

Cultural Programming August 9 – August 15, 2020

Monday, August 10th:

- 9:00am – Zoom Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.
- 11:00am – Program Planning Meeting. All are welcome to discuss and evaluate programs.
Dining Room
- 1:00pm-2:00pm – Open swim with Robin Gallagher. Space is limited, please call in advance to sign up 641-6316. Pool

Tuesday, August 11th:

- 10:30am-12:00pm – Circuit Training. Please call Robin Gallagher 641-6316 to schedule an appointment. Exercise Room
- 1:00pm – Walking group. Sign up is not required. Meet at the Hospitality Desk.
- 2:00pm – 8-Part Zoom Lecture Series: *Consequences of Rivalry: How Battling Hegemons Shaped Our Modern World* with Sarah Hodgson. Today's topic: *US vs. USSR: Iraq*. Please call Elizabeth David 641-6344 to register. **If you are unable to join via Zoom from home, please call Elizabeth David to sign up to view the presentation in the Music Room. Space in the Music Room is limited and sign up is required to attend.**

Wednesday, August 12th:

- 9:00am – Zoom Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.
- 1:00pm-3:00pm- Resident Summer Picnic. Enjoy a complimentary picnic lunch and live music. Picnic is by reservation only. HAP will call and ask if you plan to attend the picnic and inform you of your arrival time. You can also call 641-6374 on your own to make a reservation. Delivery is available. This picnic will replace dinner service. Masks are required before and after enjoying your meal. Location: Parking area leading to the underground garage. Rain location: Oneida Dining Room.
- 1:00pm-2:00pm – Open swim with Robin Gallagher. Space is limited, please call in advance to sign up 641-6316. Pool

Thursday, August 13th:

- 9:00am, 10:00am & 11:00am – Depart for shopping at Wegmans at Country Club Plaza. Please call the Hospitality Desk 586-7600 to sign up, space is limited.
- 10:00am – Walking group. Sign up is not required. Meet at the Hospitality Desk.
- 10:30am-12:00pm – Circuit Training. Please call Robin Gallagher 641-6316 to schedule an appointment. Exercise Room
- 1:30pm – Depart for Pittsford Library or Schoen Place. Find a book or walk the canal. Please call Elizabeth David 641-6344 to sign up for transportation. Return approx. 3:00pm

Friday, August 14th:

- 9:00am – Zoom Class: *Stretch, Strength, and Balance* with Mark Strivings. The link will be sent via email to all residents. For the Zoom link or more information, please call Robin at 641-6316.
- 10:30am – Depart for Mass at St. Louis Church. Please call the Hospitality Desk 586-7600 to sign up, space is limited. Return approx. 12:15pm.
- 1:00pm-2:00pm – Open swim with Robin Gallagher. Please call in advance to sign up 641-6316. Pool

Zoom assistance is available by appointment. Please call the IT Department 641-6308 or 641-6309.