

Laurelwood at The Highlands at Pittsford



Calendar of Events

September 2019



Sunday 9/01

9:00am - How's your day going? Greeting (Dining Room & Library Area)

9:30am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Creative Card Making: Pen Pals (Activities Room)

3:00pm - History: Labor Day (Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner

Monday 9/02 Labor Day

10:15am - Fitness: Exercise Video (Gallery)

11:00am - Game: Help your self to Crossword Puzzles (Gallery)

2:00pm - Art: Labor Day Coloring Pages (Gallery)

3:15pm - Word Puzzles: Labor Day- Help yourself! (Gallery)

6:30pm - Movie: "Labor Day" - Drama (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for

Brooklyn or 641– 6385 for Chan

Tuesday 9/03

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: Back to School Spelling Bee (Hearth Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 2:00pm - Afternoon Connection: Craziest Fall weather (Hearth Room)
- 2:00pm - U of R Presentation: How can the Arts Help us Live Better Lives with Program Manager and Eastman School faculty Gaelen McCormick (Highlands' Community Center)
- 2:30pm - Game: Pokeno (Gallery)
- 3:45pm - Game: What's my job? (Patio)
- 4:45pm - Depart for Dinner at Leo's Bakery (Outing) To register call Brooklyn
- 7:00pm - Evening Connection: Happy Birthday, Uncle Sam (Gallery)
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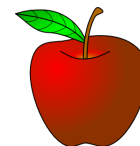
Wednesday 9/04

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Connection: My Hilarious Job History (Hearth Room)
- 1:15pm - Afternoon Connection: National Wildlife Day (Gallery)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate (Highlands' Music Room)
- 2:30pm - Science: How colors affect you: What science reveals (Activities Room)
- 3:30pm - Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm - Fashion: Do's and Don'ts after Labor Day (Gallery)
- 6:30pm - Craft: Making homemade Fall Potpourri (Gallery)

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Thursday 9/05

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 11:00am - Morning Connection: Babe Ruth (Hearth Room)
- 1:15pm - Health Benefits: Eating Apples (Gallery)
- 2:00pm - U of R Presentation: Visions in the Presence of Incessant Eye
Movements with Michele Rucci, PhD. (Highlands' Community Center)
- 2:30pm - Crosswords with Larry Shearer (Activities Room)
- 2:45pm - Fitness: Putting Green (Gallery)
- 3:45pm - Afternoon Connection: Cheese Only Day (Hearth Room)
- 6:30pm - Movie: "Molly - an American Girl on the Home Front" - Family (Gallery)
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Friday 9/06

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - Morning Connection: This Day in History (Hearth Room)
- 1:00pm - Catholic Mass with volunteers from St. Louis Church
(Highlands' Community Center)
- 1:15pm - Pause for Peace with Chaplain Steve Petrovich (Gallery)
- 2:30pm - Music Mixer with Frank Herkimer featuring piano (Gallery)
- 3:45pm - Trivia: Movie Stars (Hearth Room)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)



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Saturday 9/07

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Armchair Travel: join us as we travel through Greece! (Activities Room)

3:00pm - Afternoon Connection: Saying Goodbye and Hello to Jobs (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Move: "Yours, Mine & Ours" - Comedy (Gallery)

Sunday 9/08 National Assisted Living Week

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Game: Wii Electronic Bowling (Gallery)

3:00pm - Afternoon Connection: Words of Wisdom from Grandparents (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner



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Monday 9/09

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch at Red Lobster (Outing) To register call Chan 641-6385
- 1:15pm - Afternoon Connection: The Golden State (Gallery)
- 2:00pm - Spark of Creativity: Canvas Painting (Gallery)
- 2:00pm - Presentation: Ambulance Service in Pittsford, New York with Director of Operations John Smith (Highlands' Community Center)
- 2:30pm - Game: Name that Classical Tune (Activities Room)
- 3:30pm - Afternoon Connection: Laurelwood Library
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Patio)
- 6:30pm - Fitness: Ring Toss (Gallery)



Tuesday 9/10

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: Star of the Month – Hugh Grant (Hearth Room)
- 11:30am - 1:30pm- Join us for a themed lunch (Dining Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Depart for Shopping Big Lots (Outing) to register call Chan 641-6385
- 2:00pm - Nail Clipping (Gallery)
- 2:00pm - Presentation: The Importance of Digital News Literacy as the 2020s Loom with Michael Kilian Executive Editor of the Democrat & Chronicle (Highlands' Community Center)
- 2:30pm - Nail Painting (Gallery)
- 3:45pm - Afternoon Connection: The Sewing Machine (Hearth Room)
- 7:00pm - Laura Dubin featuring instrumental jazz (Highlands' Community Center)

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Wednesday 9/11 Patriot Day

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:15am - Remembrance: September 11th (Hearth Room)

1:15pm - Dice Game: Right, Left, Center (Gallery)

2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)

2:30pm - Fall Flower Arranging (Activities Room)

3:30pm - Catholic Communion with St. Louis Church (Activities Room)

3:45pm - Happy Hour-Join your friends for Great Food and Sparkling
Conversation! (Gallery)

6:30pm - Spark of Creativity: Baking—homemade Fortune Cookies (Gallery)



Thursday 9/12

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:30am - Spark of Creativity: Photo Time! (Gallery)

1:15pm - Afternoon Connection: President Without a Cabinet (Gallery)

2:30pm - Presentation: Music & Life of Harry James with Larry Shearer
(Activities Room)

2:45pm - Food For Thought: Fairly Good Food (Gallery)

3:45pm - Game: Are you Smarter than a Fifth Grader? (Hearth Room)

6:30pm - Movie: "To Have and Have Not" - Classic (Gallery)

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Friday 9/13

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

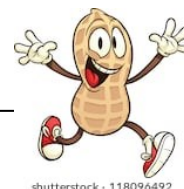
11:00am - History: Rochester (Gallery)

1:15pm - Poems, Quotes and Songs with Chaplain Steve Petrovich (Gallery)

2:30pm - Join us in celebrating National Assisted Living Week at our Music Mixer with Don NewComb featuring vocals and guitar (Gallery)

3:45pm - Afternoon Connection: Learning about Peanuts (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)



Saturday 9/14

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Pet Therapy: Come visit with our Furry Friend Gooch (Front Entryway)

3:00pm - Game: Bingo (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Movie: "Sabrina" - Romance (Gallery)

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Sunday 9/15

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)
- 10:30am - Catholic Communion Service (Activities Room)
- 11:00am - Trivia: What do you know? (Hearth Room)
- 1:30pm - Depart for a Scenic Ride (Outing) To register call Chan 6441-6385
- 3:00pm - History: Twin Towers (Gallery)
- 4:00pm - Join your friends on the Patio for conversation before dinner
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Monday 9/16

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch Colies (Outing) To register call Chan 641-6385
- 1:30pm - Afternoon Connection: The Mayflower (Gallery)
- 2:00pm - Afternoon Connection: Visit with the Book Cart – Staff will bring the cart to each apartment, please take a book to read and enjoy!
- 2:30pm - Craft: Rock Painting (Activities Room)
- 3:30pm - Game: Minute to Win It (Hearth Room)
- 4:00pm - “Mocktail Party” join your friends for mock-aperitif! (Patio)
- 6:30pm - Musical Interaction: Famous Females (Gallery)



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Tuesday 9/17

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: Pen Pal Letters (Gallery)
- 12:40pm - Men's Group: Gather with your neighbors, Chaplain Steve Petrovich, and enjoy dessert and conversation! (Gallery)
- 1:15pm - Worship Service with Chaplain Steve Petrovich (Gallery)
- 2:00pm - Fireside Chat: Fall Days (Hearth Room)
- 2:00pm - U of R Lecture: The World Health Organization and the World of Global Health with history professor Theodore Brown, PhD.
(Highlands' Community Center)
- 2:30pm - Game: Price is Right (Activities Room)
- 3:45pm - Afternoon Connection: the 1796 "Farewell Address" (Hearth Room)
- 6:30pm - Planting: Succulents (Gallery)

Wednesday 9/18

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 11:15am - Morning Coffee Klatch (Hearth Room)
- 1:15pm - Afternoon Connection: Proverbs from around the world (Hearth Room)
- 2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)
- 2:30pm - Around the World Tasting: Greece (Activities Room)
- 3:30pm - Catholic Communion and Pray the Rosary with St. Louis Church
(Activities Room)
- 3:45pm - Afternoon Connection: 17 Things You Didn't Know about the U.S. Air force
(Hearth Room)
- 6:30pm - Game: Pass the Pig (Gallery)



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Thursday 9/19

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Craft: Paper Humming Birds (Gallery)

1:15pm - Afternoon Connection: The secrets of Central Park (Gallery)

2:00pm - Presentation: Creating World in Miniature with author and railroad model enthusiast Don Shilling (Highlands' Community Center)

2:30pm - Discussion and Slide Show– Biggest Mansion's in Rochester (Gallery)

3:45pm - Game: Table Bowling (Gallery)

6:30pm - Movie: "Quartet" - Comedy (Gallery)



Friday 9/20

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Funny Sayings Friday (Hearth Room)

1:15pm - Hymn Study with Chaplain Steve Petrovich (Gallery)

2:30pm - Wine Down Friday, live entertainment with Ivanka Driankova featuring Classical piano featuring classical music (Highlands' Community Center)

3:45pm - Afternoon Connection: Hidden Pictures (Gallery)

7:30pm - Watch Jeopardy with your friends! (Gallery)

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Saturday 9/21

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Game: Bingo (Gallery)

3:00pm - Afternoon Connection: Famous Poet- Wordsworth, William
(Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Movie: "The Book Thief" - Drama (Gallery)

Sunday 9/22

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:15pm - Depart for a Fall Foliage Scenic Ride (Outing) To register call

3:00pm - Craft: Elephant Toothpaste (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner



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Monday 9/23 First day of Autumn

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:45am - Depart for lunch at 110 Grill (Outing) To register call Chan 641-6385
- 1:30pm - Afternoon Connection: Current Events (Gallery)
- 2:00pm - Presentation: What are Advance Directives and Why are they Important? with Attorney Carolyn A. Reardon (Highlands' Community Center)
- 2:30pm - Discussion: Elephant Appreciation Day (Activities Room)
- 3:30pm - Game: Hangman (Hearth Room)
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Patio)
- 6:30pm - Game: Shuffle Board (Gallery)



Tuesday 9/24

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Morning Connection: Help prepare tacos for lunch!
- 11:30am - Taco Tuesday! Come enjoy homemade tacos with your friends! (Activities Room)
- 1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)
- 2:00pm - Nail Clipping (Gallery)
- 2:00pm - Presentation: Music Therapy and Aging: Nurturing Connection through Music, Rhythm, and Dance with Expressive Arts Department Chair & Internship Director Jennifer R. Phillips, MT-BC. (Highlands' Community Center)
- 2:30pm - Nail Painting (Gallery)
- 3:30pm - Resident Meeting (Activities Room)
- 6:30pm - Game: Wii Electronic Bowling (Gallery)

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Wednesday 9/25

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:15am - Morning Connection: Sequoia National Park (Hearth Room)

1:15pm - Afternoon Connection: Double Exposure (Hearth Room)

2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)

2:30pm - Fashion: Changing over your closet for Fall! (Gallery)

3:30pm - Catholic Communion with St. Louis Church (Activities Room)

3:45pm - Happy Hour-Join your friends for Great Food and Sparkling
Conversation! (Gallery)

6:30pm - Baking: Apple pie (Gallery)



Thursday 9/26

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: Favorite Books & authors (Hearth Room)

1:15pm - Help us prepare appetizers for our Music Mixer (Activities Room)

2:30pm - Presentation: Life Cycle of the Monarch Butterfly with Amy Klee
(Activities Room)

3:45pm - Social: Come join your friends and enjoy some Pumpkin Ice Cream!
(Hearth Room)

6:30pm - Movie: "Ocean's Eleven" - Action and Adventure (Gallery)

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Friday 9/27

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Daily Inspiration (Hearth Room)

1:00pm - Catholic Mass with volunteers from St. Louis Church
(Highlands' Community Center)

1:15pm - Fall time Sing a –long with Chaplain Steve Petrovich (Gallery)

2:30pm - Music Mixer with Rhythm Aces Duo featuring keyboard and clarinet
(Gallery)

3:45pm - Afternoon Connection: Native American Day (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)

Saturday 9/28

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Craft: Fall Leaf Sun catchers (Activities Room)

3:00pm - Afternoon Connection: Al Capp's Birth Anniversary (Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Movie: "" - Action Comedy (Gallery)



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Sunday 9/29 Rosh Hashanah begins at sundown

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Tasting Club: Different Coffee's (Gallery)

3:00pm - Afternoon Connection: Rosh Hashanah, the Jewish New Year
(Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner



Monday 9/30

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: Notable female writers (Hearth Room)

1:00pm - Depart for Shutte's Apple Farm (Outing) To register call Chan at
641-6385

1:30pm - Visit to Cupcake Corner (Meet at elevator)

2:00pm - Art: Sunflower Pictures (Gallery)

2:30pm - Afternoon Connection: How Did We Ever Live Without...?
(Activities Room)

3:30pm - Word Game: Concentration Puzzle (Hearth Room)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Patio)

7:00pm - Top Brass featuring music from the American Song Book
(Gallery)

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