Cultural Programming April 18 – April 24, 2021

Sunday, April 18th:
8:30am– Depart for St. Louis Church. Space is limited. Return approx.10:30am

Monday, April 19th:
9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.
*10:00am – iPad/iPhone Class, Topic: *Using Siri as an Assistant, to Help with Scheduling Appointments, Setting Reminders, and Adding Contacts with* systems specialist Crystal Rothfuss. Registration on the Digital Calendar, located on the Portal is required. For questions and registration assistance, please contact Crystal Rothfuss 641-6308. Music Room
*1:00pm-2:00pm – Open Swim with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Elizabeth David 641-6344 if you are interested in joining.
*1:30pm – Depart for a 2nd Step on Bus Tour: *The Unique Legacy of Ward Wellington Ward in Rochester* with Arlene Wright, Architectural Historian. Please note registration opened for this outing on Wednesday, April 7th and is already full, you are welcome to add your name to the waitlist. No Fee to attend. Please call Elizabeth David 641-6344 with questions. Return approx. 3:30pm

Tuesday, April 20th:
*9:00am – Water Fitness with Robin Gallagher. Space is limited to 6 swimmers. Please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.
No Virtual Bible Study today
1:30pm – Virtual Books Sandwiched-In Book Review. Topic: *Oak Flat: A Fight for Sacred Land in the American West* by Lauren Redniss*. Reviewed by* Joel Helfrich, Ph.D., a public historian and an Adjunct Professor of Anthropology, History, Political Science, and Sociology at Monroe Community College. The link will be sent to all residents via email the morning of the presentation. Registration is not required. Please call Elizabeth David 641-6344 with questions.

For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.

Tuesday, April 20th: continued

2:00pm – In-Person & Virtual Lecture: *The Electoral College* with Sarah Liebschutz Ph.D., Distinguished Service Professor Emerita, SUNY College at Brockport. This lecture considers why the United States has such a complicated system to elect our presidents and how the Electoral College majority, not the national popular vote, has elected the president five times in American history. Attend in-person in the Oneida Dining Room or view from home via Zoom. <u>The Zoom link will be sent to all residents via email the morning of the presentation. Registration not required.</u> Please call Elizabeth David 641-6344 with questions.

Wednesday, April 21st:

9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.

10:00am – Library Committee Meeting. Due to Covid group size restrictions, this meeting is temporarily closed to current members only. If you would like more information please contact Margaret Leyden 641-6387. Oneida Dining Room

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

*10:30am – Tech Time. Today's topic: Zoom Tips, Tricks and Etiquette with systems specialist Crystal Rothfuss. <u>Registration on the Digital Calendar, located on the Portal is required.</u> For questions and registration assistance, please contact Crystal Rothfuss 641-6308. Music Room

12:50pm – Live from Hochstein audio performance broadcasting from WXXI radio station. <u>The link will be sent to all residents via email the morning of the broadcast. Registration is not required.</u> Please call Elizabeth David 641-6344 with questions.

*1:00pm-2:00pm – Open Swim with Robin Gallagher. Space is limited to 5 swimmers please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

*1:30pm – Depart for a 3rd Step on Bus Tour: *The Unique Legacy of Ward Wellington Ward in Rochester* with Arlene Wright, Architectural Historian. Please note this outing is full, you are welcome to add your name to the waitlist. Please call Elizabeth David 641-6344 with questions. Return approx. 3:30pm

Thursday, April 22nd:

*9:00am – Water Fitness with Robin Gallagher. Space is limited to 6 swimmers. Please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

*9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans at Country Club Plaza. Space is limited, please register on the Digital Calendar located on the Portal.

Thursday, April 22nd: continued

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

11:00am – Virtual Gentle Chair Yoga with Eva Kane. For the weekly Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.

12:15pm – Virtual Eastman at Washington Square Concert featuring Claire An, violin and Irina Lupines, piano, students from the Eastman Community Music School. This concert is available to view at home. <u>The link will be sent to all residents via email the morning of the concert.</u> Registration not required. Please call Elizabeth David 641-6344 with questions.

*1:30pm – Campus Walk in Celebration of Earth Day! Weather permitting. <u>Please register on the Digital Calendar located on the Portal.</u> For questions and registration assistance, please contact Elizabeth David 641-6344. Meet at the Hospitality Desk.

3:00pm – "UR" Always Learning Virtual Presentation: *Khrushchev Going Hunting with Tito and Castro* with Tanya Bakhmetyeva, Ph.D. <u>The Zoom link will be sent to all residents via email the morning of the presentation.</u> Registration is not required. This virtual presentation is also available to view in the Music Room, first come first served. Please call Elizabeth David 641-6344 with questions.

Friday, April 23rd:

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.
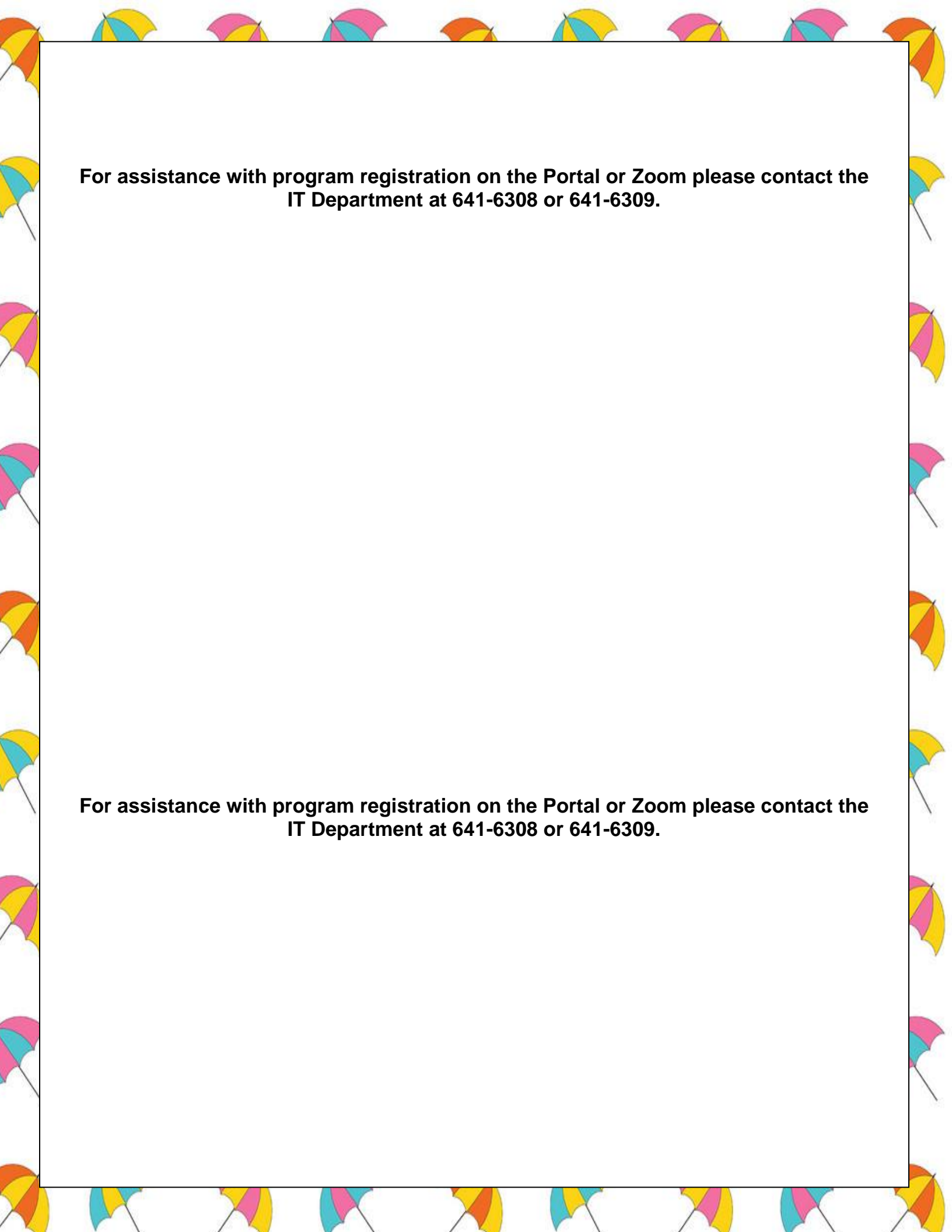
*1:00pm-2:00pm – Open Swim with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool

*1:30pm – Oscars Trailer Nominees and Popcorn. Watch the movie trailers for the Oscar nominees competing for best picture. Cast your vote for who you think will win! Please register on the Digital Calendar located on the Portal. Oneida Dining Room. The Oscars will be broadcasting on TV on April 25th at 8:00pm. Please call Elizabeth David 641-6344 with questions and registration assistance.

3:00pm – Current Events Group. Topic: *Methane Emissions* with Robert Howarth, Ph.D. Professor of Ecology and Environmental Biology from Cornell University. <u>The Zoom link will be sent to all residents via email the morning of the presentation.</u> Registration not required. Please call Crystal Rothfuss 641-6308 with questions.

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*The programs denoted with an asterisk (*) indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the Resident Portal https://happortal.com/.

To find the Digital Calendar, log-in to the Portal and click *Events* found in the top menu. For more information about the Portal and Digital Calendar, please contact the IT or Cultural Programming Department.

For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.