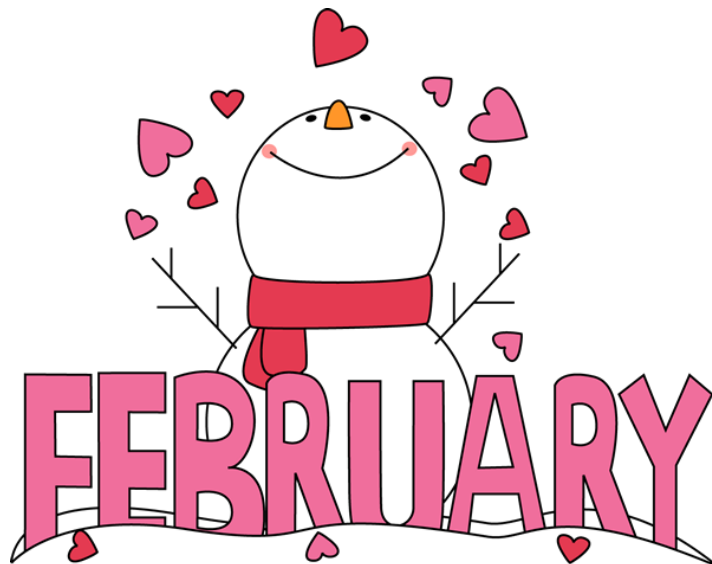


Laurelwood at The Highlands at Pittsford



Calendar of Events

February 2020



Saturday 2/01

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Visit with the guide dogs from "Guiding Eyes for the Blind"
(Activities Room)

3:00pm - Game: Bingo (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Ground Hog Day" - Comedy (Gallery)



Sunday 2/02 Ground Hog Day

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Asbury First United Methodist Church live stream service (Gallery)

11:00am - Trivia: What do you know? (Hearth Room)

1:15pm - Depart for a Scenic Ride (Outing) To register call Chan 641-6385

3:00pm - Short Story: Well- Grounded, the story of Groundhog Day (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Join in the Football fun for Super Bowl LIV (54) on Channel 8. Light Refreshments will be served (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for Brooklyn or 641- 6385 for Chan

Monday 2/03

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch at Branca—Italian Restaurant (Outing) To register call Chan 641-6385
- 1:30pm - Word Game: Concentration Puzzle (Gallery)
- 2:00pm - U of R Presentation: All the School's A Stage: A History of University of Rochester Student Theater in Three Acts with Melissa Mead, Librarian (Highlands' Community Center)
- 2:30pm - Craft: Button Canvas (Activities Room)
- 3:30pm - Afternoon Connection: Celebrating African American History Month (Gallery)
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)
- 6:30pm - Game: Wii Electronic Bowling (Gallery)



Tuesday 2/04

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: February Gazette (Hearth Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Game: Memory Match (Activities Room)
- 2:00pm - Presentation: Because of Women Like Her with Christine Ridarsky, Director of Historical Resources and City Historian at the Rochester Public Library (Highlands' Community Center)
- 2:30pm - Game: Pokemo (Gallery)
- 3:45pm - Afternoon Connection: Hollywood's Heartthrob—Clark Gable (Hearth Room)
- 6:30pm - Baking: Make your very own Chocolate! (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for Brooklyn or 641– 6385 for Chan

Wednesday 2/05

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Food for Thought: Chocolate! Come learn the benefits of eating
Chocolate (Hearth Room)
- 1:30pm - Join us to look at the Central Library's traveling exhibit: Because of
Women like her. Featuring "Timeline of Woman Suffrage -set 1" (Meet at elevator)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)
- 2:30pm - Afternoon Connection: Cast your Vote for the Oscars! (Gallery)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Game: Name Ten (Hearth Room)
- 6:30pm - Game: Cupid's Heartbreak (Activities Room)



Thursday 2/06

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: Home Run Day - Babe Ruth (Hearth Room)
- 12:00pm - Birthday Party with Karen Labella—Vocalist and Guitar (Dining Room)
- 1:15pm - Community Outreach: Visit with Caulkins Road Middle School— Help us make
Valentine's while visiting with the students (Activities Room)
- 2:00pm - U of R Lecture Series : Russia: from Peter the Great to Lenin with
Tatyana Bakhmetyeva, Ph.D. (Highlands' Community Center)
- 2:30pm - Slide Show: Traveling the Underground Railroad (Activities Room)
- 3:45pm - Game: Name that Tune (Hearth Room)
- 6:30pm - Movie: "We Bought a Zoo"- Comedy (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for
Brooklyn or 641- 6385 for Chan

Friday 2/07

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Food for Thought: Coffee (Hearth Room)

1:00pm - Catholic Mass with volunteers from St. Louis Church
(Highlands' Community Center)

1:15pm - Pause for Peace with Chaplain Steve Petrovich (Gallery)

2:30pm - Music Mixer with Brad Batz Jazz Duo (Gallery)

3:45pm - Game: Finish the Line (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)



Saturday 2/08

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Armchair Travel: France (Activities Room)

3:00pm - Afternoon Connection: See Vintage Valentine Cards over the years
(Hearth Room)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Hairspray"- Musical (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for
Brooklyn or 641- 6385 for Chan

Sunday 2/09

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Asbury First United Methodist Church live stream service (Gallery)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Afternoon Connection: Romances to Remember (Hearth Room)

3:00pm - Creative Card Making: Valentine's Cards (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

Monday 2/10

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch at Red Lobster (Outing) To register call Chan 641-6385

1:30pm - The Write Word Game: African American History (Gallery)

2:00pm - U of R Presentation: No More Tears: Learning from Human Skin-Barrier Disease to Develop Needle-Free Vaccines with Benjamin Miller Ph.D. (Highlands' Community Center)

2:30pm - Afternoon Connection: Science Experiments—What Cleans Pennies the best? (Gallery)

3:30pm - Afternoon Connection: The results are in! The Oscar Award goes to... (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

6:30pm - Game: Bingo (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for Brooklyn or 641– 6385 for Chan

Tuesday 2/11

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - DVD: Great Chefs: Chocolate Passion (Gallery)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Word Game: The Daily Chronicle Word Jumble (Activities Room)
- 2:00pm - Presentation: The Didgeridoo and Australian Aboriginal Culture with resident Larry Iwan. (Highlands' Community Center)
- 2:00pm - Nail Clipping (2nd Floor Spa Room)
- 2:30pm - Nail Painting (Gallery)
- 3:30pm - Afternoon Connection: 25 years of The Highlands at Pittsford (Gallery)
- 7:00pm - Evening Music with Joe Miltsch featuring keyboard (Highlands' Community Center)



Wednesday 2/12

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: February Trivia game (Hearth Room)
- 1:15pm - Game: What am I Famous For?? - Famous African Americans (Gallery)
- 2:00pm - Crosswords with Larry Shearer (Activities Room)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Happy Hour-Join your friends for Great Food and Sparkling Conversation! (Gallery)
- 6:30pm - Evening Connection: Table Talk and Dessert (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for Brooklyn or 641- 6385 for Chan

Thursday 2/13

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Fun Facts: Valentine's Candy (Hearth Room)

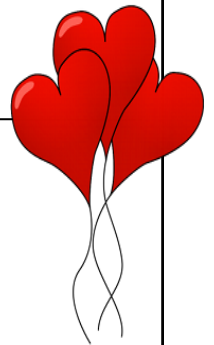
1:30pm - Afternoon Connection: Backyard Bird Watching (Gallery)

2:00pm - University of Rochester Lecture Series: Russia: from Peter the Great to Lenin with Tatyana Bakhmetyeva, Ph.D. (Highlands Community Center)

2:30pm - Help us prepare for our Music Mixer! (Activities Room)

3:45pm - Afternoon Connection: Greatest Love Letters of all time (Gallery)

6:30pm - Movie: "Valentine's Day" - Romantic Comedy (Gallery)



Friday 2/14 Valentine's Day

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Love Is in the Air Trivia (Hearth Room)

1:15pm - Poems, Quotes and Songs with Chaplain Steve Petrovich (Gallery)

2:30pm - Valentine's Day Music Mixer with Joe Naples on piano (Gallery)

3:45pm - Afternoon Connection: Valentine's Word Jumble (Activities Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)

*Happy
Valentine's
Day*

If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for

Brooklyn or 641- 6385 for Chan

Saturday 2/15

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Tai Chi with Carmen (Activities Room)
- 11:00am - Trivia: All Kinds (Hearth Room)
- 1:30pm - Pet Therapy: Come visit with our Furry Friend Gooch (Front Entryway)
- 3:00pm - Afternoon Connection: Susan B. Anthony's Birthday (Gallery)
- 4:00pm - 25th Anniversary Gala: Celebrate The Highlands' at Pittsford as we honor our 25th Anniversary. Enjoy an elegant evening of hors D'oeuvres, dinner, and entertainment with John Williams on piano (Hearth Room)
- 6:30pm - Evening Entertainment to Celebrate 25 Year Anniversary with Stand Time—Saxophone and Keyboard (Gallery)



Sunday 2/16

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Catholic Communion Service (Activities Room)
- 11:00am - Asbury First United Methodist Church live stream service (Gallery)
- 11:00am - Trivia: What do you know? (Hearth Room)
- 1:30pm - Baking: Valentine's Cookies (Activities Room)
- 3:00pm - Dice Game: Left, Right, Center (Gallery)
- 4:00pm - Join your friends in the Hearth Room for conversation before dinner

If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for Brooklyn or
641- 6385 for Chan

Monday 2/17 President's Day

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch at Tom Wahl's (Outing) To register call Chan 641-6385
- 1:30pm - Afternoon Connection: Thomas Jefferson's Monticello Vegetable Garden (Activities Room)
- 2:00pm - Presentation: History of Segregation and Racist Policy in Rochester with Shane Weigand, teacher in the Rush Henrietta Central School District (Highlands' Community Center)
- 2:30pm - Flower Arranging (Activities Room)
- 3:30pm - Trivia: Presidential "Firsts" Trivia (Gallery)
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)
- 6:30pm - Game: Shuffle Board (Activities Room)



Tuesday 2/18

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: 10 Inspirational Quotes by US First Ladies (Hearth Room)
- 11:30am - Join us for a Themed Lunch: Pizza Party (Dining Room)
- 12:40pm - Monthly Men's Group: Gather with your neighbors and Chaplain Steve Petrovich to enjoy dessert and conversation, this month's topic: What are your hobbies? (Gallery)
- 1:15pm - Worship Service with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Afternoon Connection: US Presidential Line of Succession (Activities Room)
- 2:00pm - Presentation: Amazingly Fun: The Classic Toys in the National Toy Hall of Fame with Christopher Bensch (Highlands' Community Center)
- 2:30pm - Life of the Rich and Famous: Shirley MacLaine (Gallery)
- 3:30pm - Fitness Game: Horse Shoes (Activities Room)
- 6:30pm - Art: Water coloring (Activities Room)

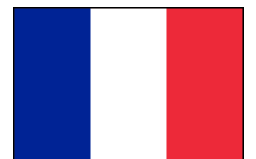
If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for Brooklyn or 641- 6385 for Chan

Wednesday 2/19

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: Inspirational News Stories (Hearth Room)
- 1:15pm - Discussion: Contemplating "What If..." (Hearth Room)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)
- 2:30pm - DVD Video: The Mediterranean Cruise Experience (Gallery)
- 3:30pm - Catholic Communion and Pray the Rosary with St. Louis Church
(Activities Room)
- 3:45pm - Afternoon Connection: Favorite Books and Authors (Hearth Room)
- 6:30pm - Game: Bingo (Gallery)
-

Thursday 2/20

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: Trivia (Hearth Room)
- 11:30am - Depart for the Eastman at Washington Square Concert: Piano
Extravaganza I (Outing) To register call Crystal 641-6345
- 1:30pm - History: People Magazine (Activities Room)
- 2:00pm - University of Rochester Lecture Series: Russia: from Peter the Great to
Lenin with Tatyana Bakhmetyeva, Ph.D.
Highlands' Community Center
- 2:30pm - Around the World Tasting: France (Activities Room)
- 3:45pm - Afternoon Connection: Love Story Sing-along (Gallery)
- 6:30pm - Movie: "The Book Thief" - Drama (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for Brooklyn or

641- 6385 for Chan

Friday 2/21

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Cranium Crunches (Hearth Room)

1:15pm - Hymn Study with Chaplain Steve Petrovich (Gallery)

2:00pm - Wine Down Friday, live entertainment with Ivanka Driankova. Enjoy complimentary refreshments, wine for purchase, and conversation (Highlands' Community Center)

3:45pm - Afternoon Connection: A Man's Best Friend—The different breeds of dogs (Gallery)

7:30pm - Watch Jeopardy with your friends! (Gallery)

Saturday 2/22

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

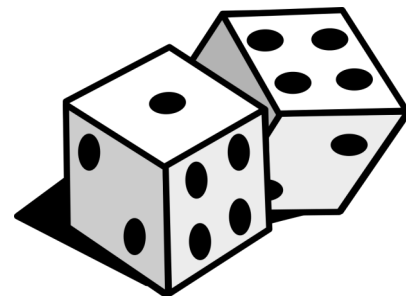
11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Dice Game: Yahtzee (Activities Room)

3:00pm - Afternoon Connection: Virtual Safari (Activities Room)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Clue" - Comedy (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for Brooklyn or

641– 6385 for Chan

Sunday 2/23

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Asbury First United Methodist Church live stream service (Gallery)

11:00am - Trivia: What do you know? (Hearth Room)

1:15pm - Depart for a Scenic Ride (Outing) To register Brooklyn 641-6350

3:00pm - Craft: Mardi Gras Masks (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

Monday 2/24

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch at Char Broil (Outing) To register call Chan 641-6385

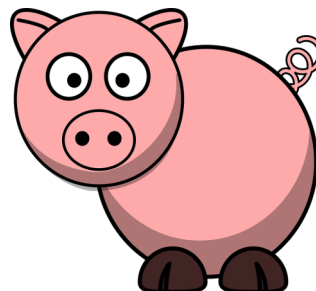
1:15pm - Afternoon Connection: Historic Churches around Rochester
(Activities Room)

2:30pm - Baking: King's Cake (Activities Room)

3:00pm - Art: Splatter Painting (Activities Room)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

6:30pm - Game: Pass the Pig (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for Brooklyn or

641– 6385 for Chan

Tuesday 2/25 Mardi Gras

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - History: Mardi Gras Festivities in New Orleans (Hearth Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Afternoon Connection: Jigsaw Puzzle (Hearth Room)
- 2:00pm - Nail Clipping (2nd Floor Spa Room)
- 2:00pm - U of R Presentation: How Do Bird Populations Go Extinct? with Nancy Chen, Ph.D. (Highlands' Community Center)
- 2:30pm - Mardi Gras Social (Hearth Room)
- 3:30pm - Resident Meeting and Food Forum (Activities Room)
- 7:00pm - Evening Entertainment with jazz vocalist Vicki Rummler, daughter of residents Ed and Marcy (Highlands' Community Center)



Wednesday 2/26

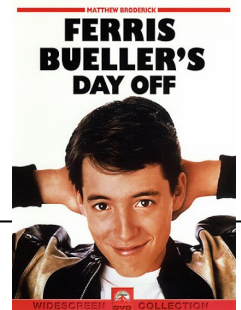
- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: Pistachio Day (Hearth Room)
- 1:15pm - Ash Wednesday Service with Chaplain Steve Petrovich. No ashes will be given at this service (Gallery)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:30pm - Crafting with Clay! (Activities Room)
- 3:30pm - Ash Wednesday Service with St. Louis Church— ashes will be given (Activities Room)
- 3:45pm - Happy Hour-Join your friends for Great Food and Sparkling Conversation! (Gallery)
- 6:30pm - Game: Wii Electronic Bowling (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for Brooklyn or
641– 6385 for Chan

Thursday 2/27

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:30am - Winter Concert: Park Road Elementary School Choral Performance. Join us after for refreshments and to visit with the kids (Highlands' Community Center)
- 10:45am - Outreach: Meet and Greet: Coffee and Donuts with Friends (Hearth Room)
- 1:30pm - Nail Painting (Activities Room)
- 2:00pm - U of R Lecture Series: Russia: from Peter the Great to Lenin with Tatyana Bakhmetyeva, Ph.D. (Highlands Community Center)
- 2:30pm - Presentation: Music & Life of Irving Berlin (Part 2) by Larry Shearer (Activities Room)
- 3:45pm - Spa Treatment: Hand Massages (Gallery)
- 6:30pm - Movie: "Ferris Bueller's Day Off" - Comedy (Gallery)



Friday 2/28

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - History: Leap Years (Hearth Room)
- 1:15pm - Sing-along Songs with Chaplain Steve Petrovich (Gallery)
- 2:30pm - Music Mixer with The Brylcreem Brothers featuring music from the 50's & 60's. (Gallery)
- 3:45pm - Afternoon Connection: the language of flowers (Hearth Room)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for Brooklyn or

641- 6385 for Chan

Saturday 2/29

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Game: Bingo (Gallery)

3:00pm - Humor: Leap Year Laughs (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Leap Year" - Romantic Comedy (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for Brooklyn or
641- 6385 for Chan