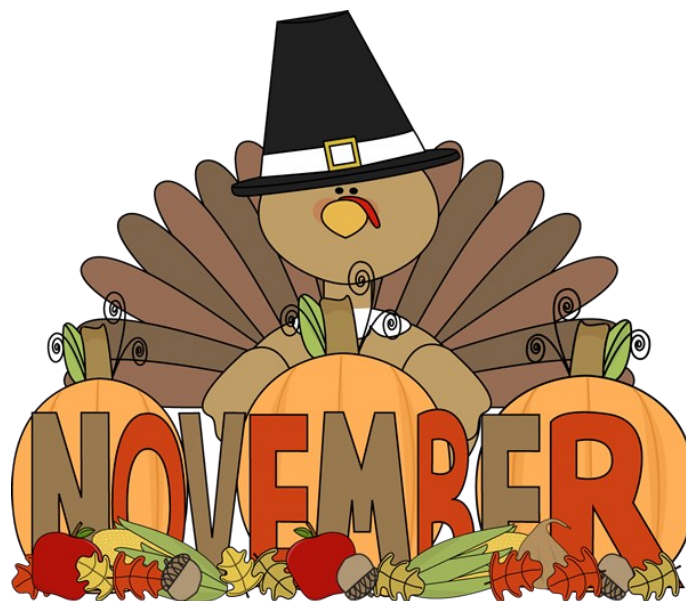


Laurelwood at The Highlands at Pittsford

THE HIGHLANDS
AT PITTSFORD
LAURELWOOD

Calendar of Events

November 2019



Friday 11/01

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - Morning Connection: November Gazette (Hearth Room)
- 1:00pm - Catholic Mass with volunteers from St. Louis Church
(Highlands' Community Center)
- 1:15pm - Pause for Peace with Chaplain Steve Petrovich (Gallery)
- 2:30pm - Music Mixer with Tom and Peg featuring piano and guitar (Gallery)
- 3:45pm - Afternoon Connection: Hidden Pictures (Hearth Room)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)



Saturday 11/02 Daylights Savings Time: Turn your clocks back 1 hour before going to bed

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Tai Chi (Activities Room)
- 11:00am - Trivia: All Kinds (Hearth Room)
- 1:30pm - Arm Chair Travel: Wales, England (Activities Room)
- 3:00pm - Afternoon Connection: First Scheduled Radio Broadcast (Hearth Room)
- 4:00pm - Join your friends in the Hearth Room for conversation before dinner
- 6:30pm - Movie: "Gentleman Prefer Blondes" - Romantic Comedy (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for
Brooklyn or 641– 6385 for Chan

Sunday 11/03

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)
- 10:30am - Catholic Communion Service (Activities Room)
- 11:00am - Trivia: What do you know? (Hearth Room)
- 12:45pm - Football Game and refreshments (Gallery)
- 1:30pm - Craft: Turkey Wreath (Gallery)
- 3:00pm - Afternoon Connection: Body Ritual Among the Nacirema of the American Society (Gallery)
- 4:00pm - Join your friends in the Hearth Room for conversation before dinner



Monday 11/04

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch at Monroe's (Outing) To register call Chan 641-6385
- 1:15pm - Community Outreach: Help us write letters to our Deployed Service Men and Woman! (Activities Room)
- 2:00pm - U of R Lecture: Aging and Engaging: Behavioral Strategies to Promote Social Engagement in Later Life with Kim Van Ordan Ph.D
(Highlands' Community Center)
- 2:30pm - Dice Game: Left, Right, Center (Gallery)
- 3:00pm - Music Therapy Students from Nazareth College Entertain us with their many talents, Join the Sing-A Long !!! (Gallery)
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)
- 7:00pm - "UR" Live with Eastman concert series: Broken Bones Quartet. The quartet members, Chase Gasko, Dillon Downey, Lauren Rudzinkas, and Sophie Volpe, are members of the trombone studio at Eastman (Highlands' Community Center)

If you have any questions please dial 641- 6345 for Crystal, 641- 6350 for Brooklyn or 641- 6385 for Chan

Tuesday 11/05 Election Day, voting at The Highlands' Music Room

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Election Day: It's your turn to vote! (Meet near elevator)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Word Game: November Jumble (Hearth Room)
- 2:00pm - U of R Lecture Series: Current Water Issues: Great Lakes Report Card with Karen Berger, Ph.D (Activities Room)
- 2:30pm - Game: Mystery Bingo (Gallery)
- 3:45pm - Discuss & Recall: Your vote Counts! The election (Hearth Room)
- 6:00pm - Music Therapy Students from Nazareth College Entertain us with their many talents, Join the Sing-A Long !!! (Gallery)
- 7:00pm - Evening Entertainment with Hanna and the Blue Hearts Duo featuring piano, vocals, and drums (Highlands' Community Center)



Wednesday 11/06

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: Cranium Crunches (Hearth Room)
- 1:15pm - Game: Pass the Pig (Gallery)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:00pm - History: Thanksgiving (Hearth Room)
- 2:30pm - Afternoon Connection: Hand Massages (Gallery)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Word Game: Concentration Puzzles (Gallery)
- 6:30pm - Game: Wii Electronic Bowling (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for Brooklyn or 641– 6385 for Chan

Thursday 11/07

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Resident Meeting (Activities Room)

1:15pm - Trivia: Music (Gallery)

2:30pm - Crosswords with Larry Shearer (Activities Room)

2:45pm - Game: Finish the Line (Gallery)

3:45pm - Afternoon Connection: First Congresswoman (Hearth Room)

6:30pm - Movie: "Green Book" - Drama (Gallery)



Friday 11/08

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Current Events: Holiday Season (Hearth Room)

1:15pm - Hymn Study with Chaplain Steve Petrovich (Gallery)

1:30pm - Fitness: Walking Group (Meet near elevator)

2:30pm - Music Mixer with Standard Time Duo featuring piano and saxophone (Gallery)

3:45pm - Game: Wit & Wisdom (Gallery)

7:30pm - Watch Jeopardy with your friends! (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for
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Saturday 11/09

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Pet Therapy: Come visit with our Furry Friend Gooch (Front Entryway)

3:00pm - Fitness: Balloon Tennis (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "The Music Man" - Musical (Gallery)

Sunday 11/10

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

12:45pm - Football Game and refreshments (Gallery)

1:15pm - Game: Bingo (Gallery)

3:00pm - Word Game: Veteran's Day Crossword (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner



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Monday 11/11 Veterans Day



9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch at Panera Bread (Outing) To register call Chan
641-6385

1:15pm - Veterans Day at The White House (Gallery)

2:00pm - Visit our Veteran's Day Display (Meet at elevator)

2:30pm - Afternoon Connection: Inspirational News Stories (Hearth Room)

3:00pm - Music Therapy Students from Nazareth College Entertain us with their many talents, Join the Sing-A Long !!! (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

6:30pm - Creative Card Making: Thanksgiving Cards (Gallery)

Visit the Veteran's Day Board Display in the Lilac Shoppe & Bistro Hallway

Tuesday 11/12

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking Group (Meet near elevator)

11:00am - Thanksgiving Tradition: When You Wish Upon a Bone (Hearth Room)

12:00pm - Join us for a Themed Lunch: England Style! (Dining Room)

1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)

1:30pm - Afternoon Connection: Jigsaw Puzzle (Hearth Room)

2:00pm - Nail Clipping (2nd Floor Spa Room)

2:00pm - U of R Lecture Series: Current Water Issues: Groundwater
Challenges with Karen Berger, Ph.D. (Highlands' Community Center)

2:30pm - Baking: Pumpkin Chocolate Bread (Activities Room)

3:30pm - Game: Name that Tune (Gallery)

6:00pm - Music Therapy Students from Nazareth College Entertain us with their many talents, Join the Sing-A Long !!! (Gallery)

6:45pm - Game: Dominoes (Gallery)

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Wednesday 11/13

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Kitchen Tour - Meet outside Lilac Shop
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Game: Would you, Could you, Have you? (Hearth Room)
- 12:00pm - Join us for a Birthday Celebration with Fred Vine—guitar and vocals (Dining Room)
- 12:30pm - Depart for Geva Theatre: The Niceties (Outing) To register call Chan 641-6385
- 1:15pm - Afternoon Connection: English Royals - The next Generation (Gallery)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)
- 2:30pm - Nail Painting (Gallery)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Happy Hour-Join your friends for Great Food and Sparkling
Conversation! (Gallery)
- 6:30pm - Craft: Pumpkin Centerpieces (Gallery)
-

Thursday 11/14

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: Coffee & Talk Hour (Hearth Room)
- 1:30pm - Flower Arranging (Activities Room)
- 2:30pm - Food For Thought: Dave's Killer Bread - A Story of Second Chances (Gallery)
- 3:00pm - DVD Video: Discovering England (Gallery)
- 3:45pm - Card Game: Uno (Gallery)
- 6:30pm - Movie: "Julie and Julia" - Comedy (Gallery)

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Friday 11/15

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Pumpkin goes in almost everything!
(Hearth Room)



1:15pm - Poems, Quotes and Songs with Chaplain Steve Petrovich (Gallery)

1:30pm - Game: Sorry (Hearth Room)

2:30pm - Wine Down Friday, live entertainment with The Uptown Groove, Jazz Duo (Highlands' Community Center)

3:45pm - Afternoon Connection: What England is known for (Gallery)

7:30pm - Watch Jeopardy with your friends! (Gallery)

Saturday 11/16

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:15pm - Depart for a Scenic Ride (Outing) To register call Chan 641-6385

3:00pm - Word Game: Mixed up Thanksgiving (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "The Help" - Drama (Gallery)

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641– 6385 for Chan

Sunday 11/17

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

12:45pm - Football Game and refreshments (Gallery)

1:30pm - Game: Bingo (Gallery)

3:00pm - Afternoon Connection: Humor in Mugs (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

Monday 11/18

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch at Favo– Pizza (Outing) To register call Chan 641-6385

1:15pm - Game: A-Mazing Cornucopia Maze (Gallery)

2:00pm - U of R Presentation: Listening to the Space Race with Gabrielle Cornish,
Ph.D Candidate (Highlands Community Center)

2:00pm - Fun Facts: Thanksgiving Pies!! (Activities Room)

2:30pm - Afternoon Connection: Winter Fashion– What's trending (Gallery)

3:00pm - Music Therapy Students from Nazareth College Entertain us with their
many talents, Join the Sing-A Long !!! (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

6:30pm - Game: Scrabble (Gallery)



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Tuesday 11/19

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: News of the Day (Hearth Room)
- 12:40pm - Men's Group: Gather with your neighbors, Chaplain Steve Petrovich, and enjoy dessert and conversation! (Gallery)
- 1:15pm - Worship Service with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Game: Word Sweep (Gallery)
- 2:00pm - U of R Lecture Series: Current Water Issues: Water Privatization with Karen Berger, Ph.D. (Highlands' Music Room)
- 2:30pm - Cooking: Help us prepare for our Music Mixer! (Activities Room)
- 3:45pm - Afternoon Connection: Table Talk (Gallery)
- 6:00pm - Music Therapy Students from Nazareth College Entertain us with their many talents, Join the Sing-A Long !!! (Gallery)
- 7:00pm - Evening Entertainment with Joe Miltsch featuring keyboard (Gallery)



ANTIQUES
ROADSHOW®

Wednesday 11/20

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: Popular Sayings and their meanings (Hearth Room)
- 1:15pm - Depart for shopping at Big Lots (Outing) To register call Brooklyn 641-6350
- 1:30pm - Afternoon Connection: Short Story: To Granddaughter's House We Go (Gallery)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:30pm - Antique Road Show: Come bring your treasure to share! (Gallery)
- 3:30pm - Catholic Communion & Pray the Rosary with St. Louis Church (Activities Room)
- 3:45pm - Art: Water colors (Gallery)
- 6:30pm - Game: Are you Smarter than a Fifth Grader (Gallery)

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641– 6385 for Chan

Thursday 11/21

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: Thanksgiving Scavenger Hunt (Gallery)

1:15pm - History: Niagara Falls (Gallery)

2:30pm - Around the World Tasting: Tastings of England (Activities Room)

3:45pm - Afternoon Connection: "The Famous Duet" (Gallery)

6:30pm - Movie: "Catch me if you can" - Crime Drama (Gallery)

Friday 11/22

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Famous Artist Georgia O'Keefe (Gallery)

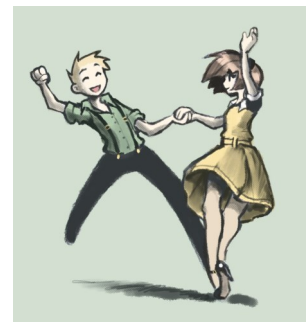
1:15pm - Hymn Study with Chaplain Steve Petrovich (Gallery)

1:30pm - Game: Ring Toss (Activities Room)

2:30pm - Music Mixer with Terry Kurtz featuring swing music, vocals, and keyboard (Gallery)

3:45pm - Afternoon Connection: Puttin' On the Ritz Day (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)



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Saturday 11/23

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Discussion: Letters between Abigail Adams and President John Adams (Gallery)

3:00pm - Game: Wheel of Fortune (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "The In Laws"- Comedy (Gallery)



Sunday 11/24

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

12:45pm - Football Game and refreshments (Gallery)

1:30pm - Afternoon Entertainment from the Elizabeth Kinney School, ages 5-14
years performing with variety of instruments
(Highlands' Community Center)

3:00pm - Fitness: Horseshoes (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

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641– 6385 for Chan

Monday 11/25

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch at Olive Garden (Outing) To register call Chan
641-6385

1:15pm - Game: Celebrity Birthday's (Gallery)

2:00pm - Presentation: From 1950's TV camera to today's cell phone camera:
How did we get from there to here, with Highlands Resident Peter
Dillon (Highlands' Community Center)

2:30pm - Game: Thanksgiving Price Is Right (Activities Room)

3:30pm - Fun Facts: Turkey (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

6:30pm - Current Events: Holiday Season (Gallery)

Tuesday 11/26 Annual Bake Sale and Holiday Bazaar!

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking Group (Meet near elevator)

11:00am - Join us to go buy some goodies at The Highlands Bake Sale and to
check out local vendors! (Meet at elevator)

1:15pm - Holiday Remembrance Gathering with Chaplain Steve Petrovich. Coping
with loss during the holiday season can be difficult. Share your
thoughts and honor the memory of your loved one (Gallery)

1:30pm - Afternoon Connection: Hidden Pictures (Activities Room)

2:00pm - Nail Clipping (2nd Floor Spa Room)

2:30pm - Presentation: Tony Bennett Duets with Larry Shearer (Activities Room)

3:45pm - Discussion: What are you most thankful for (Hearth Room)

6:30pm - Game: Pictionary (Gallery)



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Wednesday 11/27

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:15am - Humor: Turkey Ticklers (Hearth Room)

1:15pm - Art: How to Draw a Turkey (Gallery)

There is no Highlands' Chorus Practice today.

2:00pm - Slide Show: Macy's Thanksgiving Parade most Famous Balloons (Gallery)

2:30pm - Nail Painting (Gallery)

3:30pm - Catholic Communion with St. Louis Church (Activities Room)

3:45pm - Happy Hour-Join your friends for Great Food and Sparkling Conversation! (Gallery)

6:30pm - Game: Thanksgiving Bingo (Gallery)



Thursday 11/28 Happy Thanksgiving

9:00am - Watch 90th Annual Macy's Thanksgiving Day Parade with your friends on Channel 10 NBC (Gallery)

10:30am - Word Game: Thanksgiving Mix Up (Gallery)

12:30am - Thanksgiving Tradition-Enjoy a football game on Fox Channel 31: The Chicago Bears vs. The Detroit Lions. Enjoy some snacks and cheer for your team! (Gallery)

3:45pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "An Old Fashioned Thanksgiving" (Gallery)

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Friday 11/29

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Black Friday (Hearth Room)

1:15pm - Harvest Sing—along with Chaplain Steve Petrovich (Gallery)

1:30pm - Word Game: Crosswords (Hearth Room)

2:30pm - Music Mixer with George DeMott featuring Opera and Classical Broadway (Gallery)

3:45pm - Afternoon Connection: D- Day (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)

Saturday 11/30

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Depart for a Mystery Ride (Outing) To register call Chan 641-6385

3:00pm - Game: Wii Electronic Bowling (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Tea with the Dames" - Documentary (Gallery)



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