Boosters and variants. The Zoom link will be sent to all residents via email the morning of the presentation. Registration is not required. This virtual presentation is also available to view in the Music Room, first come first served.
- *4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center

Wednesday, May 12th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- 9:00am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Hahnemann Club. To join in-person please register on the Digital Calendar located on the Portal. Space is limited to 10 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- 10:15am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Community Center. To join in-person please register on the Digital Calendar located on the Portal. Space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- *11:00am – Depart for a scenic ride with lunch at Elderberry Pond located in Auburn, NY.** Registration on the Digital Calendar located on the Portal, is required. Space is limited. For questions and registration assistance, please contact Elizabeth David 641-6344. Return approx. 2:30pm
- *1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

For Programming questions or Digital Calendar registration assistance please contact Elizabeth David 641-6344 or Margaret Leyden 641-6387.

To find the Digital Calendar, log-in to the Portal (<http://happortal.com>) and click EVENTS found in the top menu.

For Assistance with the Portal or Zoom, please contact the IT Department 641-6308 or 641-6309.



Thursday, May 13th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- *9:00am – Water Fitness** with Robin Gallagher. Space is limited to 6 swimmers. Please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
- *9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans** at Country Club Plaza. Space is limited, please register on the Digital Calendar located on the Portal.
- 10:30am-12:00pm – Circuit Training** with Robin Gallagher. Exercise Room
- *10:30am – Windows PC Computer Class, Topic: *Intro to Using a Computer*** with systems specialist Crystal Rothfuss. Registration on the Digital Calendar, located on the Portal is required. For questions and for registration assistance, please contact Crystal Rothfuss 641-6308. Media Center
- 11:00am – Virtual Gentle Chair Yoga** with Eva Kane. For the weekly Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.
- 11:00am – Community Outreach Committee.** This committee has a mission to give back to the greater community through various philanthropic endeavors. To learn more, please contact Ann Julien 641-6388. Music Room
- 2:00pm – 2 Part Lecture Series, In- Person & Virtual: *History Out Loud: 500 Norton Street: A Rochester Destination*** with Dan Cody, Historian. Rochester has been in a love affair with baseball for almost 150 years. A professional baseball team has called Rochester home since 1877. Explore Rochester's baseball history. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center
- *4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center



Friday, May 14th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- 9:00am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Hahnemann Club. To join in-person please register on the Digital Calendar located on the Portal. Space is limited to 10 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- 9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.
- 10:15am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Community Center. To join in-person please register on the Digital Calendar, located on the Portal. Space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- *1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool
- 3:00pm – Virtual Current Events.** Topic: *Climate Induced Migrations* with María Cristina García, a Howard A. Newman Professor of American Studies from Cornell University. The Zoom link will be sent to all residents via email the morning of the presentation. Registration not required. To learn more about the current events group, please contact cottage resident Edward Kokkelenberg at edwk@pop.lightlink.com or 310-7366. Please call Crystal Rothfuss 641-6308 with any technical questions.

Saturday, May 15th: Armed Forces Day

- 2:30pm – Saturday Movie Matinee:** The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

Sunday, May 16th:

- *8:30am & 10:45am – Depart for St. Louis Church.** Space is limited. Please call the Hospitality Desk 586-7600 to be added to the transportation list.
- *10:45am & 12:00pm – Pathway to Pittsford Errand Bus** departs to Pittsford Plaza and Pittsford Community Library. Space is limited, please register on the Digital Calendar located on the Portal.



Monday, May 17th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- 9:00am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Hahnemann Club. To join in-person please register on the Digital Calendar located on the Portal. Space is limited to 10 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- 10:15am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Community Center. To join in-person please register on the Digital Calendar, located on the Portal. Space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- *1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
- *1:00pm – Windows PC- Office Computer Class**, Topic: *Microsoft Office Suite, What is Available (Word, Excel, PowerPoint.)* with systems specialist Crystal Rothfuss. Registration on the Digital Calendar, located on the Portal is required. For questions and registration assistance, please contact Crystal Rothfuss 641-6308. Media Center
- 1:30pm – Virtual Chorus** via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Elizabeth David 641-6344 if you are interested in joining.
- 2:30pm – University of Rochester Lecture Series, In-Person and Virtual: *Biblical Economics and Beyond*** with Anne Merideth Ph.D., Director of Undergraduate Studies, Department of Religion and Classics. Please see page 20 for course information. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center
- *7:00pm – Depart for Flower City Jazz Society Concert: *Custode Al La Carte*.** Tickets are \$15.00 each, pay upon arrival. Minimum of 2 participants. Registration required, please register on the Digital Calendar located on the Portal. Space is limited. Please contact Elizabeth David 641-6344 for registration assistance. Return approx. 10:00pm

For Programming questions or Digital Calendar registration assistance please contact Elizabeth David 641-6344 or Margaret Leyden 641-6387.

To find the Digital Calendar, log-in to the Portal (<http://happortal.com>) and click EVENTS found in the top menu.

For Assistance with the Portal or Zoom, please contact the IT Department 641-6308 or 641-6309.

Tuesday, May 18th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- *9:00am – Water Fitness** with Robin Gallagher. Space is limited to 6 swimmers. Please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
- 9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room. To join in the fitness room please register on the Digital Calendar located on the Portal.
- 10:30am-12:00pm – Circuit Training** with Robin Gallagher. Exercise Room
- 1:15pm – Virtual Bible Study** with Chaplain Steve Petrovich. The Zoom link will be sent to all residents via email the morning of the meeting. Registration not required. Please call Elizabeth David 641-6344 with questions.
- *1:30pm – Depart for a scenic ride though Highland Park** to view the lilacs. Registration required, please register on the Digital Calendar located on the Portal. Space is limited. Please contact Elizabeth David 641-6344 for registration assistance. Return approx. 2:30pm
- 3:00pm – “UR” In Tune Presentation, In-Person & Virtual: *Making Music During COVID 19*** with Priscilla Yuen and Mark Kellogg from the Eastman School of Music. Musicians and performing artists of all types have not been immune to the challenges posed by the insurgence of the corona virus. New protocols have had to be established, creating new performing practices and strategies for playing and teaching at the Eastman School and across the world. Priscilla Yuen and Mark Kellogg, will perform and speak about their experiences in the face of the pandemic. The Zoom link will be sent to all residents via email the morning of the presentation. Registration is not required. Community Center
- No Happy Hour today, Happy Hour is available May 19 and 20 this week**



Wednesday, May 19th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- 9:00am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Hahnemann Club. To join in-person please register on the Digital Calendar, located on the Portal. Space is limited to 10 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- 9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.
- 10:00am – Library Committee Meeting.** Committee oversees the HAP library. If you would like more information please contact Margaret Leyden 641-6387. Oneida Dining Room
- *12:30pm – Depart for Sauders Country Store in Seneca Falls, NY.** Enjoy the grocery, bakery, and deli sections along with hand crafted items. Please register on the Digital Calendar located on the Portal. Space is limited. Please contact Elizabeth David 641-6344 for registration assistance. Return Approx. 3:45pm
- *1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
- *1:00pm– Resident Portal Class, Topic: *Submitting Forms (Maintenance Requests, Away Forms, SPIRIT Nominations)*** with Systems Specialist Crystal Rothfuss. Please bring your own device if you wish to follow along, but it is not required. Registration on the Digital Calendar located on the Portal is required. Please call Crystal Rothfuss 641-6308 with questions and for registration assistance. Music Room
- *4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center

For Programming questions or Digital Calendar registration assistance please contact Elizabeth David 641-6344 or Margaret Leyden 641-6387.

To find the Digital Calendar, log-in to the Portal (<http://happortal.com>) and click EVENTS found in the top menu.

For Assistance with the Portal or Zoom, please contact the IT Department 641-6308 or 641-6309.

Thursday, May 20th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- *9:00am – Water Fitness** with Robin Gallagher. Space is limited to 6 swimmers. Please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
- *9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans** at Country Club Plaza. Space is limited, please register on the Digital Calendar located on the Portal.
- 10:30am-12:00pm – Circuit Training** with Robin Gallagher. Exercise Room
- 11:00am – Virtual Gentle Chair Yoga** with Eva Kane. For the weekly Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.
- 2:00pm – University of Rochester Lecture Series, In-Person and Virtual: *The Kurdish Question, Islam, and the Crisis of Modern Turkey*** with Sevinç Türkkan, PhD. Please see page 20 for course information. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center
- *4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center

Friday, May 21st:

- 9:00am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Hahnemann Club. To join in-person please register on the Digital Calendar, located on the Portal. Space is limited to 10 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- 9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.
- 10:15am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Community Center. To join in-person please register on the Digital Calendar, located on the Portal. Space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- *1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool
- 2:15pm – Live Entertainment** with The Tom Cometa Duo featuring keyboard and vocals. Registration not required. Community Center

No Current Events today

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

Saturday, May 22nd:

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

Sunday, May 23rd:

***8:30am – Depart for St. Louis Church.** Space is limited. Please call the Hospitality Desk 586-7600 to be added to the transportation list.

Monday, May 24th:

9:00am – In-Person & Virtual Fitness Class with Robin Gallagher in the Hahnemann Club. To join in-person please register on the Digital Calendar, located on the Portal. Space is limited to 10 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.

10:15am – In-Person & Virtual Fitness Class with Robin Gallagher in the Community Center. To join in-person please register on the Digital Calendar, located on the Portal. Space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.

***10:30am – Book Discussion Group Meeting.** Book Title: *Little Fires Everywhere* by Celeste Ng. Due to limited capacity, you must register in advance by contacting Janet Steiner at 310-7366 or jes14850@gmail.com. Conesus Dining Room

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Elizabeth David 641-6344 if you are interested in joining.

2:30pm – Resident Meeting, In-person and Virtual. This meeting is available to view from home via Zoom. The Zoom link will be sent to all residents via email the morning of the meeting. To participate in-person, please register on the Digital Calendar, located on the Portal, space is limited. Please contact Elizabeth David 641-6344 for registration assistance. Community Center

4:00pm – Virtual “UR” Always Learning Lecture via Zoom: *New York: From NYC to the Adirondacks, Upstate and the Rochester Region* with Dr. Gary Paige M.D. The Zoom link will be sent to all residents via email the morning of the presentation. Registration is not required. This virtual presentation is also available to view in the Community Center.

Tuesday, May 25th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- *9:00am – Water Fitness** with Robin Gallagher. Space is limited to 6 swimmers. Please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
- 9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.
- *10:00am – Depart to Wayside Garden Center.** Shop for perennials, plants, and garden decor. Please register on the Digital Calendar located on the Portal. Space is limited. Please contact Elizabeth David 641-6344 for registration assistance. Return approx. 12:30pm
- 10:30am-12:00pm – Circuit Training.** Exercise Room
- *10:30am – iPad/iPhone Class, Topic: *Camera App and How to Use it*** with systems specialist Crystal Rothfuss. Registration on the Digital Calendar, located on the Portal is required. For questions and registration assistance, please contact Crystal Rothfuss 641-6308. Music Room
- 1:15pm – Virtual Bible Study** with Chaplain Steve Petrovich. The Zoom link will be sent to all residents via email the morning of the meeting. Registration not required. Please call Elizabeth David 641-6344 with questions.
- 2:00pm – Virtual Presentation: *The Messier Catalog* with Valerie Rapson, Ph.D. an Assistant Professor at SUNY Oneonta.** Today's lesson will cover the history of this 18th century catalog of stars, galaxies, and nebulae, how it has evolved over time, and how you can spot some Messier objects with your own eyes! The Zoom link will be sent to all residents via email the morning of the presentation. Registration is not required. This virtual presentation is also available to view in the Community Center.
- 2:15pm – Caregivers Support Group** with Chaplain Steve Petrovich and Mary Walker, LPN, HAP's Resident Service Advocate. All interested residents are welcome to gather in person in the Music Room. Registration is not required. Please contact Elizabeth David 641-6344 if you have questions. Music Room
- *4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center



Wednesday, May 26th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- 9:00am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Hahnemann Club. To join in-person please register on the Digital Calendar, located on the Portal. Space is limited to 10 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- 10:15am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Community Center. To join in-person please register on the Digital Calendar, located on the Portal. Space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- *11:45am – Depart for lunch at K-2 Brothers Brewing.** Enjoy a variety of appetizers, burgers, sandwiches, and beer. Outdoor seating if available and weather permitting. Registration required, please register on the Digital Calendar located on the Portal. Space is limited. Please call Elizabeth David 641-6344 for questions or registration assistance. Return approx. 2:30pm
- *1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

Thursday, May 27th:

- *9:00am – Water Fitness** with Robin Gallagher. Space is limited to 6 swimmers. Please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
- *9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans** at Country Club Plaza. Space is limited, please register on the Digital Calendar located on the Portal.
- 10:30am-12:00pm – Circuit Training** with Robin Gallagher. Exercise Room
- 11:00am – Virtual Gentle Chair Yoga** with Eva Kane. For the weekly Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.
- 2:00pm – University of Rochester Lecture Series, In-Person and Virtual: *The Kurdish Question, Islam, and the Crisis of Modern Turkey*** with Sevinç Türkkan, PhD. Please see page 20 for course information. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center
- *4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center

Friday, May 28th:

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

- 9:00am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Hahnemann Club. Please register on the Digital Calendar, located on the Portal, to join in-person. Space is limited to 10 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- 9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal to use the Fitness Room.
- 10:15am – In-Person & Virtual Fitness Class** with Robin Gallagher in the Community Center. Please register on the Digital Calendar, located on the Portal, to join in-person. Space is limited to 12 participants. The Zoom link will be sent to all residents via email the morning of the class. Please call Robin at 641-6316 with questions.
- *1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool
- 3:00pm – Current Events Group.** Topic: *General Discussion*. The Zoom link will be sent to all residents via email the morning of the presentation. Registration not required. To learn more, please contact cottage resident Edward Kokkelenberg at edwk@pop.lightlink.com or 310-7366. Please call Crystal Rothfuss 641-6308 with any technical questions.

Saturday, May 29th:

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

Sunday, May 30th:

***8:30am – Depart for St. Louis Church.** Space is limited. Please call the Hospitality Desk 586-7600 to be added to the transportation list.

Monday, May 31st: Memorial Day

No Open Swim today, Pool is open, just need a buddy!

7:00pm – Evening Movie. The movie title will be announced in advance on the digital sign and Resident Portal. Community Center



University of Rochester Course Description

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

Biblical Economics and Beyond

Mondays, May 3-17 and June 7-14 at 2:30pm

What does the Bible say about economics? The Hebrew Bible contains a wealth of information about what the ancient Israelites and Jews believed about the relationship between economics and living in a just society whose worship God accepts. Jesus and the early Christians drew upon and elaborated this biblical economic theology in radical ways. A focus on the poor has always been a hallmark of both the Jewish and Christian traditions. And, yet, we have also seen how, throughout history, the church has accumulated enormous wealth for itself. This 6 week course will examine texts from the Hebrew Bible (Old Testament), the New Testament, and post-biblical Christian texts in order to understand the economic theology of the Jewish and Christian traditions.

Anne Merideth, PhD is a Senior Lecturer in Religion and Director of Undergraduate Studies for the Department of Religion and Classics at the University of Rochester. She received a master of theological studies from Harvard and PhD and masters from Princeton. She teaches a range of biblical topics, such as, women in the Bible, Biblical Economy, and Judaism in the Ancient World. She teaches with a historical and cultural perspective rather than from a theological perspective.

The Kurdish Question, Islam, and the Crisis of Modern Turkey

Thursdays, May 20-June 10 at 2:00pm

Sevinç will pick up from her last lecture series that was offered in May 2020. Political polarization at home can help us understand its permutations overseas. Since 1990s, “Turkish vs. Kurdish polarization” on the one hand, and “Islamic versus secularist polarization” on the other, have been underscoring the identity problem in Turkey.

Sevinç Türkkan, PhD is a faculty member of the Department of Religion and Classics at the University of Rochester where she teaches courses in modern Turkish history, literature, and culture. She specializes in modern Turkish Studies, Translation Studies, and Comparative Cultural Studies. She is an award-winning translator of Turkish, German, and Bulgarian languages. Her translation of *The Stone Building and Other Places* by the journalist and human rights activist Aslı Erdoğan is a finalist for the 2019 PEN Translation Prize.

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.