

## Cultural Programming March 7 – March 13, 2021

### **Monday, March 8<sup>th</sup>:**

9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.

\*1:00pm-2:00pm – Open swim with Robin Gallagher. Space is limited to 4 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool

**1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Elizabeth David 641-6344 if you are interested in joining.**

**\*2:00pm – iPad/iPhone Class, Topic: *Notifications – Why Do I get Notifications for Some Things but Not Others?* with systems specialist Crystal Rothfuss.**

**Registration on the Digital Calendar, located on the Portal, is required. For questions and registration assistance, please contact Crystal Rothfuss 641-6308. Music Room**

### **Tuesday, March 9<sup>th</sup>:**

\*9:00am – Water Fitness with Robin Gallagher. Space is limited to 5 swimmers. Classes are offered on Tuesdays and Thursdays, please register on the Digital Calendar located on the Portal or call Robin 641-6316 for one class per week. Pool

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, three (3) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

10:00am – Resident Council Meeting: If you are interested in observing please contact Janet Steiner 310-7366 or jes14850@gmail.com. Oneida Dining Room

11:00am – Friendship Committee Meeting. Due to Covid group size restrictions, this meeting is temporarily closed to current members only. If you would like more information please contact Ann Julien 641-6388. Music Room

1:00pm – Dinning Committee Meeting. Due to Covid group size restrictions, this meeting is temporarily closed to current members only. If you would like more information please contact Andy Trepanier 641-6334. Oneida Dining Room

1:15pm – Virtual Bible Study with Chaplain Steve Petrovich. The Zoom link will be sent to all residents via email the morning of the meeting. Please note registration on the Portal is not required for the Zoom link. Please call Elizabeth David 641-6344 with questions.

**2:00pm – Virtual Presentation: *Learn the Who, Why, Where, When, and How of Bird Migration* with bird expert Richard Ashworth. The Zoom link will be sent to all residents via email the morning of the presentation. Registration on the Portal is not required. This virtual presentation is also available to view in the Oneida Dining Room. To maintain socially distant, a maximum of twenty (20) residents are permitted in the Dining Room on a first come, first served basis. Please call Elizabeth David 641-6344 with questions.**

**For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.**

### **Wednesday, March 10<sup>th</sup>:**

- 9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.
- \*1:00pm-2:00pm – Open swim with Robin Gallagher. Space is limited to 4 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool
- \*1:00pm – **Depart for the Strassenburgh Planetarium for a private viewing of *Hubble's Immersive Universe*. This 40-minute show fills the dome with brilliant color from stars, nebulae, and galaxies photographed by the Hubble Space Telescope. Admission fee is \$8.00 and will be paid for upon arrival. Registration on the Digital Calendar, located on the Portal, is required; space is limited. For questions and registration assistance, please contact Elizabeth David 641-6344. Return approx. 2:45pm**

### **Thursday, March 11<sup>th</sup>:**

- \*9:00am – Water Fitness with Robin Gallagher. Space is limited to 5 swimmers. Classes are offered on Tuesdays and Thursdays, please register on the Digital Calendar located on the Portal or call Robin 641-6316 for one class per week. Pool
- \*9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans at Country Club Plaza. Space is limited, please register on the Digital Calendar located on the Portal.
- 10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room
- 11:00am – Virtual Gentle Chair Yoga with Eva Kane. For the weekly Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, three (3) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.
- 12:15pm – Virtual Eastman at Washington Square Concert: *Robert Schumann's Romantic Song Cycle Dichterliebe* or "*A Poet's Love* featuring Nate Malkow on *baritone* and Jenny Kirby on *piano*, students from the Eastman Community Music School. This concert is available to view at home via Zoom. The Zoom link will be sent to all residents via email the morning of the concert. Registration on the Portal is not required. Please call Elizabeth David 641-6344 with questions.**
- 2:00pm – 2 Part Virtual Lecture Series via Zoom: *History Out Loud: Leisure Time in Rochester* with American Historian Dan Cody. The Zoom link will be sent to all residents via email the morning of the presentation. Registration on the Portal is not required. This virtual presentation is also available to view in the Oneida Dining Room. To maintain socially distant, a maximum of twenty (20) residents are permitted in the Dining Room on a first come, first served basis. Please call Elizabeth David 641-6344 with questions.**

**For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.**

## **Friday, March 12<sup>th</sup>**

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, three (3) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.

\*10:30am – Depart for Mass at St. Louis Church. Please register on the Digital Calendar, located on the Portal, space is limited. Return approx. 12:15pm

\*1:00pm-2:00pm – Open swim with Robin Gallagher. Space is limited to 4 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool

**2:30pm – Virtual Jazz Concert via zoom featuring Brad Batz. The Zoom link will be sent to all residents via email the morning of the concert. Registration on the Portal is not required. Please call Elizabeth David 641-6344 with questions.**

**No Current Events today**

\*The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the Resident Portal <https://happortal.com/>.

To find the Digital Calendar, log-in to the Portal and click *Events* found in the top menu. For more information about the Portal and Digital Calendar, please contact the IT or Cultural Programming Department.

**Dining Reminder: There are several ways to make a reservation, including a new reservation box. Please consider one of the following:**

1. Log onto the Resident Portal <https://happortal.com/>
2. New: Stop by the host station outside the Dining Room between 9:00 a.m. and 1:00 p.m. (7 days/week) and a HAP staff member will take your reservation.
3. New: You will find a box located in the in-house mailroom along with reservation request slips. You can fill out a slip and place it in the box to make a reservation for the following week.
4. Call the reservation line at 641-6374.

**For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.**