

# Cultural Programming February 7– February 13, 2021

## Sunday, February 7<sup>th</sup>:

6:30pm – Super Bowl LV: Kansas City Chiefs verses Tamp Bay Buccaneers! Tune in on CBS (channel 8) at approx. 6:30pm for kickoff. If you picked up a super bowl treat bag on Friday (2/5), don't forget to enjoy and get your BINGO boards ready!

## Monday, February 8<sup>th</sup>:

9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.

12:00pm-2:00pm – Swim by Appointment. Space is limited to 2 swimmers at a time. Please register on the Portal or call Robin Gallagher 641-6316. Pool

1:30pm – Virtual Chorus via Zoom with Choral Director Rhonda Wright. New members welcome. Please call Elizabeth David 641-6344 if you are interested in joining.

Spread love this Valentine's Day! Make a Valentine's Day card for residents living in Laurelwood and at the Highlands Living Center. Stop by the Music Room between Monday, February 8<sup>th</sup> through Friday, February 12<sup>th</sup> midday to make a card or two. All supplies will be provided. Please practice social distancing.

## Tuesday, February 9<sup>th</sup>:

9:00am – Water Fitness with Robin Gallagher. Space is limited to 5 swimmers. Classes are offered on Tuesdays and Thursdays, please register on the Portal or call Robin 641-6316 for one class per week. Pool

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, three (3) residents can participate in the Fitness Room, please register on the Portal to use the Fitness Room.

10:00am – Resident Council Meeting: If you are interested in observing please contact Janet Steiner 310-7366 or jes14850@gmail.com. Oneida Dining Room

10:00am – iPad/iPhone Class: Topic, *Shopping From your Phone* with Systems Specialist Crystal Rothfuss. Registration on the Portal is required. Please call Crystal Rothfuss 641-6308 with questions. Music Room

10:30am-12:00pm – Circuit Training with Robin Gallagher. Exercise Room

11:00am – Friendship Committee Meeting. Due to Covid group size restrictions, this meeting is temporarily closed to current members only. If you would like more information please contact Ann Julien 641-6388. Music Room

1:00pm – Dining Committee Meeting. Due to Covid group size restrictions, this meeting is temporarily closed to current members only. If you would like more information please contact Andy Trepanier 641-6334. Oneida Dining Room

*Programs for February 9<sup>th</sup> continue on the next page.*

For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.

### Tuesday, February 9<sup>th</sup>: Continued

1:15pm – Virtual Bible Study with Chaplain Steve Petrovich. The Zoom link will be sent to all residents via email the morning of the meeting. Please note registration on the Portal is not required for the Zoom link. Please call Elizabeth David 641-6344 with questions.

2:00pm – Virtual University of Rochester Presentation: *Collecting Frederick Douglass: Frederick Douglass as a Living Resource* with Autumn Haag, Assistant Director of the Department of Rare Books, Special Collections, and Preservation at the University of Rochester. The Zoom link will be sent to all residents via email the morning of the presentation. Registration on the Portal is not required. This virtual presentation is also available to view in the Music Room. To maintain socially distant, a maximum of twelve (12) residents are permitted in the Music Room on a first come, first served basis. Registration is not required. Please call Elizabeth David 641-6344 with questions.

### Wednesday, February 10<sup>th</sup>:

9:00am – Virtual Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.

1:00pm-2:00pm – Open swim with Robin Gallagher. Space is limited to 4 swimmers, please register on the Portal or call Robin 641-6316. Pool

2:00pm – Virtual Lecture Series: *History of American Sign Language and Deaf Culture* with Kimberly Brandt, Adjunct Assistant Professor at Monroe Community College. Learn the importance of understanding deaf culture along with some basic day to day signs. This presentation is available to view at home via Zoom. Please register on the Portal, the Zoom link will be sent to participants the morning of the presentation. Please call Elizabeth David 641-6344 with questions.

### Thursday, February 11<sup>th</sup>:

9:00am – Water Fitness with Robin Gallagher. Space is limited to 5 swimmers. Classes are offered on Tuesdays and Thursdays, please register on the Portal or call Robin 641-6316 for one class per week. Pool

9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans at Country Club Plaza. Space is limited, please register on the Portal.

10:30am-12:00pm – Circuit Training with Robin Gallagher by appointment. Exercise Room

11:00am – Virtual Gentle Chair Yoga with Eva Kane. For the weekly Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, three (3) residents can participate in the Fitness Room, please register on the Portal to use the Fitness Room.

12:15pm – Virtual Eastman at Washington Square Concert: *Sergei Prokofiev's Sonata for Cello and Piano Op. 119*, featuring Joella Becker and Kelly Soderahl McNeilly, students at the Eastman Community Music School. This concert is available to view at home via Zoom. The Zoom link will be sent to all residents via email the morning of the concert. Registration on the Portal is not required. Please call Elizabeth David 641-6344 with questions.

*Programs for February 11<sup>th</sup> continue on the next page.*

For assistance with program registration on the Portal or Zoom please contact the IT Department at 641-6308 or 641-6309.

**Thursday, February 11<sup>th</sup>: Continued**

2:00pm – 2 Part Virtual Lecture Series: *Presidential Leadership* with Sarah F. Liebschutz, Ph.D., Distinguished Service Professor Emerita, SUNY College at Brockport. The Zoom link will be sent to all residents via email the morning of the presentation. Registration on the Portal is not required. This virtual presentation is also available to view in the Oneida Dining Room. To maintain socially distant, a maximum of twenty (20) residents are permitted in the Oneida Dining Room on a first come, first served basis. Registration is not required. Please call Elizabeth David 641-6344 with questions.

**Friday, February 12<sup>th</sup>: Chinese New Year**

9:00am – Virtual Fitness Class: *Stretch, Strength, and Balance* with Mark Strivings. For the Zoom link or more information, please call Robin Gallagher at 641-6316. If you are unable to Zoom from home, three (3) residents can participate in the Fitness Room, please register on the Portal to use the Fitness Room.

10:30am – Depart for Mass at St. Louis Church. Please register on the Portal, space is limited. Return approx. 12:15pm

10:30am – Tech Time Class, Topic: Working with *Zoom* and the How To's with Systems Specialist Crystal Rothfuss. Registration on the Portal is required. Please call Crystal Rothfuss 641-6308 with questions. Oneida Dining Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Space is limited to 4 swimmers, please register on the Portal or call Robin 641-6316. Pool

1:00pm – Virtual Valentine's Day Trivia. Exercise your mind with Zoom trivia hosted by Elizabeth David. Please register on the Portal, the Zoom link will be sent to participants the morning of the presentation. Please call Elizabeth 641-6344 with questions.

No Current Events today

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