# Laurelwood at The Highlands at Pittsford



# **Calendar of Events**

February 21-27, 2021



# Monday 2/01

10:00am - Fitness: Chair Exercises

11:00am - Morning Connection: February Gazette

1:30pm - Afternoon Connection: Daily Chronicle

2:30pm - Card Game: Rummy 300

4:00pm - "Mocktail Party" join your friends for mock-aperitif

6:00pm - Craft: Carnevale Mask



## **Tuesday 2/02 Ground Hog Day**

10:00am - Fitness: Chair Exercises with Chan

11:00am - Morning Connection: Ground Hog Day Trivia

1:15pm - Virtual Bible Study with Chaplain Steve Petrovich

2:30pm - Cart Visit: Hibernation Snack Box

3:45pm - Art: Groundhog Day Coloring Pages

6:00pm - 1st Floor Game: 20 Questions, To sign up please call Brooklyn at

641 - 6350

7:00pm - 2nd Floor Game: 20 Questions, To sign up please call Brooklyn at

641 -6350

\*All Activities will be lead in your apartment by our Life Enrichment team member unless noted otherwise.\*

#### Wednesday 2/03

10:15am - Virtual Fitness: Chair exercises with Robin

11:00am - Morning Connection: Puzzles & Ponderings

1:30pm - Afternoon Connection: Staff Show and Tell

2:30pm - Dice Game: EZ Yahtzee Dice

3:45pm - Afternoon Connection: Explore Historic Places of the Civil Rights

Movement

6:00pm - 1st Floor Bingo, To sign up please call Brooklyn at 641 –6350

7:00pm - 2nd Floor Bingo, To sign up please call Brooklyn at 641-6350

# Thursday 2/04

10:00am - Fitness: Walking

11:00am - History: Rosa Parks

1:30pm - Virtual Sing-Along with Steve Petrovich

2:30pm - Nail Painting

3:45pm - Afternoon Connection: Junk Drawer Detective

7:00pm - Tune in to watch Jeopardy on Channel 10



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# Friday 2/05

10:15am - Virtual Fitness: Chair exercises with Robin

11:00am - Morning Connection: The Fanciest Valentine's Day Candy

1:15pm - Virtual Pause for Peace with Chaplain Steve Petrovich

1:30pm - Fitness: Putting Green

2:30pm - Virtual Music Mixer on TV featuring the Vienna Philharmonic Orchestra performing The Alpine Symphony

3:45pm - Afternoon Connection: The most famous Love Letters

7:00pm - Tune in to watch Jeopardy on Channel 10

#### Saturday 2/06

10:15am - Live Stream Fitness: Tai Chi on TV

11:00am - Trivia: All Kinds

1:00pm - 1st Floor Bingo, To sign up please call Brooklyn at 641-6350

2:00pm - 2nd Floor Bingo, To sign up please call Brooklyn at 641-6350

3:00pm - Beverage Cart Visit: Soda Pop!

4:00pm - Afternoon Connection: Queen's Day

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# Sunday 2/07 Super Bowl LV

9:00am - Catholic Communion Service: St. Johns of Rochester Live Stream Service

9:15am - Trivia: What do you know?

10:00am - Virtual Fitness: Exercise Video

11:00am - Asbury First United Methodist Church live stream service

1:30pm - Game: Super Bowl Fact or Fiction

3:00pm - Afternoon Connection: Super Bowl Commercials

6:30pm - Join in the Football fun for Super Bowl LV (55) Tampa Bay Buccaneers VS Kansas City Chiefs on Channel 8.

#### **Monday 2/08**

10:00am - Fitness: Chair Exercises

11:00am - Word Game: Concentration Puzzle

1:30pm - Baking: Snickerdoodle Mug Cake

2:30pm - Afternoon Connection: Farewell Saturday Evening Post

4:00pm - "Mocktail Party" join your friends for mock-aperitif

5:45pm - 1st Floor Game: Pokeno, To sign up please call Brooklyn at 641–6350

6:45pm - 2nd Floor Game: Pokeno, To sign up please call Brooklyn at 641–6350

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#### Tuesday 2/09

- 10:00am Fitness: Chair Exercises with Chan
- 11:00am Morning Connection: This Day in History
- 1:15pm Virtual Bible Study with Chaplain Steve Petrovich
- 2:00pm 1st Floor Game: Name that Tune, To sign up please call Brooklyn at 641-6350
- 3:00pm 2nd Floor Game: Name that Tune, To sign up please call Brooklyn at 641-6350
- 3:45pm Afternoon Connection: Love Is in the Air Trivia
- 5:45pm 1st Floor Game: Wheel of Fortune, To sign up please call Brooklyn at 641-6350
- 6:45pm 2nd Floor Game: Wheel of Fortune, To sign up please call Brooklyn at 641-6350
- \*All Activities will be lead in your apartment by our Life Enrichment team member unless noted otherwise.\*

# Wednesday 2/10

- 9:00am How's your day going? Greeting (Dining Room & Library Area)
- 10:15am Virtual Fitness: Chair exercises with Robin (Gallery)
- 11:00am Discuss & Recall: Historic Snow Storms (Gallery)
- 1:30pm Fitness: Ring Toss (Gallery)
- 2:30pm Game: How well do you know the Beatles? (Gallery)
- 3:45pm Vaccination Social, Join the celebration on brighter days ahead!! (Gallery)
- 6:30pm Game: Bingo, To sign up please call Brooklyn at 641–6350 (Gallery)

If you have any questions please dial 641- 6345 for Crystal,

641–6350 for Brooklyn, or 641–6385 for Chan



#### Thursday 2/11

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking (Meet near elevator)

11:00am - History: The Gettysburg Address (Gallery)

1:30pm - Virtual Sing-Along with Steve Petrovich on TV (Gallery)

2:30pm - Nail Painting (Gallery)

3:45pm - Social: Root Beer Floats (Gallery)

6:30pm - Movie: "The Queen" (Drama) starring Helen Mirren (Gallery)

#### Friday 2/12 Chinese New Year

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Virtual Fitness: Chair exercises with Robin (Gallery)

11:00am - Morning Connection: Chinese New Year (Gallery)

1:15pm - Virtual Poems, Quotes & Songs with Chaplain Steve Petrovich on TV (Gallery)

1:30pm - Word Game: Daily Jumble (Front Living Room)

2:30pm - Virtual Music Mixer on TV featuring Wolfgang Amadeus Mozart: Clarinet Concerto in A major, K (Gallery)

3:45pm - Video Clips: Chinese New Year Traditions (Gallery)

6:30pm - Movie: "Mary Poppins" (Musical) starring Julie Andrews (Gallery)



# Sunday 2/14 Valentine's Day

9:00am - How's your day going? Greeting (Dining Room & Library Area)

9:00am - Catholic Communion Service: St. Johns of Rochester Live Stream Service (Gallery)

10:00am - Virtual Fitness: Exercise Video (Gallery)

11:00am - Asbury First United Methodist Church live stream service (Gallery)

1:30pm - Craft: Valentine Sun Catcher (Gallery)

3:00pm - Afternoon Connection: Valentine's Day Conversation Starters (Gallery)

4:00pm - Join your friends in the Gallery for conversation before dinner



## Monday 2/15 Presidents' Day

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Chair Exercises (Gallery)

11:00am - Game: First Ladies Who Am I? (Gallery)

1:30pm - Fun Facts: Untied States Presidents (Gallery)

2:30pm - Virtual Presentation with Larry Shearer: Music & Life of Vic Damone

(Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif (Gallery)

6:30pm - Craft: Lincoln Penny Bookmark (Gallery)

#### Tuesday 2/16 Mardi Gras

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Chair Exercises with Chan (Gallery)

11:00am - Game: Fat Tuesday Fill-In (Gallery)

1:15pm - Virtual Bible Study with Chaplain Steve Petrovich on TV (Gallery)

2:30pm - Jewelry Making: Mardi Gras Necklace (Gallery)

3:45pm - Slide Show: Mardi Gras Floats (Gallery)

6:30pm - Game: Shuffle Board (Gallery)



#### Wednesday 2/17 Ash Wednesday

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Chair exercises with Robin

11:00am - Virtual Tour: The White House (Gallery)

1:15pm - Virtual Ash Wednesday Service with Chaplain Steve Petrovich (Gallery)

2:30pm - Water Color Art: Winter Scene (Gallery)

3:45pm - Afternoon Connection: Traveling the Underground Railroad

6:30pm - Game: Bingo, To sign up please call Brooklyn at 641–6350

7:00pm - Asbury First United Methodist Church live stream Ash Wednesday

Service (Hearth Room)

#### Thursday 2/18

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking (Meet at the elevator)

11:00am - Morning Connection: Table Talk (Gallery)

12:15pm - Virtual Eastman At Washington Square Live Stream: Sergei Prokofiev's

Sonata for Cello and Piano Op. 119 performed by Joella

Becker, cello and Kelly Soderahl McNeilly, piano (Gallery)

1:30pm - Virtual Sing-Along with Steve Petrovich on TV (Gallery)

2:30pm - Nail Painting (Gallery)

3:45pm - Afternoon Connection: Health Benefit of Drinking Wine (Gallery)

6:30pm - Movie: Safety Last (Classic) starring Harold Lloyd (Gallery)

# **Friday 2/19**

- 9:00am How's your day going? Greeting (Dining Room & Library Area)
- 10:15am Fitness: Chair exercises with Robin (Gallery)
- 11:00am Morning Connection: The History of Cracker Jack Prizes (Gallery)
- 1:15pm Virtual Hymn Study with Chaplain Steve Petrovich on TV (Gallery)
- 1:30pm Word Game: Word Search (Front Living Room)
- 2:30pm Virtual Concert on TV featuring The Metropolitan Opera House (Gallery)
- 3:45pm Game: Finish the Line (Gallery)
- 6:30pm Movie: Saving Mr. Banks (Comedy) starring Tom Hanks (Gallery)

#### Saturday 2/20

- 9:00am How's your day going? Greeting (Dining Room & Library Area)
- 10:15am Live Stream Fitness: Tai Chi on TV (Gallery)
- 11:00am Trivia: All Kinds (Gallery)
- 1:00pm Game: Bingo, To sign up please call Brooklyn at 641 –6350
- 3:00pm Afternoon Connection: 10 Facts About the Washington Monument (Gallery)
- 4:00pm Join your friends in the Gallery for conversation before dinner
- 6:30pm Movie: Nights in Rodanthe (Romantic Drama) starring Richard Gere (Gallery)

# **Sunday 2/21**

- 9:00am Catholic Communion Service: St. Johns of Rochester Live Stream Service (Gallery)
- 10:00am Virtual Fitness: Exercise Video (Gallery)
- 11:00am Asbury First United Methodist Church live stream service (Gallery)
- 1:30pm Game: The Price is Right (Gallery)
- 3:00pm Afternoon Connection: Inspirational Stories (Gallery)
- 4:00pm Join your friends in the Gallery for conversation before dinner

# Monday 2/22

- 10:00am Fitness Video: Chair Exercises (Gallery)
- 11:00am Morning Connection: George Washington and his Legacy (Gallery)
- 1:30pm Afternoon Connection: Broadway Sing a-long (Gallery)
- 2:30pm Slide Show: Explore Historic Places of the Civil Rights Movement (Gallery)
- 4:00pm "Mocktail Party" join your friends for mock-aperitif (Gallery)
- 6:30pm Craft: Welcome door sign (Gallery)

#### Tuesday 2/23

10:00am - Fitness: Chair Exercises (Gallery)

11:00am - Morning Connection: The Untold Truth Of Girl Scout Cookies (Gallery)

1:15pm - Virtual Bible Study with Chaplain Steve Petrovich on TV (Gallery)

2:30pm - Afternoon Connection: Pictures of 29 looks that helped define Elizabeth Taylor (Gallery)

3:30pm - Resident Meeting (Gallery)

6:30pm - Game: Ski Ball (Gallery)

#### Wednesday 2/24

10:15am - Fitness: Chair exercises with Robin (Gallery)

11:00am - Morning Connection: The most valuable baseball cards (Gallery)

1:30pm - Game: Refraze (Gallery)

2:30pm - Nail Painting (Gallery)

3:45pm - Happy Hour-Join your friends for a Coca Cola Float and Sparkling Conversation! (Gallery)

6:30pm - Game: Bingo, To sign up please call Brooklyn at 641 –6350 (Gallery)

# Thursday 2/25 Purim begins at Sundown

10:00am - Fitness: Walking (Meet near elevator)

11:00am - Morning Connection: Traditions of Purim (Gallery)

1:30pm - Virtual Sing-Along with Steve Petrovich on TV (Gallery)

2:30pm - Baking- Hamantaschen (Gallery)

3:45pm - Word game: Daily Jumble (Gallery)

6:30pm - Movie: The Iron Lady (Drama) starring Meryl Streep (Gallery)

#### Friday 2/26

10:15am - Fitness: Chair exercises with Robin (Gallery)

11:00am - History: Hover Dam (Gallery)

1:15pm - Virtual Hymn study with Chaplain Steve Petrovich on TV (Gallery)

2:30pm - Virtual RPO Concert: String Fever on TV featuring the Violin, Oboe,

viola and the piano (Gallery)

3:45pm - Word Game: Crossword Puzzle (Gallery)

6:30pm - Movie: Gigi (Musical) starring Leslie Caron (Gallery)

# Saturday 2/27

10:15am - Live Stream Fitness: Tai Chi on TV (Gallery)

11:00am - Trivia: All Kinds (Gallery)

1:30pm - Game: Bingo, To sign up please call Chan at 641 –6350 (Gallery)

3:00pm - Afternoon Connection: Golden Globe Voting (Gallery)

4:00pm - Join your friends in the Gallery for conversation before dinner

6:30pm - Movie: Lee Daniels' The Butler (Drama) Starring Forrest Whitaker (Gallery)

## **Sunday 2/28**

9:00am - Catholic Communion Service: St. Johns of Rochester Live Stream Service (Gallery)

9:15am - Trivia: What do you know?

10:00am - Virtual Fitness: Exercise Video

11:00am - Asbury First United Methodist Church live stream service

1:30pm - Creative Card Making: Happy Retirement! (Gallery)

3:00pm -

4:00pm -