

Laurelwood at The Highlands at Pittsford



Calendar of Events

December 2019



Sunday 12/01

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

12:45pm - Football Game and refreshments (Gallery)

1:30pm - Craft: Paper Plate Wreaths (Activities Room)

3:00pm - Game: Bingo (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

Monday 12/02

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: December Gazette (Hearth Room)



Joy to the World!

1:15pm - Depart for Christmas Caroling at the Highlands Living Center to spread some goodwill and holiday cheer to our friends on campus! (Outing) To register call Crystal 641-6345

1:30pm - Card Game: Uno (Gallery)

2:00pm - Asbury Frist Service "Lessons and Carols" and communion. All are Welcome (Highlands' Music Room)

2:30pm - Decorating Gingerbread Houses (Activities Room)

3:00pm - Afternoon Connection: Charles Ringling (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

7:00pm - Evening Entertainment with Rochester Rhapsody Women's Acapella Group (Highlands' Music Room)

If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for

Brooklyn or 641– 6385 for Chan

Tuesday 12/03

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 10:45am - Decorating our Laurelwood Christmas Tree (Gallery)
- 1:15pm - Bible Study with guest Chaplain Jim Grobe (Gallery)
- 1:30pm - Word Game: Holiday Matching (Activities Room)
- 2:00pm - Presentation: Hal Prince- Prince of Broadway with Bob Sagan, theatre educator and Broadway enthusiast (Highlands' Community Center)
- 2:30pm - Fun Facts: First Ford Model A (Gallery)
- 3:30pm - Afternoon Connection: Santa Tracker (Gallery)
- 6:30pm - Game: Wii Electronic Bowling (Gallery)
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Wednesday 12/04

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: December Weather (Hearth Room)
- 1:15pm - Game: You be the Judge (Gallery)
- 2:00pm - Presentation: Successful Cognitive Aging with Kaylin Cottone, Human subject research coordinator at the University of Rochester (Highlands' Community Center)
- 2:30pm - Craft: Popsicle sticks Christmas tree (Gallery)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Afternoon Connection: Christmas Bird Count (Gallery)
- 6:30pm - Game: Shuffle Board (Gallery)

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Thursday 12/05

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: Christmas Seals (Hearth Room)
- 1:30pm - Baking: Mr. Fritz Homemade Applesauce Demonstration
(Activities Room)
- 2:00pm - U of R Presentation: Looking for Dark Matter with Frank Wolfs Ph.D.
professor, Department of Physics and Astronomy
(Highlands' Community Center)
- 3:00pm - Game: Rummikub (Activities Room)
- 3:45pm - Afternoon Connection: Why is the Bermuda Triangle called the
Bermuda Triangle? (Hearth Room)
- 6:30pm - Movie: "National Lampoon's Christmas Vacation" - Comedy (Gallery)



Friday 12/06

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - Morning Connection: News of the Day (Hearth Room)
- 1:00pm - Catholic Mass with volunteers from St. Louis Church
(Highlands' Community Center)
- 1:15pm - Afternoon Connection: The year 1942 (Gallery)
- 2:00pm - Music Mixer with Ivanka Driankova—classical piano (Gallery)
- 3:15pm - DVD Video: Trilogy of Rochester Memories (Gallery)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)

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Saturday 12/07

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

2:00pm - Afternoon Entertainment: Holiday Piano Concert with the Kate Bohonas Piano Studio (Gallery)

3:00pm - Reminisce: Pearl Harbor (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Holiday Inn"- Musical (Gallery)

Sunday 12/08

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

12:45pm - Football Game and refreshments (Gallery)

1:30pm - Game: Bingo (Gallery)

3:00pm - Afternoon Connection: Remembering Boys' Toys (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner



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Monday 12/09

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch at Chammps (Outing) To register call Crystal 641-6345
- 1:15pm - Game: What's Red and White and Very Light?
(Hearth Room)
- 2:00pm - Afternoon Connection: What to be Thankful for (Gallery)
- 2:30pm - Slide Show: Disney through the years (Gallery)
- 3:00pm - Fitness: Putting Green (Gallery)
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)
- 6:30pm - Game: Left, Right, Center Dice Game (Gallery)
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Tuesday 12/10

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: Star of the Month – Cicely Tyson (Hearth Room)

No program with Chaplain Steve Petrovich today.

- 1:15pm - Depart for the George Eastman House Sweet Creations Gingerbread display (Outing) To register call Crystal 641-6345
- 2:00pm - Nail Clipping (2nd Floor Spa Room)
- 2:30pm - Around the World Tasting: Egypt (Activities Room)
- 3:45pm - Discussion: Flowers of December (Hearth Room)
- 7:00pm - "UR" Live with Eastman concert series: Terry Dunphy Jazz Trio, the trio members, Stephen Parisi on bass, Dana Wendel on drums, and Terry Dunphy featuring the piano (Highlands' Community Center)



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Wednesday 12/11

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:30am - Depart for Live from Hochstein Concert: Madrigalia: A Cup of Good Cheer (Outing) To register call Crystal 641-6345
- 1:15pm - Game: Name 10 (Gallery)
- 2:00pm - The Pittsford Highlands chorus performance: Holiday Joys. Come support your neighbors! (Highlands' Community Center)
- 2:30pm - Card Making: Christmas Cards (Gallery)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Happy Hour-Join your friends for Great Food and Sparkling Conversation! (Gallery)
- 6:30pm - Craft: Holiday Ornament Painting (Gallery)



Thursday 12/12

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: Concentration Puzzles (Gallery)
- 1:15pm - Community Outreach: Visit with Caulkins Road Middle School— Help us write "Letters to Santa" (Activities Room)
- 2:30pm - Sentimental Journey DVD: America's Heritage (Gallery)
- 3:00pm - Nail Painting (Activities Room)
- 3:45pm - Game: Christmas Wheel of Fortune (Hearth Room)
- 4:00pm - Holiday sing-along with accompanist Frank Herkimer and social. Song lyrics will be provided (Highlands' Community Center)
- 6:30pm - Movie: "White Christmas" - Classic (Gallery)

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Friday 12/13

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: The Old Holiday Traditions of the Sibley Building
(Hearth Room)

No program with Chaplain Steve Petrovich today.

2:30pm - Music Mixer with Beata Golic—Holiday performance featuring piano
(Gallery)

3:45pm - Game: Hidden Pictures (Gallery)

7:30pm - Watch Jeopardy with your friends! (Gallery)



Saturday 12/14

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

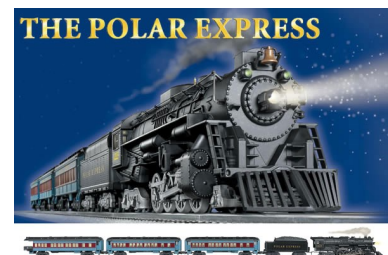
11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Arm Chair Travel: Egypt (Activities Room)

3:00pm - Game: Are you Smarter than a Fifth Grader (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "The Polar Express" - Family (Gallery)



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Sunday 12/15

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

12:45pm - Football Game and refreshments (Gallery)

1:30pm - Afternoon Entertainment with Lyric Voices— Show Choir performing their Holiday Show: Christmas Radio Through the Years

(Highlands' Community Center)

3:00pm - Game: Pictionary (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

Monday 12/16

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: Battle of the Bulge (Hearth Room)

1:15pm - Table Talk: Woman in History (Gallery)

2:00pm - Game: Guess this Movie! Come watch short clips of your favorite movies and take your guess (Gallery)

3:00pm - Humor: Humorist's Holiday Hilarities (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

6:30pm - Game: Yahtzee (Gallery)



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Tuesday 12/17

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Discussion: The Best Christmas movies (Hearth Room)
- 12:40pm - Men's Group: Gather with your neighbors, Chaplain Steve Petrovich, and enjoy dessert and conversation! (Gallery)
- 1:00pm - Depart for shopping at Dollar Store (Outing) To register call Crystal 641-6345
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Afternoon Connection: Junk Drawer Detective (Hearth Room)
- 2:15pm - Baking: Decorating Christmas Cookies (Activities Room)
- 3:30pm - Resident Meeting (Activities Room)
- 7:00pm - Evening Entertainment with Mendon Strings Attached -violin, viola, cello, and bass (Highlands' Community Center)



Wednesday 12/18

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: Coffee Klatch (Hearth Room)
- 1:30pm - Winter Flower Arranging (Activities Room)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:30pm - Art: Wintery Night Painting (Gallery)
- 3:30pm - Catholic Communion & Pray the Rosary with St. Louis Church (Activities Room)
- 3:45pm - Afternoon Connection: Inspirational Holiday Stories (Gallery)
- 6:30pm - Game: Bingo (Gallery)

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Thursday 12/19

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Humor: Laughter is the Best Medicine for the Holidays (Hearth Room)
- 1:30pm - Discussion: The story of Ebenezer Scrooge (Gallery)
- 2:00pm - U of R Presentation: How Do Bird Populations Go Extinct? with Nancy Chen, PhD, Department of Biology (Highlands' Community Center)
- 2:30pm - Game: Christmas Auction! Join the fun and bid on some of your favorites! (Gallery)
- 3:00pm - Word Game: Word Search (Gallery)
- 3:45pm - Afternoon Connection: Harmonious Holiday Hand Massages (Gallery)
- 6:30pm - Movie: "Christmas with the Kranks" - Comedy (Gallery)
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Friday 12/20

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - Morning Connection: Health benefits of Chestnuts (Hearth Room)
- 1:15pm - Christmas Worship with guest Chaplain Jim Grobe (Gallery)
- 2:30pm - Wine Down Friday, live entertainment with Brad Batz Jazz Duo. Enjoy complimentary refreshments, wine for purchase, and conversation (Highlands' Community Center)
- 3:45pm - Game: Wii Electronic Bowling (Gallery)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)



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Saturday 12/21 First day of Winter

9:00am - How's your day going? Greeting (Dining Room & Library Area)

9:00am-11:00am - Join us for our Annual Resident & Family Holiday Party! Get your Picture taken with Santa, enjoy the sounds of the strolling carolers & have fun with friends during a beautiful Brunch Buffet!

(Highlands' Dining Room)



10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Pet Therapy: Come visit with our Furry Friend Gooch (Front Entryway)

3:00pm - Short Story: Yes, Virginia, This Editorial Endures (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "It's a Wonderful Life" - Classical (Gallery)

Sunday 12/22 Hanukkah begins at Sundown

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

12:45pm - Football Game and refreshments (Gallery)

1:30pm - Game: Name that Christmas Tune (Gallery)

3:00pm - Afternoon Connection: Traditions of Hanukkah (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner



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Monday 12/23

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch at Panera Bread (Outing) To register call Crystal
641-6345



1:15pm - Afternoon Connection: Christmas short stories (Gallery)

2:00pm - Baking: Holiday Bark (Activities Room)

2:00pm - U of R Presentation: Telemedicine Can Reduce ED Visits for People with Dementia
(Highlands' Community Center)

2:30pm - Game: Hanukkah True or False (Hearth Room)

3:30pm - Hanukkah Celebration: Susan Krasner, keyboard and vocals (Gallery)

6:30pm - Depart for a Christmas Lights Ride to see local holiday lights Displays!
(Outing) To register call Brooklyn 641-6350

7:00pm - Asbury First Live Stream Christmas Eve Service (Highlands' Music Room)

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Tuesday 12/24 Christmas Eve

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking Group (Meet near elevator)

11:00am - Morning Connection: Christmas Eve Traditions (Hearth Room)

1:15pm - Christmas Sing -along with Chaplain Steve Petrovich (Gallery)

1:30pm - Afternoon Connection: Jigsaw Puzzle (Hearth Room)

2:00pm - Nail Clipping (2nd Floor Spa Room)

2:00pm - Hanukkah Celebration and the Lighting of the Menorah with Rabbi Hein
(Highlands' Music Room)

2:30pm - Nail Painting (Activities Room)

3:30pm - Holiday Social: Join your friends for a traditional cup of Hot Cocoa
(Hearth Room)

6:30pm - Game: Christmas Bingo! (Gallery)

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Wednesday 12/25 Merry Christmas

10:00am - Fitness: Exercise Video (Gallery)

2:00pm - Help yourself to Holiday crosswords (Gallery)

No Catholic Communion today.

4:00pm - Join your friends in the cozy Hearth Room for conversation before dinner

6:30pm - Movie & Trivia Night!! Fun facts about the featured Movie: Miracle on 34th Street (1947) then sit back and enjoy the movie with popcorn! (Gallery)



Thursday 12/26

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: History of Fruit Cake (Hearth Room)

1:30pm - Fitness: Ring Toss (Gallery)

2:30pm - Presentation: Music & Life of Doris Day with Larry Shearer (Activities Room)

3:00pm - Game: Dominoes (Gallery)

3:45pm - Afternoon Connection: The Myth about Santa (Gallery)

6:30pm - Movie: "The Money Pit" - Comedy (Gallery)

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Friday 12/27

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: News of the Day (Hearth Room)

1:15pm - Christmas Song Hymn Study with Chaplain Steve Petrovich (Gallery)

2:30pm - Music Mixer with Geoff Clough featuring keyboard (Gallery)

3:45pm - Afternoon Connection: Peter Pan (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)

Saturday 12/28

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi with Carmen (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Visit with the guide dogs from "Guiding Eyes for the Blind"
(Activities Room)

3:00pm - Game: Table Top Bowling (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Billy Elliot" (2000) Drama (Gallery)



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Sunday 12/29

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

12:45pm - Football Game and refreshments (Gallery)

1:30pm - Depart for a Scenic Ride (Outing) To register call Crystal
641-6345

3:00pm - Afternoon Connection: Perfect Crimes (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner



Monday 12/30

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: New Year's Resolutions (Gallery)

1:15pm - Depart for Regal to see "A Beautiful Day in the Neighborhood" (Outing)
To register call Crystal 641-6345. Please note movie selection,
departure, and return time are subject to change

1:30pm - Craft: Making Snow Flakes (Gallery)

2:30pm - Travelogue Slide Show and Discussion: Canary Island Cruise: It's Not for
the Birds (Gallery)

3:00pm - Afternoon Connection: The funniest animal moments of 2019 (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

7:00pm - Evening music with Ivanka Driankova featuring classical piano
(Highlands' Community Center)



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Tuesday 12/31

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: How to throw the best New Year's Party! (Gallery)
- 1:00pm - Depart for the Lambertson Conservatory for their Annual Holiday Show (Outing) To register call Chan 641-6385
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Game: Hidden Pictures (Activities Room)
- 2:30pm - Crosswords with Larry Shearer (Activities Room)
- 3:30pm - History: New Year's Eve Ball Drop (Gallery)
- 6:30pm - New Year's Count down with Top Brass musical duo (Gallery)

NEW
YEAR'S
EVE

All Activities are lead by our Life Enrichment team member unless noted otherwise.

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