

Cultural Programming March 21 – March 27, 2021

Watch Battery and Band replacement

Starting Monday, March 22nd through Wednesday, March 24th
Drop off your watch(es) in the Lilac Shoppe between 10:30am - 1:30pm.

Watches will be available for pickup again starting
Friday, March 26th between 10:30am - 1:30pm

Battery cost: \$5 cash or charge to your apt/cottage. Band cost: ranges, based on band selected. Please contact Doretta in the Lilac Shoppe 641-6329 if you have any questions.

Monday, March 22nd:

9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.

10:30am – Book Discussion Group. This month's book: *Catcher in the Rye* by J. D. Salinger. Please sign up in advance by calling Janet Steiner 310-7366. Conesus Dining Room

***1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 4 swimmers, please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool

***1:00pm – Pathway to Pittsford Errand Bus**, depart to Pittsford Plaza or Pittsford Community Library. Registration on the Digital Calendar, located on the Portal, is required; space is limited. Please call Elizabeth David 641-6344 with questions.

1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Elizabeth David 641-6344 if you are interested in joining.

Tuesday, March 23rd:

***9:00am – Water Fitness** with Robin Gallagher. Space is limited to 5 swimmers. Classes are offered on Tuesdays and Thursdays, please register on the Digital Calendar located on the Portal or call Robin 641-6316 for one class per week. Pool

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

***10:30am – iPhone/iPad Class**, Topic: *What is All this "stuff" in my Settings?* with systems specialist Crystal Rothfuss. Registration on the Digital Calendar, located on the Portal is required. For questions and registration assistance, please contact Crystal Rothfuss 641-6308. Music Room

Programs for March 23rd continue on the next page

Tuesday, March 23rd: continued

- 10:30am – Library Book Selection Group.** Due to Covid group size restrictions, this meeting is temporarily closed to current members only. If you would like more information please contact Resident Al Lorenzo 381-8910. Parlor
- 1:15pm – Virtual Bible Study** with Chaplain Steve Petrovich. Registration not required. The Zoom link will be sent to all residents via email the morning of the meeting. Please call Elizabeth David 641-6344 with questions.
- 1:30pm – Virtual Books Sandwiched In Book Review.** Today's topic: *A Promised Land* by Barack Obama, reviewed by Dr. Daniele Lyman-Torres, Commissioner of the Department of Recreation and Human Services for the City of Rochester. This book review is available to view at home. Registration not required. The Zoom link will be sent to all residents via email the morning of the presentation. Please call Elizabeth David 641-6344 with questions.
- 2:00pm – Virtual Concert via Zoom:** *Sounds of Abroad* with RPO musicians Grace Browning, Principal Harpist, and Hayley Grainger, Second Flute/Piccolo. The Duo will perform a live concert featuring a global collection of 20th century masterpieces. Enjoy works by Chevalier, Debussy, Rota, Piazzolla, and Shaposhnikov. Registration not required. The Zoom link will be sent to all residents via email the morning of the concert. This virtual concert is also available to view in the Oneida Dining Room, first come first served. Please call Elizabeth David 641-6344 with questions.

Wednesday, March 24th:

- 9:00am – Virtual Fitness Class** with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.
- *1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 4 swimmers please register on the Digital Calendar located on the Portal or call Robin 641-6316. Pool
- *1:00pm – Depart for Shadow Hill Maple Syrup** located in Ontario, NY for a maple syrup tour with Dan Milke, Founder, Owner, and Operator. Learn maple syrup facts and enjoy some samples. Registration on the Digital Calendar, located on the Portal, is required; space is limited. Admission fee is \$5.00 and will be paid for upon arrival. For questions and registration assistance, please contact Elizabeth David 641-6344. Return approx. 3:30pm

The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the Resident Portal <https://happortal.com/>.

To find the Digital Calendar, log-in to the Portal and click *Events* found in the top menu. For more information about the Portal and Digital Calendar, please contact the IT or Cultural Programming Department.

For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.

Thursday, March 25th:

- *9:00am – Water Fitness** with Robin Gallagher. Space is limited to 5 swimmers. Classes are offered on Tuesdays and Thursdays, please register on the Digital Calendar located on the Portal or call Robin 641-6316 for one class per week. Pool
- *9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans** at Country Club Plaza. Space is limited, please register on the Digital Calendar located on the Portal.
- 10:30am-12:00pm – Circuit Training** with Robin Gallagher. Exercise Room
- 11:00am – Virtual Gentle Chair Yoga** with Eva Kane. For the weekly Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.
- 12:15pm – Virtual Eastman at Washington Square Concert** featuring vocalist Juli Elliot, soprano, accompanied by Christopher Petit on piano. Both students are from the Eastman Community Music School. This concert is available to view at home. Registration not required. The Zoom link will be sent to all residents via email the morning of the concert. Please call Elizabeth David 641-6344 with questions.
- 2:00pm – Virtual Tour of Ganondagan State Historic Site.** Enjoy a 45-minute virtual tour of Ganondagan. Explore the formation of the Haudenosaunee Culture, specifically the Seneca, and the Long House of the 1600's. Registration not required. The Zoom link will be sent to all residents via email the morning of the presentation. This virtual presentation is also available to view in the Music Room, first come, first served. Please call Elizabeth David 641-6344 with questions.

Friday, March 26th

- 9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance*** with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, six (6) residents can participate in the Fitness Room, please register on the Digital Calendar located on the Portal to use the Fitness Room.
- *10:30am – Depart for Mass at St. Louis Church.** Please register on the Digital Calendar, located on the Portal; space is limited. Return approx. 12:15pm
- *1:00pm-2:00pm – Open Swim** with Robin Gallagher. Space is limited to 4 swimmers, please register on the Digital Calendar, located on the Portal or call Robin 641-6316. Pool
- 1:00pm – Virtual Concert: RPO @ Home: *String Fever*.** View a one-hour prerecorded performance from the Rochester Philharmonic Orchestra. Registration not required. The link will be sent to all residents via email the morning of the concert. This virtual concert is also available to view in the Oneida Dining Room, first come, first served. Please call Elizabeth David 641-6344 with questions.
- 3:00pm – Virtual Current Events via Zoom,** Topic is to be announced. Registration not required. The Zoom link will be sent to all residents via email the morning of the meeting. Please contact cottage resident Edward Kokkelenberg by phone 310-7366 or email edwk@pop.lightlink.com with questions.

For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.

Passover: Saturday, March 27 (at sundown) – Sunday, April 4

Passover is often celebrated with a festive holiday meal called the Seder. Please see the Oneida Dining Room menu on Saturday, March 27th and Sunday, March 28th for traditional Seder dishes such as cornish game hen and braised beef short ribs. Passover in Judaism is a holiday commemorating the Hebrews' liberation from slavery in Egypt and the "passing over" of the forces of destruction.

A traditionally plated
Seder Dinner.



The programs denoted with an asterisk () indicate it is necessary to sign up in advance. Electronic registration is completed through the Digital Calendar located on the Resident Portal <https://happortal.com/>.

To find the Digital Calendar, log-in to the Portal and click *Events* found in the top menu. For more information about the Portal and Digital Calendar, please contact the IT or Cultural Programming Department.

For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.