

Cultural Programming April 11 – April 17, 2021

Sunday, April 11th:

8:30am & 10:45am – Depart for St. Louis Church. Space is limited. Return approx. 10:30am

***10:45am & 12:00pm – Pathway to Pittsford Errand Bus** departs to Pittsford Plaza and Pittsford Community Library. Space is limited, please register on the Digital Calendar located on the Portal.

Monday, April 12th:

9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.

11:00am – Landscape Committee. First meeting of the year! This committee meets with management to discuss the care and maintenance of the lawns, shrubs, plants and trees throughout the entire campus. Members may also suggest and review proposals for improvements. This group will meet during the months of April-October only. If you are interested in joining this group please contact Russell Perone 641-6302. Oneida dining room

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Elizabeth David 641-6344 if you are interested in joining.

3:00pm – “UR” Always Learning Virtual Presentation: *Victorian Moments, 1819-1901* with Stewart A. Weaver, Ph.D. Stewart will discuss the bicentennial of the birth of Queen Victoria, as the event itself offers an occasion to reflect on both the monarch herself and the age to which she lent her name. The Zoom link will be sent to all residents via email the morning of the presentation. Registration is not required. This virtual presentation is also available to view in the Music Room, first come first served. Please call Elizabeth David 641-6344 with questions.

Tuesday, April 13th:

***9:00am – Water Fitness** with Robin Gallagher. Space is limited to 6 swimmers. Classes are offered on Tuesdays and Thursdays, please register on the Digital Calendar located on the Portal or call Robin 641-6316 for one class per week. Pool

No live virtual fitness class: Stretch, Strength, and Balance with Mark Strivings today.
Robin Gallagher will email Mark’s prerecorded video links to participants.
For the links or more information, please call Robin Gallagher 641-6316.

10:00am – Resident Council Meeting. If you are interested in observing please contact cottage resident Janet Steiner 310-7366 or jes14850@gmail.com. Conesus Dining Room

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

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For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.

Tuesday, April 13th: continued

***10:30am – iPad/iPhone Class**, Topic: *Notifications How the Portal is Different on Smaller Screen Devices + Making Reservations and Checking Points* with systems specialist Crystal Rothfuss. Registration on the Digital Calendar, located on the Portal is required. For questions and registration assistance, please contact Crystal Rothfuss 641-6308. Music Room

11:00am – Friendship Committee Meeting. Due to Covid group size restrictions, this meeting is temporarily closed to current members only. If you would like more information please contact Ann Julien 641-6388. Social Room

1:00pm – Dinning Committee Meeting. Due to Covid group size restrictions, this meeting is temporarily closed to current members only. If you would like more information please contact Andy Trepanier 641-6334. Bistro

No Virtual Bible Study today

1:30pm – Virtual Books Sandwiched-In Book Review. Today's topic: *The Vanishing Half* by Brit Bennett, reviewed by: Melanie Lewis, the newly appointed Deputy Director of Community Services who focuses on the Rochester Public Library Branches. The link will be sent to all residents via email the morning of the presentation. Registration is not required. Please call Elizabeth David 641-6344 with questions.

2:00pm – In-Person & Virtual Lecture: Presidential Leadership (Continued) with Sarah Liebschutz Ph.D., Distinguished Service Professor Emerita, SUNY College at Brockport. Please note Sarah is continuing this topic from her last lecture that she held virtually in February. To attend in-person, please register on the Digital Calendar located on the Portal. Oneida Dining Room. To maintain socially distant, a maximum of twenty-four (24) residents are permitted in the Dining Room. This presentation is also available to view from home via Zoom. The Zoom link will be sent to all residents via email the morning of the presentation. Registration not required for the Zoom link. Please call Elizabeth David 641-6344 with questions and registration assistance.

2:15pm – Caregivers Support Group with Mary Walker, LPN, HAP's Resident Service Advocate. All interested residents are welcome to gather in person in the Music Room. Registration is not required. Please contact Elizabeth David 641-6344 if you have questions. Music Room

Wednesday, April 14th:

9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

Programs for April 14th continue on the next page

For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.

Wednesday, April 14th: continued

***1:30pm – Step on Bus Tour:** *The Unique Legacy of Ward Wellington Ward in Rochester* with Arlene Wright, Architectural Historian. Please register on the Digital Calendar located on the Portal. Please note you will not be getting off the bus. To accommodate everyone interested, a second tour will be offered on Monday, April 19th. Both dates are open for registration. Due to popularity, we ask that you sign up for only one tour. No Fee to attend. Please call Elizabeth David 641-6344 with questions and registration assistance. Return approx. 3:00pm

Thursday, April 15th:

***9:00am – Water Fitness** with Robin Gallagher. Space is limited to 6 swimmers. Classes are offered on Tuesdays and Thursdays, please register on the Digital Calendar located on the Portal or call Robin 641-6316 for one class per week. Pool

***9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans** at Country Club Plaza. Space is limited, please register on the Digital Calendar located on the Portal.

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

11:00am – Virtual Gentle Chair Yoga with Eva Kane. For the weekly Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room

12:15pm – Virtual Eastman at Washington Square Concert: *Voices of the Wind*, a colorful wind quintet to welcome spring! with students from the Eastman Community Music School. This concert is available to view at home. The Zoom link will be sent to all residents via email the morning of the concert. Registration not required. Please call Elizabeth David 641-6344 with questions.

2:00pm – Virtual Presentation via Zoom: *Kiribati and Climate Change Migration* with Brady Fergusson, Senior Academic Advisor at the University of Rochester. It is likely that the people of Kiribati will need to adapt to climate change by migrating from their islands. Learn about, policies that are being developed that would open migration pathways for them and others. The Zoom link will be sent to all residents via email the morning of the presentation. Registration is not required. Please call Elizabeth David 641-6344 with questions.

Friday, April 16th:

No live virtual fitness class: Stretch, Strength, and Balance with Mark Strivings today. Robin Gallagher will email Mark's prerecorded video links to participants. **For the links or more information, please call Robin Gallagher 641-6316.**

***1:00pm – Resident Portal Class,** Topic: *Making Dinner Reservations and Checking Meal Points+* Overview of What is Available with Systems Specialist Crystal Rothfuss. Please bring your own device if you wish to follow along, but it is not required. Registration on the Digital Calendar located on the Portal is required. Please call Crystal Rothfuss 641-6308 with questions and registration assistance. Oneida Dining Room

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 5 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool

Programs for April 16th continue on the next page

Friday, April 16th: continued

1:00pm – Virtual Concert: RPO @ Home: Coleridge- Taylor + Mendelssohn. View a one-hour prerecorded performance from the Rochester Philharmonic Orchestra. The link will be sent to all residents via email the morning of the concert. Registration not required. This virtual concert is also available to view in the Oneida Dining Room, first come, first served. Please call Elizabeth David 641-6344 with questions.

No Current Events today

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the Resident Portal <https://happortal.com/>.

To find the Digital Calendar, log-in to the Portal and click *Events* found in the top menu. For more information about the Portal and Digital Calendar, please contact the IT or Cultural Programming Department.



For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.