

THE HIGHLANDS AT PITTSFORD



Cultural and Educational Program Calendar

June 2021



Tuesday, June 1st:

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. The Zoom link will be sent to participants via email the morning of the class. If you are unable to Zoom from home you can participate from the Fitness Room. Please call Robin Gallagher at 641-6316 with questions.

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

***11:30am – Depart for lunch at Richardson’s Canal House** located in Pittsford on the Erie Canal. Menu options include a variety of soups, salads, and sandwiches. Lunch will be paid for on your own. Please register on the Digital Calendar located on the Portal. Please contact Margaret Leyden 641-6387 for registration assistance. Return approx. 1:30pm

1:00pm – Knitting Group. Please bring your own supplies; yarn is available for charity knitting. Please call Robin Gallagher 641-6316 with questions. Music Room

1:30pm – Windows PC Computer Class, Topic: *Microsoft Word- Learning the Toolbar with systems specialist Crystal Rothfuss. Please register on the Digital Calendar located on the Portal. Space is limited. For questions and for registration assistance, please contact Crystal Rothfuss 641-6308. Media Center

3:00pm – “UR” In Tune Lecture: *Eastman School of Music: Celebrating 100 Years!* with Sylvie Beaudette, Assistant Professor of Chamber Music. Registration is not required. Available in-person (Community Center) and virtually. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center

No Happy Hour Today. Happy Hour this week is available June 2nd and June 3rd

For Programming questions or Digital Calendar registration assistance please contact Margaret Leyden 641-6387.

To find the Digital Calendar, log-in to the Portal (<http://happortal.com>) and click EVENTS found in the top menu.

For Assistance with the Portal or Zoom, please contact the IT Department 641-6308 or 641-6309.

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

Wednesday, June 2nd:

- 9:00am – Fitness Class** with Robin Gallagher. Available in-person (Hahnemann Club) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Hahnemann Club
- 10:15am – Fitness Class** with Robin Gallagher. In-person only. Community Center
- 1:00pm-2:00pm – Open Swim** with Robin Gallagher. Pool
- *1:30pm – Depart for Shopping at Eastview Mall.** Please register on the Digital Calendar located on the Portal. Return approx. 4:00pm
- 2:00pm – Food Forum** all are welcome to discuss your dining experience. Available in-person (Community Center) & virtually. The Zoom link will be sent to all residents via email the morning of the meeting. Community Center
- *4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center

Thursday, June 3rd:

- 9:00am – Water Fitness** with Robin Gallagher. Pool
- *9:00am, 10:00am, & 11:00am – Depart for shopping and banking** at Country Club Plaza and Powers Farm Market. Please call the Hospitality Desk 586-7600 to register.
- 10:30am-12:00pm – Circuit Training** with Robin Gallagher. Exercise Room
- 11:00am – Virtual Gentle Chair Yoga** with Eva Kane. The Zoom link will be sent to participants via email the morning of the class. If you are unable to Zoom from home you can participate from the Fitness Room. Please call Robin Gallagher at 641-6316 with questions.
- 2:00pm – Virtual University of Rochester Course: *The Kurdish Question, Islam, and the Crisis of Modern Turkey*** with Sevinç Türkkan, Ph.D. Please see page 18 for course information. Registration not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center
- *4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center



The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

Friday, June 4th:

No Fitness Classes with Robin Gallagher today

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. The Zoom link will be sent to participants via email the morning of the class. If you are unable to Zoom from home you can participate from the Fitness Room. Please call Margaret Leyden at 641-6387 with questions.

10:30am – Tech Time: Today's topic, *About the Internet, What is it and How is it Used? with systems specialist Crystal Rothfuss. Please register on the Digital Calendar located on the Portal. Please call Crystal Rothfuss 641-6308 with questions and for registration assistance.
Music Room

11:00am – Virtual Concert RPO @ Home Concert: *Music at the Movies*. View a one-hour prerecorded performance from the Rochester Philharmonic Orchestra. This can be viewed on your own. Registration not required. The link will be sent to all residents via email the morning of the concert.

1:00pm – First Friday Communion Service with volunteers from St. Louis Church. Registration not required. Community Center

1:00pm-2:00pm – Open Swim with Margaret Leyden. Pool

2:00pm – Presentation: *Unique History of the Small Village of East Rochester* with Jim Burlingame, Past East Rochester Historian and Anita Mance, Current Village Historian. The guest speakers will share photographs of East Rochester's first 100 years as a Town/Village. Available in-Person (Community Center) & virtually. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center

Saturday, June 5th:

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center



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Sunday, June 6th:

***8:30am – Depart for St. Louis Church.** Space is limited. Please call the Hospitality Desk 586-7600 to register.

10:30am – Catholic Communion Service with Volunteers from St. Louis Church. Community Center

Monday, June 7th:

9:00am – Fitness Class with Robin Gallagher. Available in-person (Hahnemann Club) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. In-person only. Community Center

11:00am – Program Planning Meeting. All are welcome to discuss and evaluate programs. Music Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome.

Please call Margaret Leyden 641-6387 to join.

2:30pm – University of Rochester Course: *Biblical Economics and Beyond* with Anne Merideth

Ph.D., Director of Undergraduate Studies, Department of Religion and Classics. Please see page 18 for course information. Available in-person (Community Center) & virtually.

Registration not required. The Zoom link will be sent to all residents via email the morning of the lecture. Community Center

For Programming questions or Digital Calendar registration assistance please contact Margaret Leyden 641-6387.

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The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

Tuesday, June 8th:

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am – Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. Available in-person (Community Center) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Community Center

10:00am – Resident Council Meeting. If you are interested in observing, please contact cottage resident Janet Steiner 310-7366 or jes14850@gmail.com. Social Room

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

10:30am – Windows PC Computer Class, Today's topic: *Navigating Files with systems specialist Crystal Rothfuss. Please register on the Digital Calendar located on the Portal, space is limited. Call Crystal Rothfuss 641-6308 for questions and registration assistance. Media Center

11:00am – Friendship Committee Meeting. Committee welcomes new residents. To learn more, please contact Ann Julien 641-6388. Music Room

1:00pm – Dining Committee Meeting. Review the dining experience. To learn more, please contact Andy Trepanier 641-6334. Seneca Dining Room

2:00pm – Virtual University of Rochester Presentation. *The Goal: Health Equity in Cancer Outcomes* with Mary Ann Wilbur M.D., Division of Gynecologic Oncology at the University of Rochester. Please see page 19 for lecture and speaker information. Registration not required. The Zoom link will be sent to all residents via email the morning of the lecture. Community Center

2:15pm – Caregivers Support Group with Chaplain Steve Petrovich. Registration not required. Please contact Margaret Leyden 641-6387 with questions. Music Room

***4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Enjoy live piano music by Joe Naples. Please register on the Portal using the Dining Reservation tab. Community Center

Resident Pat Rettew and her daughter planting a tree on Arbor Day in remembrance of her late husband Greg Rettew.



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Wednesday, June 9th:

9:00am – Fitness Class with Robin Gallagher. Available in-person (Hahnemann Club) & virtually.

Registration not required. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. In-person only. Community Center

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

***1:30pm – Depart for a Step on Bus Tour of East Rochester** with Anita Mance, Historian. Tour the town and village of East Rochester, stopping at many historical landmarks. Registration on the Digital Calendar located on the Portal is required. Space is limited. To accommodate everyone interested, a second tour will be offered on Friday, June 25th at 1:30pm. Due to popularity, we ask that you sign up for only one tour. No Fee to attend. Please contact Margaret Leyden 641-6387 for registration assistance. Return approx. 3:00pm

Thursday, June 10th:

9:00am – Water Fitness with Robin Gallagher. Pool

***9:00am, 10:00am, & 11:00am – Depart for shopping and banking** at Country Club Plaza and Powers Farm Market. Please call the Hospitality Desk 586-7600 to register.

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

11:00am – Virtual Gentle Chair Yoga with Eva Kane. The Zoom link will be sent to participants via email the morning of the class. If you are unable to Zoom from home you can participate from the Fitness Room. Please call Robin Gallagher at 641-6316 with questions.

11:00am – Community Outreach Committee Meeting. This committee has a mission to give back to the greater community through various philanthropic endeavors. To learn more, please contact Ann Julien 641-6388. Music Room

2:00pm – Virtual University of Rochester Course: *The Kurdish Question, Islam, and the Crisis of Modern Turkey* with Sevinç Türkkan, Ph.D. Please see page 18 for course information. Registration not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center

***4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center



The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

Friday, June 11th:

No Fitness Classes with Robin Gallagher today

9:00am – Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. Available in-person (Community Center) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Margaret Leyden at 641-6387 with questions. Community Center

*10:00am – Resident Portal Class, Today's topic: *Registering for Events* with systems specialist Crystal Rothfuss. Please bring your own device if you wish to follow along, but it is not required. Registration on the Digital Calendar located on the Portal is required. Please call Crystal Rothfuss 641-6308 with questions and registration assistance. Music Room

*1:00pm-2:00pm – Open Swim with Margaret Leyden. Pool

1:30pm – Virtual Current Events Group, Topic: *Police Reform to Date* with Ted Forsyth, a member of the executive committee of the Police Accountability Board. The Zoom link will be sent to all residents via email the morning of the presentation. Registration not required. To learn more about the current events group, please contact cottage resident Edward Kokkelenberg at edwk@pop.lightlink.com or 310-7366. Please call Crystal Rothfuss 641-6308 with technical questions.

Saturday, June 12th:

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

Sunday, June 13th:

*8:30am & 10:45am – Depart for St. Louis Church. Please call the Hospitality Desk 586-7600 to register.

10:30am – Catholic Communion Service with Volunteers from St. Louis Church. Community Center

*10:45am & 12:00pm – Pathway to Pittsford Errand Bus departs to Pittsford Plaza and Pittsford Community Library. Please call the Hospitality Desk 586-7600 to register.



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Monday, June 14th: Flag Day

No Fitness Classes with Robin Gallagher today



1:00pm-2:00pm – Open Swim with Margaret Leyden. Pool

1:00pm – **Landscape Committee Meeting.** Discuss the care and maintenance of the HAP campus. To learn more, please contact Russell Perrone 641-6302. Activities Room

1:30pm – **Virtual Chorus** via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Margaret Leyden 641-6387 to join.

*2:00pm – **iPad/iPhone Class, Today's topic: *Contacts and their Many Uses*** with systems specialist Crystal Rothfuss. Registration on the Digital Calendar, located on the Portal is required. For questions and registration assistance, please contact Crystal Rothfuss 641-6308. Music Room

2:30pm – **University of Rochester Course: *Biblical Economics and Beyond*** with Anne Merideth Ph.D., Director of Undergraduate Studies, Department of Religion and Classics. Please see page 18 for course information. Available in-person (Community Center) & virtually. Registration not required. The Zoom link will be sent to all residents via email the morning of the lecture. Community Center

4:00pm – **Flag Day Ceremony.** Wear your red, white, and blue! Highlands Front Entrance

Tuesday, June 15th:

9:00am – **Water Fitness** with Robin Gallagher. Pool

9:00am – **Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. Available in-person (Community Center) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Community Center

10:30am-12:00pm – **Circuit Training** with Robin Gallagher. Exercise Room

2:00pm – **University of Rochester Course: *Environmental Science Challenges and Social Justice: Water and Justice: Balancing its scarcity and its necessity*** with Karen Berger Ph.D., Associate Professor of Instruction, Earth and Environmental Sciences at the University of Rochester. Please see page 19 for course information. Available in-person (Community Center) & virtually. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center

*4:00pm-6:00pm – **Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the resident portal.

Wednesday, June 16th:

9:00am – Fitness Class with Robin Gallagher. Available in-person (Hahnemann Club) & virtually.

Registration not required. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Hahnemann Club

10:00am – Library Committee Meeting. Committee oversees the HAP library. If you would like more information please contact Margaret Leyden 641-6387. Oneida Dining Room

10:15am – Fitness Class with Robin Gallagher. In-person only. Community Center

***10:45am – Depart for a picnic lunch at Kershaw Park on Canandaigua Lake.** No fee to attend.

Registration on the Digital Calendar located on the Portal is required. Please call Margaret Leyden 641-6387 for registration assistance. Return approx. 2:30pm

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

Thursday, June 17th:

9:00am – Water Fitness with Robin Gallagher. Pool

***9:00am, 10:00am, & 11:00am – Depart for shopping and banking** at Country Club Plaza and Powers Farm Market. Please call the Hospitality Desk 586-7600 to register.

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

11:00am – Gentle Chair Yoga with Eva Kane. Available in-person (Fitness Room) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Fitness Room

11:45am – Depart for a Rochester Red Wings Baseball game. Please note tickets and transportation arrangements were made in advance. Please call Margaret Leyden 674-6387 with questions. Return Approx. 4:00pm

***4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center

Newest addition to the Highlands
Campus: *Frog on Bicycle* sculpture
donated by resident Linda Russell.



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Friday, June 18th:

9:00am – Fitness Class with Robin Gallagher. Available in-person (Hahnemann Club) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Hahnemann Club

9:00am – Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. Available in-person (Community Center) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Community Center

10:15am – Fitness Class with Robin Gallagher. In-person only. Community Center

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

***1:00pm – Mac Computer Class**, Topic: *Using Pages* with systems specialist Crystal Rothfuss. Registration on the Digital Calendar, located on the Portal is required, space is limited. For questions and for registration assistance, please contact Crystal Rothfuss 641-6308. Media Center

2:30pm – Live classical music performance by members of the Rochester Philharmonic Orchestra. Featuring Hayley Grainger, Second Flute and Piccolo, Kamalia Freyling, Second/E-flat Clarinet, and Karl Vilcins Principal Bassoon (son of resident Mara Vilcins). Community Center

Saturday, June 19th:

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

Sunday, June 20th: Father's Day

***8:30am – Depart for St. Louis Church.** Space is limited. Please call the Hospitality Desk 586-7600 to be added to the transportation list.

10:30am – Catholic Communion Service with Volunteers from St. Louis Church. Community Center



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Monday, June 21st:

- 9:00am – Fitness Class** with Robin Gallagher. Available in-person (Hahnemann Club) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Hahnemann Club
- 10:15am – Fitness Class** with Robin Gallagher. In-person only. Community Center
- 1:00pm-2:00pm – Open Swim** with Robin Gallagher. Pool
- 1:30pm – Virtual Chorus** via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Margaret Leyden 641-6387 to join.
- 2:30pm – University of Rochester Lecture: *Museums in Words-Transcribing the Letters of Henry A. Ward*** with Bob Minckley, UR Department of Biology and Melissa Mead, UR Libraries' Keil University Archivist. Please see page 19 for lecture and speaker information. Available in-person (Community Center) & virtually. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center
- 4:00pm – Virtual To “UR” Health Lecture: *How to Use Telemedicine*** with Michael Hasselberg, PhD, RN, PMHNP-BC, an associate professor of psychiatry and clinical nursing, and the senior director for digital health at UR Medicine along with Adam Kelly, MD, an associate professor of neurology and the clinical content expert for telehealth at UR Medicine. Please see page 20 for lecture information. Registration not required. The Zoom link will be sent to all residents via email the morning of the lecture. Community Center
- *7:00pm – Depart for Flower City Jazz Society Concert: *The Backroom Jazz Band*.** Tickets are \$15.00, pay upon arrival. Minimum of 2 participants. Registration required, please register on the Digital Calendar located on the Portal. Please contact Margaret Leyden 641-6387 for registration assistance. Return approx. 10:00pm

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Tuesday, June 22nd:

6:00am-9:00pm: Primary Election Voting. Please contact the Hospitality Desk for transportation. Please note only the Democratic party and the Working Families party will be voting in this election.
Hahnemann Club

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am – Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. Available in-person (Community Center) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Community Center

10:00am – Resident Council Meeting. If you are interested in observing, please contact cottage resident Janet Steiner 310-7366 or jes14850@gmail.com. Social Room

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

2:00pm – University of Rochester Course: *Environmental Science Challenges and Social Justice: Energy and Justice: Ensuring access while limiting harm* with Karen Berger Ph.D., Associate Professor of Instruction, Earth and Environmental Sciences at the University of Rochester. Please see page 19 for course information. Available in-person (Community Center) & virtually. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center

2:15pm – Caregivers Support Group with Chaplain Steve Petrovich. Registration not required. Please contact Margaret Leyden 641-6387 with questions. Music Room

***4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center

7:00pm – Virtual Trivia Game with Dan Cody, Historian. Remember Rochester ROCs Trivia Game is a virtual monthly trivia game presented by the Rochester Public Library. The categories are various aspects of Rochester's rich history (ex. The Erie Canal, Sports in Rochester, Unique Women of Rochester). Registration through the Rochester Public Library is required. The link to register is available on the Digital Calendar, please contact Margaret Leyden 641-6387 for assistance. Once you have registered, a confirmation email will be sent to you with more information. Please note this program is sponsored by the Rochester Public Library and is not a Highlands event.



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Wednesday, June 23rd:

9:00am – Fitness Class with Robin Gallagher. Available in-person (Hahnemann Club) & virtually.

Registration not required. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. In-person only. Community Center

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

***1:00pm – Depart for the Memorial Art Gallery** for a guided tour of the exhibit: 613 by Archie Rand.

Admission fee is \$12.00 and paid for upon arrival. Please register on the Digital Calendar located on the Portal. Call Margaret Leyden 641-6387 for questions or registration assistance. Return approx. 3:30pm

Thursday, June 24th:

9:00am – Water Fitness with Robin Gallagher. Pool

***9:00am, 10:00am, & 11:00am – Depart for shopping and banking** at Country Club Plaza and Powers Farm Market. Please call the Hospitality Desk 586-7600 to register.

10:00am-2:00pm – Pittsford Food Cupboard Drive by Fundraiser. This event is open to the community and residents. Residents can also leave donation in the in-house mailroom. Hahnemann Club

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

11:00am – Gentle Chair Yoga with Eva Kane. Available in-person (Fitness Room) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Fitness Room

***1:00pm – Depart for Sarah's Garden & Nursery located in Brockport, NY.** Visit to shop and/or view their greenhouse where they grow annuals, perennials, and vegetables plants. Please register on the Digital Calendar located on the Portal. No fee to attend. Please call Margaret Leyden 641-6387 for questions or registration assistance. Return approx. 4:00pm

***4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center

For Programming questions or Digital Calendar registration assistance please contact Margaret Leyden 641-6387.

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Friday, June 25th:

- 9:00am – Fitness Class** with Robin Gallagher. Available in-person (Hahnemann Club) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Hahnemann Club
- 9:00am – Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. Available in-person (Community Center) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Community Center
- 10:15am – Fitness Class** with Robin Gallagher. In-person only. Community Center
- 1:00pm-2:00pm – Open Swim** with Robin Gallagher. Pool
- *1:30pm – Depart for a Step on Bus Tour of East Rochester** with Anita Mance, Historian. Tour the town and village of East Rochester, stopping at many historical landmarks. Registration on the Digital Calendar located on the Portal is required. Space is limited. To accommodate everyone interested, second tour was offered on Wednesday, June 9th. Due to popularity, we ask that you sign up for only one tour. No Fee to attend. Please contact Margaret Leyden 641-6387 for questions and registration assistance. Return approx. 3:00pm
- 3:00pm – Virtual Current Events Group**, Topic: *TBD*. The Zoom link will be sent to all residents via email the morning of the presentation. Registration not required. To learn more, please contact cottage resident Edward Kokkelenberg at edwk@pop.lightlink.com or 310-7366. Please call Crystal Rothfuss 641-6308 with technical questions.

Saturday, June 26th:

- 2:30pm – Saturday Movie Matinee:** The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

Sunday, June 27th:

- *8:30am & 10:45am – Depart for St. Louis Church.** Please call the Hospitality Desk 586-7600 to register.
- 10:30am – Catholic Communion Service** with Volunteers from St. Louis Church. Community Center
- *10:45am & 12:00pm – Pathway to Pittsford Errand Bus** departs to Pittsford Plaza and Pittsford Community Library. Please call the Hospitality Desk 586-7600 to register.



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Monday, June 28th:

9:00am – Fitness Class with Robin Gallagher. Available in-person (Hahnemann Club) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Hahnemann Club

9:30am – Virtual Health Affairs Group Meeting. This group is led by cottage resident Dr. John Bennett. The main focus is currently COVID-19 and resumption of lecture series. All are welcome to participate. Registration is not required. The Zoom link was sent to all residents via email on Friday, June 25th. Please contact Dr. Bennett if you have questions 310-7617.

10:15am – Fitness Class with Robin Gallagher. In-person only. Community Center

***10:30am – Book Discussion Group Meeting.** Book Title: *Narrative of Frederick Douglass, an American Slave*. Please register in advance by contacting Janet Steiner at 310-7366 or email jes14850@gmail.com. Conesus Dining Room

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Pool

1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Margaret Leyden 641-6387 to join.

2:30pm – Resident Meeting. Available in-person (Community Center) and virtually. Space is limited in the Community Center. No Registration required. The Zoom link will be sent to all residents via email the morning of the meeting. Community Center

4:00pm – Virtual “UR” Always Learning Presentation. *Beyond Beethoven: The Greatest Composers You’ve Never Heard of* with Joe Hanson, Assistant Professor and Coordinator of Music Education at the University of Memphis, formally Concert Manager at the UR College Music Department. Please see page 20 for presentation information. Registration not required. The Zoom link will be sent to all residents via email the morning of the lecture. Community Center

For Programming questions or Digital Calendar registration assistance please contact Margaret Leyden 641-6387.

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Tuesday, June 29th:

- *8:30am – Men’s Breakfast and Presentation: *The Three Erie Canals: History and Folklore*** with guest speaker Bruce Schwendy, Canal Society of New York State Board of Directors. Bruce will cover the basic history of the original Clinton's Ditch, the enlarged canal and today’s Barge Canal. No fee to attend, there is a suggested donation of \$5.00 to benefit the Association for the Blind and Visually Impaired (ABVI). Registration required on the Digital Calendar, located on the Portal. Please contact Margaret Leyden for registration assistance. Oneida Dining Room
- 9:00am – Water Fitness** with Robin Gallagher. Pool
- 9:00am – Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. Available in-person (Community Center) & virtually. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Community Center
- 10:30am-12:00pm – Circuit Training** with Robin Gallagher. Exercise Room
- 11:00am – University of Rochester Course: *Environmental Science Challenges and Social Justice: Climate and Justice: Addressing disproportionate vulnerability*** with Karen Berger Ph.D., Associate Professor of Instruction, Earth and Environmental Sciences at the University of Rochester. Please see page 19 for course information. Available in-person (Community Center) & virtually. Registration is not required. The Zoom link will be sent to all residents via email the morning of the presentation. Community Center
- *4:00pm-6:00pm – Happy Hour:** drink specials and appetizers. Please register on the Portal using the Dining Reservation tab. Community Center

Wednesday, June 30th:

- 9:00am – Fitness Class** with Robin Gallagher. Available in-person (Hahnemann Club) & virtually. Registration not required. The Zoom link will be sent to participants via email the morning of the class. Please call Robin Gallagher at 641-6316 with questions. Hahnemann Club
- 10:15am – Fitness Class** with Robin Gallagher. In-person only. Community Center
- 1:00pm-2:00pm – Open Swim** with Robin Gallagher. Pool
- *2:00pm – Depart for Abbott’s Ice Cream** at the Port of Rochester, located on Lake Ontario. Enjoy ice cream and a walk on the pier. Registration on the Digital Calendar located on the Portal is required. Please call Margaret Leyden 641-6387 for registration assistance. Return approx. 4:00pm

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University of Rochester Course/Lecture Descriptions:

The Kurdish Question, Islam, and the Crisis of Modern Turkey: Continued
Thursday, June 3rd and 10th at 2:00pm

Sevinç will pick up from her last lecture series that was offered in May 2020. Political polarization at home can help us understand its permutations overseas. Since 1990s, “Turkish vs. Kurdish polarization” on the one hand, and “Islamic versus secularist polarization” on the other, have been underscoring the identity problem in Turkey.

Sevinç Türkkan, PhD is a faculty member of the Department of Religion and Classics at the University of Rochester where she teaches courses in modern Turkish history, literature, and culture. She specializes in modern Turkish Studies, Translation Studies, and Comparative Cultural Studies. She is an award-winning translator of Turkish, German, and Bulgarian languages. Her translation of *The Stone Building and Other Places* by the journalist and human rights activist Aslı Erdoğan is a finalist for the 2019 PEN Translation Prize.

Biblical Economics and Beyond: Continued
Monday, June 7th-14th at 2:30pm

What does the Bible say about economics? The Hebrew Bible contains a wealth of information about what the ancient Israelites and Jews believed about the relationship between economics and living in a just society whose worship God accepts. Jesus and the early Christians drew upon and elaborated this biblical economic theology in radical ways. A focus on the poor has always been a hallmark of both the Jewish and Christian traditions. And, yet, we have also seen how, throughout history, the church has accumulated enormous wealth for itself. This 6 week course will examine texts from the Hebrew Bible (Old Testament), the New Testament, and post-biblical Christian texts in order to understand the economic theology of the Jewish and Christian traditions.

Anne Merideth, PhD is a Senior Lecturer in Religion and Director of Undergraduate Studies for the Department of Religion and Classics at the University of Rochester. She received a master of theological studies from Harvard and PhD and masters from Princeton. She teaches a range of biblical topics, such as, women in the Bible, Biblical Economy, and Judaism in the Ancient World. She teaches with a historical and cultural perspective rather than from a theological perspective.

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The Goal: Health Equity in Cancer Outcomes
Tuesday, June 8th at 2:00pm

Dr. Wilbur will be presenting data on health outcome disparities in the US, the socioeconomic phenomena underlying these disparities, and how health care leaders are aiming to close the gap for cancer outcomes. This talk integrates clinical information with microeconomic theory and the changes in US healthcare.

MaryAnn Wilbur M.D., M.P.H., M.H.S. MaryAnn's goals are to break down silos and inform health policy surrounding Women's Health and the social determinants of health; assuring that marginalized patients don't suffer further as we shift towards value-based care in the US. She is currently engaged in several clinical research projects focused on quality outcomes in patients with gynecologic cancers. We need to contribute data that drive evidence-based policies. Her clinical strength is the integration of versatile surgical skills and medical care for patients with complex psychosocial stressors. MaryAnn's academic strengths are in contributing and editing research to the same end. She enjoys teaching others about health policy and physician advocacy, with the goal of minimizing disparate health outcomes for future generations. These activities align with her professional goal of being a gynecologic oncologist with a focus on underserved populations and minimizing health outcome disparities for this population.

Environmental Science Challenges and Social Justice
Tuesdays, June 15th-29th at 2:00pm

Enjoy three stand-alone lectures relating environmental science challenges to social justice. Tuesday, June 15 Karen will discuss Water and Justice, balancing its scarcity and its necessity. June 22 the topic is Energy and Justice, ensuring access while limiting harm. Lastly, June 29 Karen will discuss Climate and Justice, addressing disproportionate vulnerability.

Karen Berger Ph.D. Associate Professor of Instruction, Earth and Environmental Sciences at the University of Rochester. Over the course of 3 weeks Karen will cover Water and justice: Balancing its scarcity and its necessity, Energy and justice: Ensuring access while limiting harm, and Climate and justice: Addressing disproportionate vulnerability.

Museums in Words-Transcribing the Letters of Henry A. Ward
Monday, June 21st at 2:30pm

Join Bob and Melissa for an introduction to the Ward Project (wardproject.org), which is digitizing the 19th-century records of Rochester's own Ward's Natural Science Establishment. Learn about the Project, and a new opportunity to transcribe the correspondence between Ward's and museums and collectors around the world.

Speaker: Few know this history better—or are more familiar with these materials—than Melissa Mead, the John M. & Barbara Keil University Archivist and Rochester Collections Librarian. Mead's leadership, creativity, and dedication to keeping the University's history alive and accessible have earned her the 2015 Messinger Libraries Recognition Award. She supplies University Communications, University Advancement, and the Office of the President with hundreds of digital images every year selected from the special collections and University Archives. She also provides images for the University's homepage, for local and national media, and most recently, for [*Our Work Is But Begun*](#), the University's new history book by Janice Bullard Pieterse. Mead joined the River Campus Libraries in 1994 and continues to be the Universities Archivist and Rochester Collections Librarian.

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“UR” Always Learning Lectures:

Beyond Beethoven: The Greatest Composers You've Never Heard Of

Monday, June 28th at 4:00pm

Who are the "un-sung" heroes of music living in the shadows of familiar masters like Bach, Beethoven, and the Beatles? At this talk, Dr. Josef Hanson will illuminate a few of the little-known yet brilliant musicians that helped shaped European and American musical culture. Enjoy stories and musical examples that reveal this secret history within various musical genres, including blues, classical, and jazz. No formal training in music is required to enjoy this presentation.

Dr. Josef Hanson is Assistant Professor and Coordinator of Music Education at the University of Memphis, where he teaches instrumental music students and oversees Bachelor's, Master's, and Doctoral programs in music education. Previously, he taught at the University of Massachusetts Boston and the University of Rochester as well as in public schools in the state of Maryland. Dr. Hanson is a specialist in entrepreneurial thinking applied to music teaching and learning. Since 2016, he has served as President of the Society for Arts Entrepreneurship Education (SAEE) as well as an editorial board member and reviewer for various scholarly journals in music and entrepreneurship. Dr. Hanson has led ensembles in performance at the Kennedy Center and Rock 'n' Roll Hall of Fame, and his writing has been featured in a variety of leading periodicals, including the *Journal of Research in Music Education*, *International Journal of Music Education*, and *Music Educators Journal*.

To “UR” Health Lecture

Telehealth at UR Medicine: The Present and The Future

June, 21st at 4:00pm

Telehealth and other digital approaches to care have increased significantly over the past year as healthcare systems and individual providers changed their practice patterns in response to the COVID-19 pandemic. UR Medicine has been at the forefront of delivering care through virtual visits and other transformative approaches, and is well-positioned for further innovation in order to deliver the best outcomes for our patients and families. During this talk, Dr. Hasselberg will provide an overview of UR Medicine's vision regarding digital health, and Dr. Kelly will discuss ways that patients, families, and providers can get the best experience out of telehealth visits.

Michael Hasselberg, PhD, RN, PMHNP-BC, is an associate professor of psychiatry and clinical nursing, and the senior director for digital health at UR Medicine. Adam Kelly, MD, is an associate professor of neurology and the clinical content expert for telehealth at UR Medicine.

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