

Laurelwood at The Highlands at Pittsford



Calendar of Events

January 2020



Wednesday 1/01 Happy New Year!

10:00am - Fitness: Exercise Video (Gallery)

1:30pm - DVD Video: The I Love Lucy Show (Gallery)

3:30pm - Help yourself to a New Year's Day crossword puzzles (Gallery)

4:00pm - Join your friends in the cozy Hearth Room for conversation before dinner

6:30pm - Movie: "O Brother, Where Art Thou?" - Comedy (Gallery)



Thursday 1/02

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: Happy New Year the World Around (Gallery)

1:30pm - Art: Painting Snowmen (Activities Room)

2:30pm - Tasting: Lucky New Year's Foods (Gallery)

3:00pm - Card Game: Quiddler (Gallery)

3:45pm - Afternoon Connection: What's New in the New Year? (Hearth Room)

6:30pm - Movie: "Oklahoma" - Musical (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for

Brooklyn or 641- 6385 for Chan

Friday 1/03

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: January Gazette (Hearth Room)

1:00pm - Catholic Mass with volunteers from St. Louis Church
(Highlands' Community Center)

1:15pm - Pause for Peace with Chaplain Steve Petrovich (Gallery)

2:30pm - Music Mixer with Tom Dunn featuring guitar (Gallery)

3:45pm - Afternoon Connection: J. R. R. Tolkien (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)

Saturday 1/04

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Pet Therapy: Come visit with our Furry Friend Gooch (Front Entryway)

3:00pm - Game: Shuffle Board (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "The Greatest Show on Earth"- Drama (Gallery)



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Sunday 1/05

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

12:45pm - Football Game and refreshments (Gallery)

1:30pm - Game: Bingo (Gallery)

3:00pm - Afternoon Connection: The Golden Globes (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner



Monday 1/06

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch at Colies Café (Outing) TO register call Crystal
641-6345

1:15pm - History: Ellis Island (Gallery)

2:00pm - U of R: Presentation: Harmful Algae Blooms - what is it? what can we
do about it? with Joel Pasternack, MD, PhD.
(Highlands' Community Center)

2:30pm - Afternoon Connection: Mozart's Birthday (Gallery)

3:00pm - Creative Card Making: Help us make cards to honor our Admin Team!
(Activities Room)

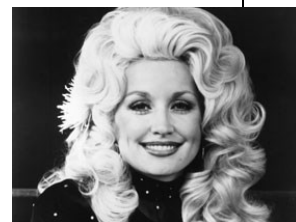
4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

6:30pm - Game: Wii Electronic Bowling (Gallery)

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Tuesday 1/07

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: Star of the Month – Dolly Parton (Gallery)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Afternoon Connection: Visit with the Book Cart – Staff will bring the cart to each apartment, please take a book to read and enjoy!
- 2:00pm - Presentation: Family Matters with story teller Jay Stetzer
(Highlands' Community Center)
- 2:30pm - Game: Modern Jeopardy Trivia (Gallery)
- 3:30pm - Afternoon Connection: Alcatraz Becomes Federal Prison (Gallery)
- 7:00pm - Evening Entertainment Laura Dubin featuring instrumental jazz
(Highlands' Community Center)
- 7:30pm - Jeopardy's Tournament of Champions begins on NBC (Gallery)



Wednesday 1/08

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: Argyle Fashion (Hearth Room)
- 1:15pm - Afternoon Connection: Comedian Soupy Sales (Gallery)
- 2:00pm - Crosswords with Larry Shearer (Activities Room)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Happy Hour-Join your friends for Great Food and Sparkling Conversation! (Gallery)
- 6:30pm - Baking: Peppermint Crunch Cookies (Gallery)

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Thursday 1/09

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: Dear Abby (Hearth Room)
- 1:30pm - Hidden Pictures (Hearth Room)
- 2:00pm - Presentation: Managing Healthcare Expenses in Retirement presented by financial advisors from Legacy Financial Planning (Highlands' Community Center)
- 3:00pm - Afternoon Connection: The most Famous and Expensive Paintings in the World (Gallery)
- 3:45pm - Game: Word Jumble (Hearth Room)
- 6:30pm - Movie: "The Parent Trap" - Comedy (Gallery)
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Friday 1/10

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - Morning Connection: News of the Day (Hearth Room)
- 1:15pm - Hymn Study with Chaplain Steve Petrovich (Gallery)
- 2:30pm - Music Mixer with The Upton Groove Acoustic Jazz Duo (Gallery)
- 3:15pm - Afternoon Connection: The Texas Oil Boom (Hearth Room)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)



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Saturday 1/11

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Armchair Travel: Madagascar (Activities Room)

3:00pm - Afternoon Connection: Milk Bottles over the years (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "The Parent Trap II" - Comedy (Gallery)

Sunday 1/12

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Afternoon Entertainment - New Year Concert by The Sunstone,
piano and violin (Highlands' Community Center)

3:00pm - Social: Hot Tea (Gallery)

3:00pm - Football Game and refreshments (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner



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Monday 1/13

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch at Wegman's Pub (Outing) To register call Crystal 641-6345
- 1:15pm - Game: Apples to Apples (Gallery)
- 2:00pm - U of R Presentation: Visual Brain Plasticity with Dujie Tadin, PhD, Professor of Brain & Cognitive Sciences, Ophthalmology, and Neuroscience
(Highlands' Community Center)
- 2:30pm - Afternoon Connection: The life of the Rich and Famous: The Royal British Family and their homes (Activities Room)
- 3:00pm - Health Benefits: Drinking Coffee (Gallery)
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)
- 6:30pm - Craft: Tissue Paper Trees (Gallery)



Tuesday 1/14

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: Inspirational News Stories (Hearth Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Game: Memory Match (Activities Room)
- 2:00pm - Nail Clipping (2nd Floor Spa Room)
- 2:00pm - U of R Presentation: Estimating Ocean Methane Emissions using Observations and Machine Learning with Assistant Professor Thomas Weber, Ph.D.
(Highlands' Community Center)
- 2:30pm - Winter Flower Arranging (Activities Room)
- 3:30pm - Discussion and TV Clips: Best Female Reporters of all time (Gallery)
- 6:30pm - Game: Bingo (Gallery)

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Wednesday 1/15

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Short Story: Big Mystery in Small Town Texas (Hearth Room)
- 1:15pm - Game: True or False (Gallery)
- 2:00pm - Afternoon Connection: Homemade Strawberry Ice Cream Day! Join us to make our own homemade ice cream (Activities Room)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 3:30pm - Catholic Communion & Pray the Rosary with St. Louis Church (Activities Room)
- 3:45pm - Scavenger Hunt: Elvis Is in the Building! (Gallery)
- 6:30pm - Game: Dominoes (Gallery)
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Thursday 1/16

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Discussion: What the year 2020 brings (Hearth Room)
- 1:15pm - Afternoon Connection: Beer Cans (Gallery)
- 2:00pm - Nail Painting (Activities Room)
- 3:00pm - History: Fig Newton's (Gallery)
- 3:45pm - Game: What am I? (Gallery)
- 6:30pm - Movie: "Ray" - Drama (Gallery)



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Friday 1/17

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Futuristic Friday (Hearth Room)

1:15pm - Poems, Quotes, and Songs with Chaplain Steve Petrovich (Gallery)

2:00pm - Wine Down Friday, live entertainment with Casey Costello—Singer and accompanied by a pianist. Enjoy complimentary refreshments, wine for purchase, and conversation (Highlands' Community Center)

3:45pm - Afternoon Connection: Benjamin Franklin Day— learn about his inventions and humorous quotes (Gallery)

7:30pm - Watch Jeopardy with your friends! (Gallery)

Saturday 1/18

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - History: Nicknames of Countries (Gallery)

3:00pm - Afternoon Connection: National Tulip Day in Holland (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "The Apartment" - Romantic Classic (Gallery)



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Sunday 1/19

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
10:30am - Catholic Communion Service (Activities Room)
11:00am - Trivia: What do you know? (Hearth Room)
1:30pm - Baking: Blueberry Muffins (Gallery)
3:00pm - Game: Name the old Hollywood Actors (Hearth Room)
3:00pm - Football Game and refreshments (Gallery)
4:00pm - Join your friends in the Hearth Room for conversation before dinner
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Monday 1/20 Martin Luther King Jr. Day

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
10:00am - Fitness: Exercise Video (Gallery)
10:45am - Depart for lunch at Landmark Diner (Outing) To register call Crystal
641-6345
1:15pm - Discussion: From Selma to Montgomery (Gallery)
2:00pm - U of R Presentation: Inside Out: How Physics has Revolutionized
Medical Imaging with Professor Scott Carney Ph.D.
(Highlands' Community Center)
2:30pm - Craft: Doves of Peace (Gallery)
3:00pm - Afternoon Connection: Letter from Birmingham Jail (Gallery)
4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)
6:30pm - Game: Pokeno (Gallery)



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Tuesday 1/21

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Humor: Funny Bones (Hearth Room)
- 12:40pm - Monthly Men's Group: Gather with your neighbors and Chaplain Steve Petrovich to enjoy dessert and conversation, this month's topic: Time Travel (Gallery)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Discussion: Winter Blues (Hearth Room)
- 2:00pm - Presentation: Buffalo Soldiers with Danny Wyatt, Color Guard Members and Bing Reaves, for the Veterans of Foreign Wars Post 9251 (Highlands' Community Center)
- 2:15pm - Around the World Tasting: Inspired foods from Madagascar (Gallery)
- 3:30pm - Resident Meeting and Food Forum (Activities Room)
- 6:30pm - Game: Roll a Snowman (Gallery)
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Wednesday 1/22

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: This Day in History (Hearth Room)
- 1:15pm - Art: Clay Modeling (Gallery)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:30pm - Afternoon Connection: Old Wives' Tales (Gallery)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Happy Hour-Join your friends for Great Food and Sparkling Conversation! (Gallery)
- 6:30pm - Game: Rumi cube (Gallery)



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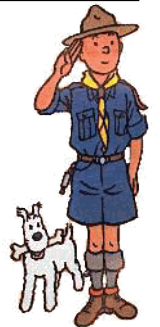
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Thursday 1/23

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: Mind Stretchers (Hearth Room)
- 1:30pm - Game: Famous Movie Quotes (Gallery)
- 2:00pm - U of R Course: Russia: from Peter the Great to Lenin with Tanya Bakhmetyeva, Ph.D. (Highlands' Community Center)
- 2:30pm - Presentation: Music & Life of Irving Berlin (Part 1) with Larry Shearer (Activities Room)
- 3:45pm - Afternoon Connection: Release of Iran Hostages (Hearth Room)
- 6:30pm - "Martin Luther King, Jr.: The Man and the Dream" - Documentary (Gallery)
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Friday 1/24

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - History: Boy Scouts (Hearth Room)
- 1:15pm - Hymn Study with Chaplain Steve Petrovich (Gallery)
- 2:00pm - Music Mixer with Dick Leshhorn—Singer and keyboard (Gallery)
- 3:15pm - Word Game: Crosswords (Hearth Room)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)



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Saturday 1/25

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

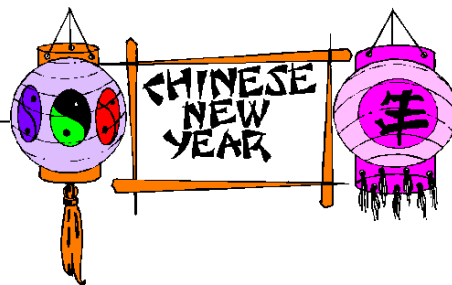
11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Game: Bingo (Gallery)

3:00pm - Afternoon Connection: Chinese New Year (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: Movie: "Radio"- Sports Drama (Gallery)



Sunday 1/26

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Afternoon Connection: Foods of the World (Gallery)

3:00pm - Game: Wii Electronic Bowling (Gallery)

3:00pm - Football Game and refreshments (Hearth Room)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

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Monday 1/27

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch at Red Lobster (Outing) To register call Crystal
641-6345
- 1:15pm - Food For Thought – Texan Treats (Gallery)
- 2:00pm - Afternoon Connection: Bracelet Making (Activities Room)
- 2:30pm - Discussion: Famous Poets (Gallery)
- 3:00pm - Fitness: Putting Green (Gallery)
- 4:00pm - “Mocktail Party” join your friends for mock-aperitif! (Hearth Room)
- 6:30pm - Game: What's in the bag? (Gallery)
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Tuesday 1/28

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: Tex Ritter and Texas Tunes (Gallery)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Game: Guess Who? (Hearth Room)
- 2:00pm - Nail Clipping (2nd Floor Spa Room)
- 2:00pm - Presentation: Traveling the Erie Canal through Postcards with Frank
Sadowski, former University of Rochester librarian (Highlands' Community Center)
- 2:30pm - Social: Root Beer Floats (Gallery)
- 3:30pm - Afternoon Connection: The year 2000 (Hearth Room)
- 6:30pm - Game: Scrabble (Gallery)

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Wednesday 1/29

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: Who invented the Snow Globe? (Hearth Room)
- 1:00pm - Depart for Geva Theatre: *Slow Food (Outing)* To register call Crystal 641-6345
- 1:30pm - Nail Painting (Activities Room)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:30pm - Word Game: Concentration Puzzles (Gallery)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Afternoon Connection: Winter Sing-along (Gallery)
- 6:30pm - Craft: Snow Globes (Gallery)



Thursday 1/30

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Mystery Murder Movie Lunch– “The Unexpected Guest” By Agatha Christie (Activities Room)
- 1:30pm - Afternoon Connection: What plants can survive in the Winter (Gallery)
- 2:00pm - U of R Lecture Series: Russia: From Peter the Great to Lenin with Tanya Bakhmetyeva, Ph.D (Highlands' Community Center)
- 3:00pm - Game: Yahtzee (Gallery)
- 3:45pm - Conversation Starter: Football and the Super Bowl! (Gallery)
- 6:30pm - Movie: “Overboard”- Comedy (Gallery)

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Friday 1/31

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Coca-Cola Trademark (Hearth Room)

1:15pm - Sing-along with Chaplain Steve Petrovich (Gallery)

2:30pm - Music Mixer with Hanna and the Blue Hearts—piano, vocals and drums (Gallery)

3:15pm - Afternoon Connection: Hidden Pictures (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)



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All Activities are lead by our Life Enrichment team members unless
noted otherwise.