

Laurelwood at The Highlands at Pittsford



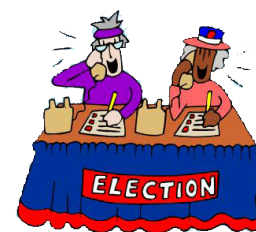
Calendar of Events

October 2019



Tuesday 10/01

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: October Gazette (Hearth Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Card Game: Old Maid (Activities Room)
- 2:00pm - Presentation: Early Voting with Katherine Smith, past President of the League of Women Voters Rochester Metro Area (Highlands' Community Center)
- 2:30pm - Afternoon Spa Treatment: Hand Massages (Gallery)
- 4:00pm - Rosh Hashanah Shofar Service with Rabbi Hein from Chabad-Lubavitch of Pittsford (Highlands' Music Room)
- 6:30pm - Game: Wii Electronic Bowling (Gallery)



Wednesday 10/02

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: Peanuts - the popular comic strip (Hearth Room)
- 1:00pm - Depart for Geva Theatre: La Cage aux Folles (Outing) To register call Brooklyn 641-6350
- 1:15pm - Trivia: Music (Gallery)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:30pm - Presentation: Life Cycle of the Monarch Butterfly with Amy Klee (Gallery)
- 3:00pm - Discussion: New Resident Council! (Heart Room)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Fireside Chat: Join your friends for a nice refreshing glass of Apple Cider (Hearth Room)
- 6:30pm - Game: Bingo (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for

Brooklyn or 641– 6385 for Chan

Thursday 10/03

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: The Tiny House Movement (Gallery)
- 12:30pm - Depart for Pittsford Cinema to see *Downton Abbey* (Outing) To register call Brooklyn 641-6350
- 1:15pm - Board Game: Clue (Gallery)
- 2:30pm - Crosswords with Larry Shearer (Activities Room)
- 2:45pm - Afternoon Connection: Jigsaw Puzzle (Gallery)
- 3:45pm - Short Story: Small Packages (Hearth Room)
- 6:30pm - Movie: "Father of the Bride" - Comedy (Gallery)
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Friday 10/04

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - Morning Connection: President Bush proclaimed November 4th as "National Chicken Lady Day" (Hearth Room)
- 1:00pm - Catholic Mass with volunteers from St. Louis Church
(Highlands' Community Center)
- 1:15pm - Pause for Peace with Chaplain Steve Petrovich (Gallery)
- 2:30pm - Music Mixer with Brad Batz Jazz Duo (Gallery)
- 3:45pm - Game: Hidden Pictures (Activities Room)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)



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Saturday 10/05

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Visit with the guide dogs from "Guiding Eyes for the Blind"
(Activities Room)

3:00pm - Arm Chair Travel: Germany (Activities Room)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Grease" - Musical (Gallery)



Sunday 10/06

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Baking: Halloween Brownies (Gallery)

3:00pm - Fun Facts: The Most influential Movie Monsters in History
(Hearth Room)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

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Monday 10/07

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch at Flaherty's (Outing) To register call Chan 641-6385
- 1:15pm - History: Congresswoman (Gallery)
- 2:00pm - Presentation: Frederick Douglass Family Initiatives (FDFI) with Robert J. Benz, Co-Founder & Executive Vice President
(Highlands' Community Center)
- 2:30pm - Afternoon Connection: The Science of Fall colors (Gallery)
- 3:30pm - Game: Balloon Tennis (Gallery)
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)
- 6:30pm - Game: Dominoes (Gallery)
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Tuesday 10/08

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Kindness Walking Group (Meet near elevator)
- 11:00am - Morning Connection: 18 Facts About McDonald's (Hearth Room)
- 12:00pm - Join us for a Themed Lunch: Germany –Oktoberfest (Dining Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Word Game: Crosswords (Hearth Room)
- 2:00pm - Nail Clipping (2nd Floor Spa Room)
- 2:30pm - Craft: Pumpkin Painting (Gallery)
- 3:45pm - Discussion: Novelist Margaret Mitchell (Hearth Room)
- 7:00pm - Evening music with Tom Cometa's Duo featuring vocals and piano
(Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for

Wednesday 10/09

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Kitchen Tour - Meet outside Lilac Shop
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: Star of the Month - Carrie Fisher (Hearth Room)
- 1:15pm - Nail Painting (Activities Room)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:30pm - Creative Card Making: Halloween Cards (Activities Room)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Happy Hour-Join your friends for Great Food and Sparkling Conversation! (Gallery)
- 6:30pm - Game: Shuffle Board (Gallery)



Thursday 10/10

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: Coffee Klatch (Hearth Room)
- 1:15pm - Humor: Funny Bones (Hearth Room)
- 2:00pm - U of R Presentation: 3D Printing of Bacteria for Patterned Materials Production (Highlands' Community Center)
- 2:30pm - Presentation: Music & Life of Roger Whittaker with Larry Shearer (Activities Room)
- 2:45pm - Game: What's wrong with this picture? (Gallery)
- 3:45pm - Autumn Social (Hearth Room)
- 6:30pm - Movie: "Overboard" - Romantic Comedy (Gallery)

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Friday 10/11

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Eleanor Roosevelt (Hearth Room)

1:15pm - Poems, Quotes, and Songs with Chaplain Steve Petrovich (Gallery)

1:30pm - Afternoon Connection: Halloween Dog Costumes (Hearth Room)

2:30pm - Music Mixer with Mike Kornrich featuring guitar and banjo (Gallery)

3:45pm - Word Game: Jumbles (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)

Saturday 10/12

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:15pm - Depart for a Fall Foliage Scenic Ride (Outing) To register call Chan
641-6385

3:00pm - Afternoon Connection: National Farmer's Day (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Night at The Museum"- Family (Gallery)



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Sunday 10/13

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Game: Bingo (Gallery)

3:00pm - Afternoon Connection: Traditional Canadian Thanksgiving recipes
(Hearth Room)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

Monday 10/14 Columbus Day

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch at Char Broil (Outing) To register call Chan 641-6385

1:15pm - Afternoon Connection: Columbus Day (Gallery)

2:00pm - Presentation: Diversity and Inclusion with Dr. Keith B. Jenkins
(Highlands' Community Center)

2:30pm - Game: Name 10 (Gallery)

3:30pm - Fun Facts: Pickle Day (Gallery)



4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

7:00pm - Evening Music with Daniel Henry featuring jazz vocals
(Highlands' Community Center)

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Tuesday 10/15

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: How Did We Ever Live Without...? (Hearth Room)
- 1:15pm - Worship with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Game: Junk Drawer Detective (Hearth Room)
- 2:00pm - U of R Presentation: The Image of Lincoln in American Art with Director Emeritus of the Memorial Art Gallery Grant Holcomb (Highlands' Community Center)
- 2:30pm - Halloween Trivia! Don't get spooked, join us for a ghostly good time (Gallery)
- 3:45pm - Afternoon Connection: Remembering the Pumpkin Patch (Hearth Room)
- 6:30pm - Evening Connection: Table Talk and Dessert (Gallery)



Wednesday 10/16

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: Rochester's Wine Country (Gallery)
- 1:15pm - Discussion and Slide Show - Haunted Homes in New York (Gallery)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:15pm - Around the World Tasting: Germany - Oktoberfest (Gallery)
- 3:30pm - Catholic Communion & Pray the Rosary with St. Louis Church (Activities Room)
- 3:45pm - Game: Halloween Hangman (Gallery)
- 6:30pm - Craft: Candy Corn Décor (Gallery)

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Thursday 10/17

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: Myths and Legends: Halloween (Hearth Room)

1:30pm - Health Benefit: Eating Pumpkin (Gallery)

2:30pm - Fall Flower Arranging (Activities Room)

3:30pm - Card Game: Uno (Gallery)

6:30pm - Movie: "Casper"- Family (Gallery)



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Friday 10/18

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Favorite Halloween Costumes (Gallery)

1:15pm - Hymn Study with Chaplain Steve Petrovich (Gallery)

1:30pm - Game: 20 Questions (Hearth Room)

2:30pm - Wine Down Friday, live entertainment with John Williams featuring piano (Highlands' Community Center)

3:45pm - Afternoon Connection: Happy Birthday, Mickey Mouse (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)

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Saturday 10/19

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:00pm-3:00pm – Fall Festival: Enjoy activities with your grandchildren and great grandchildren, music with Tenth Ward Boys and light refreshments! Enjoy activities around the Highland Campus

3:00pm - Game: Wii Electronic Bowling (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Movie: "Jumanji"- Family Adventures (Gallery)



Sunday 10/20

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Game: Pass the Pig (Gallery)

3:00pm - Afternoon Connection: Who am I? (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

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Monday 10/21

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:15am - Depart for Powers Farm Market (Outing) To register call Chan
641-6385

1:15pm - Afternoon Connection: Reptile Awareness (Gallery)

2:00pm - Community Outreach: Join us as we fill "Ghosts" for Pittsford Food
Cupboard (Activities Room)

2:30pm - Afternoon Connection: United Nations (Hearth Room)

3:00pm - Music Therapy Students from Nazareth College Entertain us with their many
talents, Join the Sing-A Long !!! (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Hearth Room)

6:30pm - Card Game: Hearts (Gallery)



Tuesday 10/22

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking Group (Meet near elevator)

11:00am - Morning Connection: Halloween in Greater Rochester (Hearth Room)

1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)

1:30pm - Game: Conversational Ball (Hearth Room)

2:00pm - Nail Clipping (2nd Floor Spa Room)

2:00pm - Presentation: Portrayal of Elizabeth Cady Stanton with Eleanor Stearns, a historical
actor (Highlands' Community Center)

2:30pm - Fun Facts: The BEST Halloween Candy (Gallery)

3:00pm - Tasting Club: Halloween Foods (Activities Room)

3:45pm - Afternoon Connection: Our 35th Presidents (Gallery)

6:30pm - Music Therapy Students from Nazareth College Entertain us with their many
talents, Join the Sing-A Long !!! (Gallery)

7:15pm - Game: Name 10 (Gallery)

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Wednesday 10/23

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:15am - Morning Connection: Inspirational Stories (Hearth Room)

1:15pm - Nail Painting (Activities Room)

2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)

2:15pm - Game: Bingo (Activities Room)

3:30pm - Catholic Communion with St. Louis Church (Activities Room)

3:45pm - Happy Hour-Join your friends for Great Food and Sparkling
Conversation! (Gallery)

6:30pm - Evening Music with Tom Dunn featuring guitar (Gallery)

Thursday 10/24

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Art: Brushless Painting (Gallery)

1:15pm - Afternoon Connection: Famous Children of Celebrities (Gallery)

2:30pm - Baking: Making Halloween Candy (Activities Room)

3:45pm - Afternoon Connection: Halloween Sing a -long (Hearth Room)

6:30pm - Movie: "Practical Magic" - Romantic Comedy (Gallery)



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Friday 10/25

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Cranium Crunches (Hearth Room)

1:15pm - Hymn Study with Chaplain Steve Petrovich (Gallery)

2:30pm - Music Mixer with The Brylcreem Brothers featuring music from the
50's & 60's (Gallery)

3:45pm - Game: Hidden Pictures (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)



Saturday 10/26

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Pet Therapy: Come visit with our Furry Friend Gooch (Front Entryway)

3:00pm - Game: Popcorn Toss (Gallery)

4:00pm - Join your friends in the Hearth Room for conversation before dinner

6:30pm - Move: " And So it Goes" - Drama (Gallery)

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Sunday 10/27

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)
- 10:30am - Catholic Communion Service (Activities Room)
- 11:00am - Trivia: What do you know? (Hearth Room)
- 1:30pm - Afternoon Entertainment with Lyric Voices— Show Choir performing their
Halloween Show (Highlands' Community Center)
- 3:00pm - Afternoon Connection: US Navy (Gallery)
- 4:00pm - Join your friends in the Hearth Room for conversation before dinner
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Monday 10/28

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch at Panera Bread (Outing) To Register call Chan 641-6385
- 1:15pm - History: Statue of Liberty (Gallery)
- 2:00pm - Afternoon Connection: Visit with the Book Cart – Staff will bring the cart to each
apartment, please take a book to read and enjoy!
- 2:00pm - Presentation: Medicare 101 with Charmel Trinidad, Program
Coordinator at Lifespan (Highlands' Community Center)
- 2:15pm - Afternoon Connection: Halloween Myths (Gallery)
- 3:00pm - Music Therapy Students from Nazareth College Entertain us with their many
talents, Join the Sing-A Long !!! (Gallery)
- 4:00pm - “Mocktail Party” join your friends for mock-aperitif! (Hearth Room)
- 6:30pm - Game: Apples to Apples (Gallery)

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Tuesday 10/29

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking Group (Meet near elevator)

11:00am - Morning Connection: Traditions of Halloween (Hearth Room)

No program with Chaplain Steve Petrovich today.

1:15pm - DVD Video: Bible Study Series—Esther (Gallery)

1:30pm - Game: Memory Match (Activities Room)

2:30pm - Food Craft: Ghost Lollipops (Gallery)

3:45pm - Afternoon Connection: 90th Anniversary of the Stock Market Crash (Hearth Room)

6:00pm - Music Therapy Students from Nazareth College Entertain us with their many talents, Join the Sing-A Long !!! (Gallery)

7:00pm - "UR" Live with Eastman concert series: Ultimo Minuto Trio featuring classical piano, violin, and cello, from the Eastman School of Music
(Highlands' Community Center)



Wednesday 10/30

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:00am - Travelogue DVD: National Parks (Gallery)

11:30am - Depart for Live from Hochstein Concert: Syrinx: XXII featuring recorders, flutes and piano (Outing)
To register call Chan 641-6385

1:15pm - Art: Halloween Water Coloring (Gallery)

2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)

2:00pm - Catholic Communion with St. Louis Church (Activities Room)

2:15pm - Afternoon Connection: October Best Selling Books (Gallery)

3:00pm - Halloween Party and Happy Hour: drink specials, appetizers, a costume competition and live music with Jimmy's Old Time Country Duo (Highlands' Community Center)

3:45pm - Trivia: Mind Joggers (Gallery)

6:30pm - Game: Halloween Mystery Bingo (Gallery)

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Thursday 10/31 Happy Halloween

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:30am - Humor: Halloween Hilarity (Hearth Room)

1:15pm - Sing a-long with Chaplain Steve Petrovich (Gallery)

2:30pm - Halloween Movie and Popcorn Bar! Join us to watch a Halloween
Classic: Hocus Pocus (Highlands' Community Center)

2:45pm - Word Game: Halloween Crosswords (Gallery)

3:45pm - Afternoon Connection: Ghost Stories (Gallery)

6:30pm - Movie: "Bewitched" - Drama (Gallery)



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