

Cultural Programming August 30 – September 5, 2020

Voter Information: You may have received an application from the Monroe County Board of Elections for an absentee ballot for the upcoming November Election, if not, applications are available at The Hospitality Desk. Applications must be postmarked on or by October 27th. If you would like assistance filling out the application, please contact Elizabeth David 641-6344 to make an appointment.

Monday, August 31st:

- 9:00am – Zoom Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.
- 1:00pm-2:00pm – Open swim with Robin Gallagher. Space is limited to 4 swimmers, please call in advance to sign up 641-6316. Pool
- 2:00pm – University of Rochester Virtual Presentation: *Labor Demand in the Time of COVID: Evidence from Vacancy Postings* with Lisa Kahn Ph.D. Professor of Economics. This presentation is available to view at home via Zoom or in the Oneida Dining Room. Please call Elizabeth David 641-6344 to register.

Tuesday, September 1st:

- 9:00am – Water Fitness with Robin Gallagher. Classes are offered on Tuesdays and Thursdays, please sign up for one class per week. Space is limited to 5 swimmers. Please call in advance to sign up 641-6316. Pool
- 10:30am-12:00pm – Circuit Training. Please call Robin Gallagher 641-6316 to schedule an appointment. Exercise Room
- 11:00am – Depart for lunch, outdoor seating, at The Genesee Brew House located near High Falls. Menu items include soups, salads, and burgers. Trip is weather dependent. Masks must be worn until seated at the table. Please call Elizabeth David 641-6344 to register. Space is limited. Return approx. 1:00pm
- 1:00pm – Walking group. Sign up is not required. Meet at the Hospitality Desk.

Wednesday, September 2nd:

- 9:00am – Zoom Fitness Class with Robin Gallagher. For the Zoom link or more information, please call Robin at 641-6316.
- 1:00pm – Pre-Recorded Virtual Presentation: *Psychology and the Good Life* with Laurie Santos, PhD, Professor of Psychology at Yale University. This presentation is available to view at home via Zoom or in the Oneida Dining Room. Please call Elizabeth David 641-6344 to register.
- 1:00pm-2:00pm – Open swim with Robin Gallagher. Space is limited to 4 swimmers, please call in advance to sign up 641-6316. Pool
- 2:00pm – Food Forum. To maintain socially distant, a maximum of twenty (20) residents will be welcome to attend on a first come, first served basis. Oneida Dining Room

**Face masks are required in community spaces
and for all group gatherings.**

See Reverse Side for Additional Information

Thursday, September 3rd:

- 9:00am – Water Fitness with Robin Gallagher. Classes are offered on Tuesdays and Thursdays, please sign up for one class per week. Space is limited to 5 swimmers. Please call in advance to sign up 641-6316. Pool
- 10:00am – Walking group. Sign up is not required. Meet at the Hospitality Desk.
- 10:30am-12:00pm – Circuit Training. Please call Robin Gallagher 641-6316 to schedule an appointment. Exercise Room
- 1:00pm – Depart for a guided tour at the Memorial Art Gallery for *The Season of Women Exhibit*. This display will prominently feature the work of female artists in honor of the 100th anniversary of the passage of the 19th Amendment. Admission fee is \$12.00 and will be collected on the bus. Space is limited. Please call Elizabeth David 641-6344 to register. Return approx. 3:00pm

Friday, August 4th:

- 9:00am – Zoom Class: *Stretch, Strength, and Balance* with Mark Strivings. The link will be sent via email to all residents, sign up for Zoom is not required. If you are unable to Zoom from home, please call Robin Gallagher 641-6316 to participate from the Fitness Room. Space is limited in the Fitness Room to 3 participants.
- 10:30am – Depart for Mass at St. Louis Church. Please call the Hospitality Desk 586-7600 to sign up, space is limited. Return approx. 12:15pm.
- 1:00pm-2:00pm – Open swim with Robin Gallagher. Space is limited to 4 swimmers, please call in advance to sign up 641-6316 and wait to receive a confirmation call. Pool
- 3:00pm – Current events via Zoom: *General Discussion: What is the key issue for neighbors?* To participate please contact cottage resident Edward Kokkelenberg by phone 310-7366 or email edwk@pop.lightlink.com.



Residents at the Artisans Market at the Armory



Residents Dick and Arlene LaPera enjoying ice cream from LuGia's



Residents listening to outdoor music