

Cultural Programming April 4 – April 10, 2021

Sunday, April 4th: Easter

***8:30am – Depart for St. Louis Easter Sunday Mass.** Please register on the Digital Calendar located on the Portal. Space is limited. Return approx. 10:30am

Monday, April 5th:

9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.

11:00am – Program Planning Meeting. All are welcome to discuss and evaluate programs. Oneida Dining Room

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 4 swimmers, please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

***1:00pm – Resident Portal Class,** Today's topic: *Making Dinner Reservations and Checking Meal Points + Overview of What is Available* with systems specialist Crystal Rothfuss. Please register on the Digital Calendar located on the Portal, space is limited. Please call Crystal Rothfuss 641-6308 for questions and registrations assistance. Music Room

1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Elizabeth David 641-6344 if you are interested in joining.

Tuesday, April 6th:

***9:00am – Water Fitness** with Robin Gallagher. Space is limited to 5 swimmers. Classes are offered on Tuesdays and Thursdays, please register on the Digital Calendar located on the Portal or call Robin 641-6316 for one class per week. Pool

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

1:00pm – Knitting Group. Please bring your own supplies; yarn is available for charity knitting. Please call Robin Gallagher 641-6316 with questions. Music Room

No Virtual Bible Study today

1:30pm – Virtual Books Sandwiched-In Book Review. Today's topic: *No Time Like the Future: An Optimist Considers Mortality* by Michael J. Fox, Reviewer: Chuck Vandenberg who holds a Master's degree in English and teaches English at Fairport High School. The link will be sent to all residents via email the morning of the presentation. Registration is not required. Please call Elizabeth David 641-6344 with questions.

3:00pm – “UR” In Tune Virtual Presentation: *Movie Musicals* with Emmy Winner Mark Watters. Mark will examine three of the greatest, most popular Hollywood musicals; *My Fair Lady*, *West Side Story*, and *The Sound of Music*. The Zoom link will be sent to all residents via email the morning of the presentation. Registration is not required. This virtual presentation is also available to view in the Oneida Dining Room, first come first served. Please call Elizabeth David 641-6344 with questions.

Wednesday, April 7th:

9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.

***11:30am – Depart for Schoen Place, Pittsford with lunch at Olives.** Take a walk on the canal or do some shopping after lunch. Registration on the Digital Calendar located on the Portal, is required. Space is limited. For questions and registration assistance, please contact Elizabeth David 641-6344. Return approx. 1:30pm

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 4 swimmers please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

2:00pm – Virtual Food Forum, all are welcome to discuss your dining experience. This meeting is available to view from home via Zoom. The Zoom link will be sent to all residents via email the morning of the meeting. Please note registration on the Portal is not required for the Zoom link. If you are unable to Zoom from home, please register on the Digital Calendar, located on the Portal, if you would like to participate from the Oneida Dining Room, space is limited. Please contact Elizabeth David 641-6344 with questions.

Thursday, April 8th:

***9:00am – Water Fitness** with Robin Gallagher. Space is limited to 5 swimmers. Classes are offered on Tuesdays and Thursdays, please register on the Digital Calendar located on the Portal or call Robin 641-6316 for one class per week. Pool

***9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans** at Country Club Plaza. Space is limited, please register on the Digital Calendar located on the Portal.

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

11:00am – Virtual Gentle Chair Yoga with Eva Kane. For the weekly Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.

2:00pm – In-Person & Virtual Lecture: *Ward Wellington Ward: A Master of Arts and Crafts Architecture in Rochester* with Arline Wright, Architectural Historian. To attend in-person, please register on the Digital Calendar, located on the Portal. Oneida Dining Room. To maintain socially distant, a maximum of twenty-four (24) residents are permitted in the Dining Room. This presentation is also available to view from home via Zoom. The Zoom link will be sent to all residents via email the morning of the presentation.

For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.

Friday, April 9th:

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.

10:00am – Tech Time: Today's topic, *Computer Viruses, Spyware, Adaware, Ransomware. What They are and What to do About Them* with systems specialist Crystal Rothfuss. Please register on the Digital Calendar located on the Portal, space is limited. Please call Crystal Rothfuss 641-6308 with questions and registration assistance. Music Room

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 4 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool

3:00pm – Current Events Group. Today's topic: *Climate Change Modeling* with Professor Zili Yang of Binghamton University. The Zoom link will be sent to all residents via email the morning of the presentation. Registration not required. Please call Crystal Rothfuss 641-6308 with questions.

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the Resident Portal <https://happortal.com/>.

To find the Digital Calendar, log-in to the Portal and click *Events* found in the top menu. For more information about the Portal and Digital Calendar, please contact the IT or Cultural Programming Department.



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