

Laurelwood at The Highlands at Pittsford



Calendar of Events

March 2020



Sunday 3/01

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Asbury First United Methodist Church live stream service (Gallery)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Art: Four Leaf Clover Painting (Gallery)

3:00pm - Game: Wheel of Fortune (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

Monday 3/02

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch Panera Bread (Outing) To register call Chan 641-6387

1:30pm - Life Long Learning: "It ain't no Toadstool! The Lifecycle of Mushrooms"
with resident Mr. Fritz (Activities Room)

2:00pm - U of R Presentation: Plant-Based Eating: Is it for you? with Clinical
Dietitian Jill Chodak (Highlands' Community Center)

2:30pm - Game: Bingo (Gallery)

3:30pm - Afternoon Connection: the Battle of Bismarck Sea (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif!
(Hearth Room)

6:30pm - Craft: Lucky Shamrock Pin (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641- 6385 for Chan, or 641-6350
for Brooklyn

Tuesday 3/03

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: March Gazette (Hearth Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Afternoon Connection: Jigsaw Puzzle (Hearth Room)
- 2:00pm - Lifespan Presentation: Caregiving - Prevent Feeling Overwhelmed with Eve Moses, coordinator of the Monroe County Office for the Aging Caregiver Resource Center (Highlands' Community Center)
- 2:30pm - Baking: Thin Mint Truffle Bark (Gallery)
- 3:45pm - Trivia: Mind Joggers (Gallery)
- 6:30pm - Fitness: Horseshoes (Gallery)



Wednesday 3/04

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: People Magazine (Hearth Room)
- 1:30pm - Join us to look at the Central Library's traveling exhibit: Because of Women like her. Featuring "Women Who Made a Difference –set 2" (Meet near elevator)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:30pm - Slide Show & Discussion: Woman's History Month (Activities Room)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Game: Name That Irish Tune (Gallery)
- 6:30pm - Game: Electronic Wii Bowling (Gallery)

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Thursday 3/05

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: Desi Arnaz's Legacy (Gallery)

1:15pm - Afternoon Connection: Cliché's (Gallery)

2:30pm - Tasting Club: Cheese's and bread's from Ireland (Activities Room)

3:45pm - Game: Famous Irish Folks – Who Am I? (Hearth Room)

6:30pm - Movie: "The Book Club" - Comedy (Gallery)



Friday 3/06

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Concentration Puzzles (Gallery)

1:00pm - Catholic Mass with volunteers from St. Louis Church
(Highlands' Community Center)

1:15pm - Pause for Peace with Chaplain Steve Petrovich (Gallery)

1:30pm - Afternoon Connection: The story of Cinderella (Hearth Room)

2:30pm - Music Mixer with VIVA ROMANZA – a celebration of Italian and Italian American vocalists and music with George Demott (Gallery)

3:45pm - Game: Name that Book (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)

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Saturday 3/07

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Creative Card Making: Thank you Notes (Gallery)

3:00pm - Word Game: Wacky Wordies (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Just Getting Started"- Comedy (Gallery)

Day Daylight Savings: Turn your clocks AHEAD one hour before bed tonight.



Sunday 3/08 Daylight Savings

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Asbury First United Methodist Church live stream service (Gallery)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Afternoon Connection: International Women's Day (Gallery)

3:00pm - Fitness: Putting Green (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

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Monday 3/09 Purim begins at sundown

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch Flaherty's (Outing) To register call Chan 641-6385
- 1:15pm - Game: Who wants to be a Millionaire? (Gallery)
- 2:00pm - Presentation and live animal show: Raptor Connections with Daena Ford, President of Braddock Bay Raptor Research (Highlands' Community Center)
- 3:15pm - Afternoon Connection: 10 Things to Know About Purim (Hearth Room)
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)
- 6:30pm - Slide Show: A Gallery of Ford Mustangs Through the Years (Gallery)

Tuesday 3/10

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:15am - Purim Celebration with Rabbi Yitzi Hein of Chabad of Pittsford (Highlands' Music Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Afternoon Connection: Hidden Pictures (Hearth Room)
- 2:00pm - Nail Clipping (2nd Floor Spa Room)
- 2:00pm - Lecture: Vocal Jazz: From Bessie to Bobby and Beyond with Vicki Rummler (Highlands' Community Center)
- 2:30pm - Baking: Hamantaschen (Activities Room)
- 3:45pm - Afternoon Connection: Inspirational News Stories (Gallery)
- 7:00pm - Evening Entertainment with Morning Musical including classical performances by Barbara Noval on piano and Debbie McCullou on the Koto. The Koto is a classical Japanese instrument (Highlands' Community Center)



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641- 6385 for Chan or 641-Brooklyn

Wednesday 3/11

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:15am - Game: Lucky Candy Ball (Gallery)

1:15pm - St. Patrick's Day Scavenger Hunt: Clovers all over (Gallery)

2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)

2:00pm - Crosswords with Larry Shearer (Activities Room)

3:30pm - Catholic Communion with St. Louis Church (Activities Room)

3:45pm - Happy Hour-Join your friends for Great Food and Sparkling
Conversation! (Gallery)

6:30pm - Game: Shuffle Board (Gallery)



Thursday 3/12

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:00am-10:30am – Watch battery replacement with Joe Dellaria (Bistro Hallway)

11:00am - Morning Connection: Coffee Klatch (Hearth Room)

1:00pm - Nail Painting (Gallery)

2:00pm - Travelogue: Mongolia: Mongolia existed in a Soviet bubble for most of
the 20th century with Beth Brancata (Highlands' Community Center)

3:45pm - Game: Truth or Blarney (Gallery)

6:30pm - Movie: "The Queen" - Drama (Gallery)

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Friday 3/13

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - Morning Connection: Cranium Crunches (Gallery)
- 1:15pm - Poems, Quotes, and Songs with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Word Game: Crossword Puzzle (Activities Room)
- 2:30pm - Music Mixer with Mike Kornrich featuring guitar, banjo, and vocals (Gallery)
- 3:45pm - Afternoon Connection: Why is it considered unlucky when the thirteenth day in a month falls on a Friday (Hearth Room)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)
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Saturday 3/14

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Tai Chi with Carmen (Activities Room)
- 11:00am - Trivia: All Kinds (Hearth Room)
- 1:30pm - Afternoon Entertainment with the Galtee Mountain Boys featuring our very own Highlands' driver, Brendan O'Riordan (Highlands' Community Center)
- 3:00pm - History: Girl Scout's (Gallery)
- 4:00pm - Join your friends in the Hearth Room for conversation before dinner
- 6:30pm - Movie: "Finagan's Rainbow" - Classic (Gallery)



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Sunday 3/15

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Asbury First United Methodist Church live stream service (Gallery)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Fitness: Balloon Volleyball (Gallery)

3:00pm - Slide Show: Chicago landmarks (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner



Monday 3/16

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch Cheesecake Factory (Outing) To register call Chan
641-6385

1:30pm - Afternoon Connection: The original origins of Chicago's Green River
(Hearth Room)

2:00pm - Presentation: Managing Healthcare Expenses in Retirement presented
by financial advisors from Legacy Financial Planning
(Highlands' Community Center)

2:00pm - Asbury First United Methodist Church Lenten Service. All are invited
(Highlands' Music Room)

2:30pm - Afternoon Connection: March Madness! Join us for a friendly
Basketball Competition, spectators welcome! (Gallery)

3:30pm - Game: Who's Truth is it? (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

6:30pm - Craft: Tissue Paper Flowers (Gallery)

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Tuesday 3/17 Happy St. Patrick's Day

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - St. Patrick's Day Music Recital with Elizabeth Kinney School (Gallery)

11:00am - History: St. Patrick's Day (Hearth Room)

12:40pm - Monthly Men's Group: Gather with your neighbors and Chaplain Steve Petrovich to enjoy dessert and conversation, this month's topic: Tell us about your Father (Gallery)

1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)

1:30pm-2:30pm - Come talk with your resident council representatives (Laurelwood Parlor)

2:00pm - Enjoy a performance by the Young School of Irish Dance. Stop by and see these talented dancers perform traditional reels and jigs! (Highlands' Community Center)

3:30pm - Social: Shamrock Shakes (Hearth Room)

6:30pm - Game: Bingo (Gallery)



Wednesday 3/18

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:15am - Morning Connection: Spring Time in Rochester (Hearth Room)

12:30pm - Depart for Geva Theatre to see *Once* (Outing) To register call Chan at 641-6385

1:30pm - Planting Spring Flowers! Help us plant some beautiful spring flowers and watch them grow! (Gallery)

2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)

2:30pm - Test your senses! Join us as we discover what our senses can do (Gallery)

3:30pm - Catholic Communion & Pray the Rosary with St. Louis Church (Activities Room)

3:45pm - Afternoon Connection: Star of the Month – David Niven (Hearth Room)

6:30pm - Game: Scrabble (Gallery)

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Thursday 3/19 First day of Spring

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: First day of Spring (Gallery)
- 1:30pm - Afternoon Connection: Visit with the Book Cart – Staff will bring the cart to each apartment, please take a book to read and enjoy!
- 2:00pm - U of R Lecture Series: Biblical Economics and Beyond with Anne Merideth, Ph.D., Department of Religion and Classics
(Highlands' Community Center)
- 2:30pm - Flower Arranging (Activities Room)
- 3:30pm - Game: Would you rather... (Gallery)
- 6:30pm - Movie: "Jailhouse Rock" - Musical (Gallery)



Friday 3/20

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - Morning Connection: Spring Poetry (Hearth Room)
- 1:15pm - Worship Service with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Discussion: Table Talk (Hearth Room)
- 2:30pm - Wine Down Friday, live entertainment with Laura Dubin' Duo. Enjoy complimentary refreshments, wine for purchase, and conversation
(Highlands' Community Center)
- 3:45pm - Afternoon Connection: Food For Thought – "Name" Brand Foods
(Gallery)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)

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Saturday 3/21

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Armchair Travel: Ireland (Activities Room)

3:00pm - Afternoon Connection: National Corn Dog Day (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "The Great Gatsby" - Romantic Drama (Gallery)



Sunday 3/22

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Asbury First United Methodist Church live stream service (Gallery)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Depart for a Scenic (Outing) To register call Brooklyn 641-6350

3:00pm - Game: Bingo (Activities Room)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

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Monday 3/23

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:15am - Murder Mystery Lunch: "Crooked House" - Agatha Christie's Most Twisted Tale. Join us while we watch a mystery movie and enjoy lunch (Activities Room) To register call Chan 641-6385

1:30pm - Afternoon Connection: The 35 Greatest Speeches in History (Gallery)

2:30pm - Game: The Price is Right (Activities Room)

3:30pm - Afternoon Connection: The Fanciest Fish of the Ocean (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

6:30pm - Game: Dominoes (Gallery)



Tuesday 3/24

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking Group (Meet near elevator)

11:00am - Morning Connection: Fun Facts About U.S. Agriculture (Gallery)

1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)

1:30pm - Word Game: Jumbles (Activities Room)

2:00pm - Nail Clipping (2nd Floor Spa Room)

2:00pm - Presentation: The Association for the Blind and Visually Impaired (ABVI): A Mission of Goodwill of the Finger Lakes with Miranda DeBruyne (Highlands' Community Center)

2:15pm - Slide Show: Silly Name Places (Activities Room)

3:00pm - Food Forum (Activities Room)

3:30pm - Resident Meeting (Activities Room)

7:00pm - "UR" Live with Eastman concert series: Southern Sound Quartet featuring the euphonium and tuba (Highlands' Community Center)

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Wednesday 3/25

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Fun Facts: Medal of Honor (Hearth Room)
- 1:30pm - Afternoon Connection: Create your Sweet 16 March Madness Bracket (Gallery)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:30pm - Nail Painting (Gallery)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Happy Hour-Join your friends for Great Food and Sparkling Conversation while celebrating our March Birthday's with Henry Bossell on piano (Gallery)
- 6:30pm - Game: Rumikub (Gallery)
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Thursday 3/26

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - History: Baseball (Hearth Room)
- 1:15pm - Card Game: Uno (Gallery)
- 2:00pm - U of R Lecture Series: Biblical Economics and Beyond with Anne Merideth, Ph.D., Department of Religion and Classics (Highlands' Community Center)
- 2:30pm - Presentation: Music & Life of Deanna Durbin with Larry Shearer (Activities Room)
- 3:00pm - Opening Day for Baseball!! Come watch The New York Yankees take on the Baltimore Orioles (Gallery)
- 6:30pm - Movie: "The Yankles" (Gallery)



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Friday 3/27

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Costumes from Gloria Swanson's Films (Gallery)

1:15pm - Sing a-long with Chaplain Steve Petrovich (Gallery)

1:30pm - Card Game: Old Maid (Activities Room)

2:30pm - Music Mixer with Tom and Peg featuring piano and guitar (Gallery)

3:45pm - Afternoon Connection: American Royalty: The Du Ponts (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)

Saturday 3/28

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Pet Therapy: Come visit with our Furry Friend Gooch (Front Entryway)

3:00pm - Game: Electronic Wii Bowling (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Lee Daniels' The Butler" - Drama (Gallery)



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Sunday 3/29

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Asbury First United Methodist Church live stream service (Gallery)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Card Game: Qwitch (Gallery)

3:00pm - Graceland Tour of Elvis Presley Home & Museums (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

Monday 3/30



9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch at Landmark Diner (Outing) To register call Chan
641-6385

11:00am - Presentation and Jewelry Appraisals with Glen Moscoe, Graduate Gemologist, Jeweler and Experienced Appraiser. All are welcome to bring one item with you for appraisal (Highlands' Community Center)

1:30pm - Spa Treatment: Hand Massages (Gallery)

2:30pm - Game: Bingo (Gallery)

3:30pm - Afternoon Connection: I am Lucky because... (Activities Room)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

7:00pm - Evening Entertainment, Eastman To-Go Performance: Piano Quintet featuring, piano, violins, viola, and cello
(Highlands' Community Center)

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Tuesday 3/31

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: Rhyme Time (Hearth Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Afternoon Connection: Junk Drawer Detective (Activities Room)
- 2:00pm - University of Rochester Presentation: Update on Research in
Alzheimer's Disease with Dr. Anton Porsteinsson
(Highlands' Community Center)
- 2:30pm - Baking: Pecan Cookies (Activities Room)
- 3:45pm - Discussion: My Passport (Gallery)
- 7:00pm - Evening Music with Take Note featuring keyboard and vocals
(Highlands' Community Center)



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