

Laurelwood at The Highlands at Pittsford



Calendar of Events

August 2019

This month's Theme: 1950's



Thursday 8/01

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:30am - Poetry Discussion: Billy Collins' Poems Meander with Humor and The Telling Detail with Kathleen Cadle (Highlands' Community Center)
- 11:00am - Morning Connection: August Gazette (Hearth Room)
- 1:15pm - Discussion: Honey Bees (Patio)
- 2:30pm - Crosswords with Larry Shearer (Activities Room)
- 2:45pm - Art: Modeling Clay (Gallery)
- 3:45pm - Afternoon Connection: The year 1950 (Patio)
- 6:30pm - Movie: "Blended"- Romantic Comedy (Gallery)



Friday 8/02

- 9:00am - How's your day going? Greeting (Dining Room & Library Area)
- 10:15am - Fitness: Class with Carol (Activities Room)
- 11:00am - Morning Connection: August IQ Test (Hearth Room)
- 1:00pm - Catholic Mass with volunteers from St. Louis Church
(Highlands' Community Center)
- 1:15pm - Pause for Peace with Chaplain Steve Petrovich (Gallery)
- 1:30pm - Game: Memory Match (Hearth Room)
- 2:30pm - Music Mixer with Brad Batz Jazz Duo (Gallery)
- 3:45pm - Game: Hidden Pictures (Hearth Room)
- 7:30pm - Watch Jeopardy with your friends! (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641– 6350 for Brooklyn or 641– 6385 for Chan

Saturday 8/03

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Visit with the guide dogs from "Guiding Eyes for the Blind"
(Activities Room)

3:00pm - Game: Finish the Line (Patio)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Move: "The Best Exotic Marigold Hotel" - Comedy (Gallery)

Sunday 8/04

9:00am - How's your day going? Greeting (Dining Room & Library Area)

9:30am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Game: Bingo (Patio)

3:00pm - Fitness: Conversational Ball Toss (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner



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Monday 8/05

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Depart for lunch at WoodCliff Horizon's Restaurant (Outing) To register call Chan 641-6385

1:30pm - Afternoon Connection: Visit with the Book Cart – Staff will bring the cart to each apartment, please take a book to read and enjoy!

2:00pm - Game: Music Talk (Gallery)

2:00pm - U of R Lecture Series: Observations of Black Holes - They really do exist! with Kelly Douglass, PhD. (Highlands' Community Center)

2:30pm - Art: Canvas Painting (Activities Room)

3:30pm - Reflection: Louis Armstrong (Patio)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Patio)

7:00pm - Evening Entertainment with Hanna Klau - piano and vocals (Highlands' Community Center)



Tuesday 8/06

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking Group (Meet near elevator)

11:00am - Morning Connection: Star of the Month – Billy Bob Thornton
(Hearth Room)

1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)

1:30pm - Game: Sorry (Hearth Room)

2:00pm - Lecture Series: The Revolutionary Progress of Human History: The Russian Revolution with Sarah Hodgson, Social Studies teacher at Arcadia High School (Activities Room)

2:15pm - Tasting Club: Australian Cuisine (Gallery)

3:30pm - Craft: Jellyfish Sun catchers (Gallery)

6:00pm-7:30pm - Join us for our annual Antique Car Show (Outing) To register please Brooklyn at 641-6350

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Wednesday 8/07

9:00am - How's your day going? Greeting (Dining Room & Library Area)
10:30am - Fitness: Yoga with Carol (Activities Room)
11:15am - Morning Connection: Purple Heart Anniversary (Hearth Room)
1:15pm - Afternoon Connection: The most famous Diamonds! (Gallery)
2:00pm - Social: Ice Cream Sundaes (Patio)
3:30pm - Catholic Communion with St. Louis Church (Activities Room)
3:45pm - Afternoon Connection: The Poetry of Dorothy Parker (Patio)
7:30pm - Watch Jeopardy with your friends! (Gallery)



Thursday 8/08

9:00am - How's your day going? Greeting (Dining Room & Library Area)
10:00am - Fitness: Exercise Video (Gallery)
11:00am - Card Game: Black Jack (Hearth Room)
1:15pm - Cooking: Help us prepare for our Music Mixer! (Activities Room)
2:30pm - Presentation: Music & Life of Patti Page with Larry Shearer
(Activities Room)
2:45pm - Fitness: Nature Scavenger Hunt (Meet near elevator)
3:45pm - Afternoon Connection: Florence Chadwick Swam the English Channel
(Hearth Room)
6:30pm - Movie: "Callas Forever"- Drama (Gallery)

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Friday 8/09

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Crosswords (Hearth Room)

There is no program with Chaplain Steve Petrovich today.

1:30pm - Sensory: Guess the object (Hearth Room)

2:30pm - Music Mixer with Joe Naples— piano (Gallery)

3:45pm - Afternoon Connection: Fun Facts about Betty Boop (Hearth Room)

7:00pm - Evening Music: Gateway Music Festival, featuring classical musicians performing chamber and orchestral music
(Highlands' Community Center)

Saturday 8/10

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Armchair Travel: Australia (Activities Room)

3:00pm - Game: Name that Tune (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Move: "My Fair Lady"- Musical (Gallery)



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Sunday 8/11

9:00am - How's your day going? Greeting (Dining Room & Library Area)

9:30am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)



1:15pm - Depart for a Scenic Ride to see the Sunflowers near Caulkins Road
Middle School & Ice Cream (Outing) To register please call Brooklyn
641-6350

3:00pm - Afternoon Connection: The Greatest Hits of Elvis Presley (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner

Monday 8/12

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch Panera Bread (Outing) To register call Chan 641-6385

1:30pm - Game: Yahtzee (Gallery)

2:30pm - Afternoon Connection: Rochester Light Houses (Activities Room)

3:30pm - Humor: Words to Live and Laugh By (Patio)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Patio)

6:30pm - Game: Bingo (Gallery)

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Tuesday 8/13

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking Group (Meet near elevator)

11:00am - Morning Connection: Myths about Constellations (Patio)

11:30am - 1:30pm- Join us for a Picnic themed lunch (Dining Room)

1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)

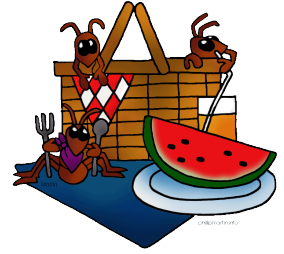
2:00pm - Nail Clipping (Gallery)

2:00pm - Lecture Series: The Revolutionary Progress of Human History: Indian
Independence Enlightenment with Sarah Hodgson, Social Studies teacher at
Arcadia High School (Highlands' Community Center)

2:30pm - Afternoon Connection: If You Grew Up in the '50s, You'll Definitely Remember
These Foods (Activities Room)

3:45pm - Summer Sing—along (Gallery)

6:30pm - Baking: 1950's style! (Gallery)



Wednesday 8/14

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:15am - Morning Connection: Everything about Doc Holliday (Gallery)

1:15pm - Art History: Michelangelo (Gallery)

2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)

2:30pm - Nail Painting (Activities Room)

3:30pm - Catholic Communion with St. Louis Church (Activities Room)

3:45pm - Happy Hour-Join your friends for Great Food and Sparkling
Conversation! (Gallery)

6:30pm - Game: Wii Electronic Bowling (Gallery)

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Thursday 8/15

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Morning Connection: The Woodstock Music and Art Fair
(Hearth Room)

1:15pm - Card Game: Uno (Gallery)

2:30pm - Summer Flower Arranging (Activities Room)

3:45pm - Health Benefits: Eating watermelon (Hearth Room)

6:30pm - Movie: "The Butler" Drama (Gallery)



Friday 8/16

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Burma-Shave Advertisements (Hearth Room)

1:15pm - Poems, Quotes and Songs with Chaplain Steve Petrovich (Gallery)

1:30pm - Game: Clue (Hearth Room)

2:30pm - Music Mixer with Gary Murphee— guitar and vocals (Gallery)

3:45pm - Afternoon Connection: Fashion from the 50's (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)



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Saturday 8/17

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Pet Therapy: Come visit with our Furry Friend Gooch (Front Entryway)

3:00pm - Game: Dominoes (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Move: "A League of their Own" Drama (Gallery)

Sunday 8/18

9:00am - How's your day going? Greeting (Dining Room & Library Area)

9:30am - First Presbyterian Church of Pittsford live stream service

(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Craft: 1950 Style Décor (Activities Room)

3:00pm - Afternoon Connection: The Rochester Red Wings (Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner



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Monday 8/19

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Depart for lunch at Wegmans Food Bar (Outing) To register call Chan 641-6385

1:15pm - Planting: Gladiolus—Augusts' flower (Gallery)

2:00pm - Presentation and meet and greet with the UR Medicine Geriatrics Group (URMGG), office located at The Highlands at Pittsford. Join Geriatrician, Sarah Howd, MD. (Activities Room)

2:30pm - Afternoon Connection: The Great Outdoors! 20 Wilderness Survival Tips (Gallery)

3:30pm - Craft:: Aviation Day—come make paper airplanes! (Gallery)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Patio)

6:30pm - Game: Shuffle Board (Gallery)

Tuesday 8/20



9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking Group (Meet near elevator)

11:00am - Morning Connection: Music Hits from the 1950's (Hearth Room)

11:30am - 2:00pm- Annual Resident Summer Picnic at the Hahnemann Club!

Enjoy music by Standard Time featuring music from the 50's! Great friends, great food, & great music! Don't miss out on this annual favorite!

No Monthly Men's Group gathering today with Chaplain Steve Petrovich.

1:15pm - Worship Service with Chaplain Steve Petrovich (Activities Room)

2:00pm - Lecture Series: The Revolutionary Progress of Human History:

Communist China with Sarah Hodgson, Social Studies teacher at Arcadia High School
(Highlands' Community Center)

2:30pm - Game: Pokemo (Gallery)

3:30pm - Afternoon Connection: Magazine covers from the 1950's (Gallery)

7:00pm – Evening Music with Uptown Grove Acoustic Jazz Duo

(Highlands' Community Center)

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Wednesday 8/21 National Senior Citizen Day

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:00am - Morning Connection: Benefits of being a Senior (Patio)

1:30pm - Visit to Cupcake Corner (Meet at elevator)

2:00pm - The Pittsford Highlands' Chorus performance: Music of Johnny Mercer, Hoagy Carmichael, and Tony Bennett. Come support your neighbors!
(Highlands' Community Center)

3:30pm - Catholic Communion with St. Louis Church (Activities Room)

3:45pm - Game: Beach Ball Conversation (Activities Room)

6:30pm - Dice Game: Left, Right, Center (Activities Room)

Thursday 8/22

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

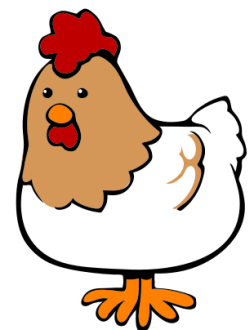
11:00am - Brain Teasers: States (Hearth Room)

1:00pm - Depart for shopping at Target (Outing) To register call Chan 641-6385

2:30pm - Feathered Friends: The Joy of Backyard Chickens (Gallery)

3:45pm - Art: Sunflower Drawing (Hearth Room)

6:30pm - Movie: "The Lake House" – Romance (Gallery)



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Friday 8/23

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Clichés (Hearth Room)

1:15pm - Hymn Study with Chaplain Steve Petrovich (Gallery)

1:30pm - Afternoon Connection: Rhyme Time (Hearth Room)

2:30pm - Wine Down Friday, live entertainment with Flower City Cello Duo featuring classical music (Highlands' Community Center)

3:45pm - Game: Horseshoes (Gallery)

7:30pm - Watch Jeopardy with your friends! (Gallery)



Saturday 8/24

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Video Travelogue: Take me to the Fair (Activities Room)

3:00pm - Game: Chicken Foot—a new twist on dominoes! (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Move: “The Hundred Foot Journey” Drama (Gallery)



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Sunday 8/25

9:00am - How's your day going? Greeting (Dining Room & Library Area)

9:30am - First Presbyterian Church of Pittsford live stream service
(Highlands' Music Room)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:00pm - Depart for a Scenic Ride & Ice Cream (Outing) To register please call
Brooklyn 641-6350

3:00pm - Game: Hot Potato (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner

Monday 8/26

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

10:45am - Depart for lunch Genesee Brewery (Outing) To register call Chan
641-6385

12:00pm - Documentary Film: Anote's Ark (2018). A look at the devastating effects that
climate change has on the people living on Kiribati, a low-lying atoll in the Pacific
(Highlands' Community Center)

1:30pm - Game: Balloon Tennis (Gallery)

2:00pm - Presentation: Climate Change Migrants with Brady Fergusson, Co-Lead of the Peace
Corps Action Team of Citizens' Climate Lobby and member of Returned Peace
Corps (Highlands' Community Center)

2:30pm - Inspirational: Life Stories (Activities Room)

3:30pm - Afternoon Connection: Leonard Bernstein (Hearth Room)

4:00pm - "Mocktail Party" join your friends for mock-aperitif! (Patio)

6:30pm - Game: Pass the Pig (Gallery)



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Tuesday 8/27

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Walking Group (Meet near elevator)

11:00am - Morning Connection: Daily Jumble from Democrat and Chronicle (Patio)

12:40pm - Men's Group: Gather with your neighbors, Chaplain Steve Petrovich, and enjoy dessert and conversation! (Gallery)

1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)

2:00pm - Nail Clipping (Gallery)

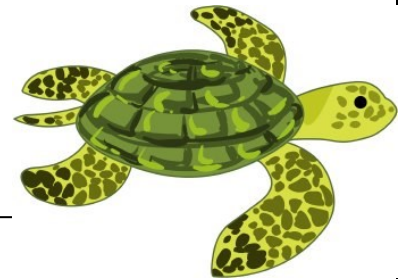
2:00pm - Lecture Series: The Revolutionary Progress of Human History: 1989 with Sarah Hodgson, Social Studies teacher at Arcadia High School (Highlands' Community Center)

2:30pm - Nail Painting (Gallery)

3:30pm - Resident Meeting (Activities Room)

5:30pm - Celebration of Life Service with Chaplain Steve Petrovich
(Highlands' Community Center)

7:00pm - Evening Connection: Trivia (Gallery)



Wednesday 8/28

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:00am - Make your own Pizza!!! Enjoy your personally made pizza for lunch
(Activities Room)

1:30pm - Afternoon Connection: Remembering Princess Diana (Gallery)

2:00pm - Pittsford Highlands' Chorus practice. All are welcome to participate
(Highlands' Music Room)

2:30pm - Craft: Seashell Turtle (Gallery)

3:30pm - Catholic Communion with St. Louis Church (Activities Room)

3:45pm - Happy Hour-Join your friends for Great Food and Sparkling Conversation! (Gallery)

6:30pm - Game: Bingo (Gallery)

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Thursday 8/29

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Game: Sweet Tooth Ball (Patio)

1:30pm - Afternoon Connection: Hand Massages (Gallery)

2:30pm - Presentation: Birds outside your window with Richard Ashworth (Activities Room)

3:45pm - Trivia & Lemonade (Patio)

6:30pm - Movie: "Phantom of the Opera" - Musical (Gallery)

Friday 8/30

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: Junk Drawer Detective (Hearth Room)

1:15pm - Summertime Sing—along with Chaplain Steve Petrovich (Gallery)

1:30pm - Afternoon Connection: Say goodbye to Summer (Hearth Room)

2:30pm - Music Mixer with Allen Hopkins—guitar and banjo (Gallery)

3:45pm - Game: Who am I? (Patio)

7:30pm - Watch Jeopardy with your friends! (Gallery)



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Saturday 8/31

9:00am - How's your day going? Greeting (Dining Room & Library Area)

10:15am - Fitness: Tai Chi (Activities Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - History: Rochester Landmarks (Gallery)

3:00pm - Game: Wii Electronic Bowling (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Move: "How to Marry a Millionaire" - Comedy (Gallery)



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