

# THE HIGHLANDS AT PITTSFORD



## Cultural and Educational Program Calendar

### July 2019



**Monday, July 1<sup>st</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

No technology related classes with Crystal Rothfuss today.

11:15am – Program Planning Meeting. All are welcome to discuss and evaluate outings and lectures.

**Music Room**

12:45pm – Water Fitness with Robin Gallagher. Pool

1:00pm – Euchre Group. Social Room

2:00pm – University of Rochester Course: *Life and Art of Vincent van Gogh* with art enthusiast Susan Nurse. Please see page 15 for course information. Community Center

**Tuesday, July 2<sup>nd</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required

9:00am – Fit Living with Mark Strivings. Fitness Room

\*10:00am – Monthly Kitchen Tour. Tour is approx. 30 minutes long. Please sign up in the Program Book. Meet outside Lilac Shop

10:30am-12:00pm – Circuit Training. Exercise Room

1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery

2:00pm – University of Rochester Course: *Contemporary Moral Problems* with Robert Holmes Ph.D. Please see page 15 for course information. Community Center

**Wednesday, July 3<sup>rd</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

\*11:30am – Depart for a scenic ride and lunch at Colby's Ice Cream and Bake Shop in Rush, NY. Enjoy a variety of sandwiches, burgers, and pizza along with a large selection of desserts and ice cream. Return approx. 2:00pm

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

No Pittsford Highlands Chorus practice today.

Dining's Food Forum has been rescheduled for Wednesday, July 10<sup>th</sup>.

3:30pm – Catholic Communion with a volunteer from St. Louis Church. Laurelwood Activities Room

4:00pm-6:00pm – Happy Hour: drink specials and appetizers. Wear your Red, White and Blue Highlands' Pub



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Thursday, July 4<sup>th</sup>: Independence Day**

No Fitness Classes today, pool is open just need a buddy.

No Shopping and Baking at Country Club Plaza today.

4:00pm – Afternoon Movie: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

**Friday, July 5<sup>th</sup>:**

9:00am – Walking Tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

No technology related classes with Crystal Rothfuss today.

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:00pm – Catholic Mass with volunteers from St. Louis Church. Community Center

**\*1:00pm – Depart for Eastview Mall, Target, or Victor Crossings. Store selections include the Dollar Store, HomeGoods, Kohl's, Wal-Mart, and PetSmart. Return approx. 4:00pm**

1:15pm – Pause for Peace Interfaith Worship Service with Chaplain Steve Petrovich. Laurelwood Gallery

**2:30pm – Music Mixer live entertainment with Tom and Peg featuring piano and guitar. Laurelwood Gallery**

**Saturday, July 6<sup>th</sup>:**

10:30am – Tai Chi Class with Master Kathy Gill, PhD. Fitness Room

11:00am – Trivia: All Kinds. Laurelwood Hearth Room

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

Residents enjoying the sun and a picnic lunch at Perinton Park.



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Sunday, July 7<sup>th</sup>:**

8:30am-11:30am – Depart to local area churches. Please call the Hospitality Desk for complete church list, departure times, and to sign up for a ride.

9:30am – First Presbyterian Church of Pittsford live stream service. Music Room

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

1:30pm – **University of Rochester Presentation: *The United Religions Initiative* (URI) with Rev. Dr. C. Denise Yarbrough, the UR Director of Religious and Spiritual Life, Gabrielle Henry, a recent University of Rochester graduate and interfaith activist, and Nancy Swett, URI Global Support Representative. Please see page 15 for more information. Community Center.**

2:30pm – Sunday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

**Monday, July 8<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

**\*11:00am – iMac/MacBook Class: Topic: *iTunes* with Systems Specialist, Crystal Rothfuss. Music Room**

12:45pm – Water Fitness with Robin Gallagher. Pool

1:00pm – Euchre Group. Social Room

**\*1:00pm – Computer Class: Topic: *iTunes* with Systems Specialist, Crystal Rothfuss. Media Room**

**2:00pm – University of Rochester Course: *Life and Art of Vincent van Gogh* with art enthusiast Susan Nurse. Please see page 15 for course information. Community Center**

3:15pm – Book Discussion Group. Book Title: *Becoming* By *Michelle Obama*. All are welcome. Activities Room



**Residents Left to Right: Marguerite Graves, Nancy Brush, Nancy Robbins, Rick Skelton, Ellen Hannes, and Ralph Carter at Ganondagan State Historic Site.**

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.



### Tuesday, July 9<sup>th</sup>:

- 9:00am – Water Fitness with Robin Gallagher. Pool
- 9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.
- 9:00am – Fit Living with Mark Strivings. Fitness Room
- 10:30am-12:00pm – Circuit Training. Exercise Room
- 1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery
- 2:00pm – Lecture Series: *The Revolutionary Progress of Human History: Neolithic Revolutions* with Sarah Hodgson, Social Studies teacher at Arcadia High School. Please see page 16 for more information. Community Center
- 7:00pm – Evening Music with Take Note featuring keyboard and vocals. Community Center

### Wednesday, July 10<sup>th</sup>:

- \*8:15am – Depart for a church tour, lunch, and shopping in East Aurora, NY. The church tour will take place at St. Matthias Episcopal Church, no fee for the tour. Lunch at Riley Street Station with menu options featuring soups, salads, sandwiches, and burgers. This restaurant was previously operated as a commuter train station from 1867-1973. Followed by lunch, enjoy shopping on Main Street, including Vidlers 5 & 10 Inc. Walking is required. Return approx. 4:00pm



- 9:00am – Fitness Class with Robin Gallagher. Hahnemann Club
- 10:15am – Fitness Class with Robin Gallagher. Fitness Room
- 1:00pm-2:00pm – Open swim with Robin Gallagher. Pool
- 1:00pm – Alzheimer's Support Group for caregivers facilitated by Alzheimer's Association staff and volunteers. The group provides updated information, emotional support, and problem solving as related to the challenges of giving care to those living with Alzheimer's disease or other dementia. Community Center
- 2:00pm – Dining Food Forum. Seneca Dining Room
- 2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room
- 3:30pm – Catholic Communion with a volunteer from St. Louis Church. Laurelwood Activities Room
- \*4:00pm – “UR” Always Learning Lecture: *The Great Famine, 1842-1852* with Stewart A. Weaver, Ph.D. Located in the Hahnemann Club. Transportation is provided from Hahnemann Square at 3:45pm. Return approx. 5:15pm. Please see page 17 for lecture information.
- 4:00pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands' Pub



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Thursday, July 11<sup>th</sup>:**

**\*8:15am – Depart for the Alfred Ceramic Art Museum and lunch in Alfred, NY. The museum houses nearly 8,000 ceramic objects ranging from small pottery shards recovered from ancient civilizations to modern and contemporary ceramic art. Tour fee is \$3.00 and will be collected on the bus. Lunch at the Rose Bush with menu items including soups, salads, sandwiches, and burgers. Walking is required. Return approx. 4:00pm**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am-12:00pm – Circuit Training. Exercise Room

1:00pm – Gentle Chair Yoga with Eva Kane. Fitness Room

**Friday, July 12<sup>th</sup>:**

9:00am – Walking Tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

**11:00am – iPad/iPhone Class: Topic: *iTunes* with Systems Specialist, Crystal Rothfuss. Music Room**

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

**\*1:00pm – Computer Class: Topic: *Netflix*. Media Room**

1:15pm – Poems quotes & Songs with Chaplain Steve Petrovich. Laurelwood Gallery

**2:30pm – Music Mixer, live entertainment with Casey Coatello Duo featuring vocals and piano. Laurelwood Gallery**

3:30pm – Current Events Club. Are you interested in discussing current issues, expressing your opinions, and being exposed to the ideas of your fellow residents? Music Room



**Residents listening to a spring performance from Park Road Elementary School.**

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.



**Saturday, July 13<sup>th</sup>:**

10:30am – Tai Chi Class with Master Kathy Gill, PhD. Fitness Room

\*11:00am – Pathway to Pittsford Errand Bus departs to Pittsford Plaza, Pittsford Cinema, and Pittsford Community Library. The bus departs from the Highlands at 11:00am, 12:00pm and 1:00pm.

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

6:45pm – Depart for the Gay Men’s Chorus Concert Iconic: *The Big Gay Sing* at The Hochstein School of Music. Please note transportation and tickets were arranged in advance. Return approx. 10:00pm

**Sunday, July 14<sup>th</sup>:**

8:30am-11:30am – Depart to local area churches. Please call the Hospitality Desk for complete church list, departure times, and to sign up for a ride.

9:30am – First Presbyterian Church of Pittsford live stream service. Music Room

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

2:30pm – Sunday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center



**Residents enjoying a picnic lunch at Perinton Park.  
Pictured left to right: Bob Campbell, Rick Skelton, Gayle Ader, and Al Lorenzo.**

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**Monday, July 15<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm – Euchre Group. Social Room

**\*1:00pm– Computer Class: Topic: *Facebook, use and permissions* with Systems Specialist, Crystal Rothfuss. Media Room**

12:45pm – Water Fitness with Robin Gallagher. Pool

**2:00pm –University of Rochester Lecture Series: *Observations of Black Holes - They really do exist!* with Kelly Douglass, PhD., Visiting Assistant Professor in the Astronomy Department. Please see page 16 for course information. Community Center**

**3:00pm – iPhone/iPad Class: Topic: *Facebook, use and permissions* with with Systems Specialist, Crystal Rothfuss. Please bring your devices with you. Music Room**

**\*7:00pm – Depart for Flower City Jazz Society Concert: *Joe Cavallaro's Dixieland Band* at the Radisson Hotel Airport. Tickets are \$12.00 each, pay upon arrival. Return approx. 10:00pm**

**Tuesday, July 16<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am – Fit Living with Mark Strivings. Fitness Room

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required

10:30am- 12:00pm – Circuit Training. Exercise Room

11:00am – Gathering with Rabbi Hein from Chabad-Lubavitch of Pittsford for prayer, friendship, and reflection. Music Room

**\*12:40pm – Monthly Men’s Group: Gather with your neighbors and Chaplain Steve Petrovich to enjoy dessert and conversation! Laurelwood Gallery**

1:15pm – Worship Service with Chaplain Steve Petrovich. Laurelwood Gallery

**2:00pm – Lecture Series: *The Revolutionary Progress of Human History: The Enlightenment* with Sarah Hodgson, Social Studies teacher at Arcadia High School. Please see page 16 for more information. Community Center**

**\*4:30pm – Volunteers Needed! Depart for the American Cancer Society B. Thomas Golisano Hope Lodge Hospitality House to cook dinner for Lodge guests. Volunteers will receive dinner. Food is donated by The Highlands at Pittsford. Return approx. 8:00pm**

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### Wednesday, July 17<sup>th</sup>:

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

**\*10:30am – Depart for a picnic lunch at B. Forman Park in Pultneyville. Enjoy views of Lake Ontario and great conversation with your neighbors. No fee to attend. Please be aware there is walking on uneven ground. Return Approx. 3:00pm.**

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

3:30pm – Catholic Communion with a volunteer from St. Louis Church. Laurelwood Activities Room

**\*4:00pm – “UR” Always Learning Lecture: *Recent Events through Witty Poetry* with Melissa Blamain Adjunct Instructor in the Department of English. Located in the Hahnemann Club.**

**Transportation is provided from Hahnemann Square at 3:45pm. Return approx. 5:15pm.**

**Please see page 17 for lecture information.**

4:00pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands’ Pub

### Thursday, July 18<sup>th</sup>:

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Pray the Rosary with a volunteer from St. Louis Church. Music Room

**12:30pm – Depart for Bristol Valley Theater Playhouse for the showing of *Murder for Two*. Please note tickets and transportation arrangements were made in advance. Return approx.**

**5:00pm**



**Residents touring Ganondagan’s Seneca Art & Culture Center.**

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Friday, July 19<sup>th</sup>:**

9:00am – Walking Tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

11:00am – Resident Portal: Topic: *Overview- open forum, let's look at and talk about the benefits and uses of the Resident Portal* with Systems Specialist Crystal Rothfuss. Music Room

\*1:00pm – Computer Class: Topic: *Facebook, use and permissions* with Systems Specialist Crystal Rothfuss. Media Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:15pm – Hymn Study with Chaplain Steve Petrovich, a non-religious based discussion. Laurelwood Gallery

2:00pm – Wine Down Friday: concert and refreshments. Enjoy complimentary refreshments, wine for purchase, and conversation from 2:00pm-3:30pm at The Highlands' Pub. From 2:30pm-3:30pm enjoy a classical piano concert featuring Ivanka Driankova in the Community Center.

**Saturday, July 20<sup>th</sup>:**

10:30am – Tai Chi Class with Master Kathy Gill, PhD. Fitness Room

1:30pm – Pet Visit with Gooch the Rottweiler. Laurelwood Front Entrance

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

**Sunday, July 21<sup>st</sup>:**

8:30am-11:30am – Depart to local area churches. Please call the Hospitality Desk for complete church list, departure times, and to sign up for a ride.

9:30am – First Presbyterian Church of Pittsford live stream service. Music Room

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

2:30pm – Sunday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.

**Monday, July 22<sup>nd</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

12:45pm – Water Fitness with Robin Gallagher. Pool

1:00pm – Euchre Group. Social Room

2:00pm – University of Rochester Lecture Series: *Observations of Black Holes - They really do exist!* with Kelly Douglass, PhD., Visiting Assistant Professor in the Astronomy Department. Please see page 16 for course information. Community Center

7:00pm – Evening Music, live entertainment with Musique Duo featuring keyboard, saxophone, and drums. Community Center

**Tuesday, July 23<sup>rd</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am – Fit Living with Mark Strivings. Fitness Room

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required

10:30am-12:00pm – Circuit Training. Exercise Room

1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery

2:00pm – Lecture Series: *The Revolutionary Progress of Human History: The Industrial Revolution* with Sarah Hodgson, Social Studies teacher at Arcadia High School. Please see page 16 for more information. Community Center



**Residents left to right: Karen Francis, Midge Kerlan, Anna Koomen, and Betty Iwan at the annual Closest to the Pin Chipping Contest.**

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### Wednesday, July 24<sup>th</sup>:

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

**\* 11:00am – Depart for lunch at TRATA, with menu items including salads, sandwiches, and burgers, followed by a tour of Cobbs Hill Daylily Garden. The garden is a national display featuring over 400 varieties of daylilies including many hybridizes. Walking is required. Please be aware there is limited seating at the garden. No Fee to attend. Return approx. 4:00pm**

**11:30am-1:30pm – Garbage Plate Lunch Fundraiser in support of the Highlands' Campus Team for the Alzheimer's Association Walk. No advance sign up or advance purchase necessary. \$5.00 donation. Location: small parking lot between The Highlands and The Living Center.**

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

3:30pm – Catholic Communion with a volunteer from St. Louis Church. Laurelwood Activities Room

4:00pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands' Pub

### Thursday, July 25<sup>th</sup>:

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required

10:30am-12:00pm – Circuit Training. Exercise Room

1:00pm – Gentle Yoga with Eva Kane. Fitness Room

**1:00pm – Depart for the Canandaigua Lady Boat Excursion Tour. Please note residents signed up and paid in advance. Return approx. 5:00pm**



### Friday, July 26<sup>th</sup>:

9:00am – Walking Tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:15pm – Popular Music Sing-Along with Chaplain Steve Petrovich. Laurelwood Gallery

**2:30pm – Music Mixer, live entertainment with Geoff Clough featuring keyboard. Laurelwood Gallery**

3:30pm – Current Events Club. Are you interested in discussing current issues, expressing your opinions, and being exposed to the ideas of your fellow residents? Music Room

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.



**Saturday, July 27<sup>th</sup>:**

10:30am – Tai Chi Class with Master Kathy Gill, PhD. Fitness Room

**\*11:00am – Pathway to Pittsford Errand Bus departs to Pittsford Plaza, Pittsford Cinema and Pittsford Community Library. There will also be a stop to the Pittsford Village Farmers Market at the Pittsford Senior Center. The bus departs from the Highlands at 11:00am, 12:00pm and 1:00pm.**

1:30pm – Slide Show: *Armchair Travel: Ireland* with Laurelwood Life Enrichment Assistant Brooklyn Santiago. Laurelwood Gallery

2:30pm – Saturday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

**Sunday, July 28<sup>th</sup>:**

8:30am-11:30am – Depart to local area churches. Please call the Hospitality Desk for complete church list, departure time, and to sign up for a ride.

9:30am – First Presbyterian Church of Pittsford live stream service. Music Room

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

2:30pm – Sunday Movie Matinee: The movie title will be announced in advance on the digital sign and Resident Portal. Community Center

**Monday, July 29<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

12:45pm – Water Fitness with Robin Gallagher. Pool

1:00pm – Euchre Group. Social Room

**2:00pm – University of Rochester Lecture Series: *Observations of Black Holes ~ They really do exist!* with Kelly Douglass, PhD., Visiting Assistant Professor in the Astronomy Department. Please see page 16 for course information. Community Center**

No Resident Meeting today. The next Resident Meeting will be held on Monday, August 12<sup>th</sup>.

**7:00pm – Monday Night Movie: The movie title will be announced in advance on the digital sign and Resident Portal. Music Room**



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### Tuesday, July 30<sup>th</sup>:

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am – Fit Living with Mark Strivings. Fitness Room

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required

10:30am-12:00pm – Circuit Training. Exercise Room

1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery

2:00pm – Lecture Series: *The Revolutionary Progress of Human History: The Meiji Restoration* with Sarah Hodgson, Social Studies teacher at Arcadia High School. Please see page 16 for more information. Community Center

### Wednesday, July 31<sup>st</sup>:

\*8:15am – Depart for a tour of Frank Lloyd Wright’s Fontana Boat House and lunch in Buffalo, NY. The Boat House is located at the convergence of Lake Erie and the Niagara River. Tour admission fee is \$10.00 and will be collected on the bus. Lunch at the Lafayette Brewing Company featuring burgers, soups, salads, and sandwiches. Walking is required. Return approx. 4:00pm

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

3:30pm – Catholic Communion with a volunteer from St. Louis Church. Laurelwood Activities Room

4:00pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands’ Pub

6:30pm – Evening Music, live entertainment with Tom Dunn featuring guitar. Laurelwood Gallery



Residents at the Exhibit: *Stonewall: 50 Years Out* at the Central Library of Rochester.  
Resident Ralph Carter (left) assisted with exhibit curation.

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University of Rochester Courses:

**Life and Art of Vincent van Gogh**  
**Mondays June 17 - July 8<sup>th</sup> 2:00pm**

Van Gogh is probably the most studied artist of today. You will follow his life through illustrated letters to his brother Theo, and his very short painting career to uncover the real painter.

Susan Nurse was the Visual Resources Coordinator at the Memorial Art Gallery for 17 years. She coordinated the Slide Library, which also comprises digital images. She also managed the Library and Archival Photography. She has a Masters in Art History from the University of Buffalo. Susan has lectured at the Gallery's Creative Workshop, RIT Osher Center, and SUNY Brockport.

**Contemporary Moral Problems**  
**Tuesdays June 11<sup>th</sup>, 25<sup>th</sup> and July 2<sup>nd</sup> 2:00pm**

This course will deal with the problems of racism, sexism, and antisemitism. The aim will be to clarify the ethical issues involved in each of these forms of bias, to explore the similarities and differences among the three, and to point out the unique ways in which each is oppressive.

Robert L. Holmes, Ph.D. is Emeritus Professor of Philosophy at the University of Rochester. He received his PhD at Michigan University. His research interests include ethics, social philosophy, and philosophy of war. He is author of *The Ethics of Nonviolence*, *Nonviolence in Theory and Practice* and *Basic Moral Philosophy*.

**The United Religions Initiative (URI)**  
**Sunday, July 7<sup>th</sup> 1:30pm**

URI is a global network of over 1,000 interfaith grassroots groups, called Cooperation Circles, engaged in peacebuilding in over 100 countries. Grassroots groups of people of different religious or spiritual beliefs work together for the good of their communities and the world. The over-arching goal is to end violence that is motivated by religion. This presentation will provide local (University of Rochester's Interfaith Chapel) and global initiatives to end religiously-motivated violence.

Rev. Dr. C. Denise Yarbrough, the University of Rochester's Director of Religious and Spiritual Life at the UR Interfaith Chapel and Gabrielle Henry, an interfaith activist who just graduated from the U of R will provide a local perspective. Alice Swett, daughter of former Highlands Resident Nancy Swett, works in the URI Global Support Office in San Francisco will also speak briefly about interfaith activity globally.

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**Observations of Black Holes - They really do exist!**  
**Mondays July 15<sup>th</sup> –August 5<sup>th</sup> 2:00pm**

The publication of Einstein's theory of general relativity in 1915 resulted in the prediction of black holes: regions of space where the gravity is so strong that not even light can escape. The existence of such an object was met with much skepticism, with many believing that they were a sign that the theory was flawed. Join as we discuss the various observations over the years that have led to the conclusion that black holes are real, but just as mysterious as ever. This course is a continuation of Kelly's Black Holes discussion she began at The Highlands' in August 2018. The 2018 course is not a prerequisite for her new 2019 course. All are welcome!

Professor Douglass graduated from Cornell University with her Bachelors in Physics and from Drexel University with her PhD in Physics. Currently a visiting assistant professor at the University of Rochester, she teaches and conducts research on understanding how the large-scale environment influences galaxy evolution. Outside of academia, she is an amateur Latin and ballroom dancer and enjoys reading, sewing, and mowing the lawn.

**Lecture Series:**

**The Revolutionary Progress of Human History**  
**Tuesdays, July 9<sup>th</sup> – August 27<sup>th</sup> 2:00pm**

Human history can be viewed as a long experiment filled with trial, error, and revision aimed at fostering perpetual progress. Even the definition of progress has undergone this process of experimentation; at times it has been chiefly aimed at a raised standard of living or expansion of commerce at other moments in history it has been defined by an expansion of human freedom or the notion of equality. Many of these experiments have resulted in chaos as a society sought to completely remake itself; often with unintended consequences. Each of these experiments has changed human life and interaction on all levels and in all areas of society. Due to this total upheaval we have dubbed these experiments revolutionary. This lecture series will explore the nature, purpose, and outcome of the significant revolutions in human history while exploring the notion of progress and asking if it can be achieved without this messy upheaval.

Sarah Hodgson is a high school Social Studies teacher who has taught a variety of courses including Advanced Placement World History, Sociology, and Government and Economics. She earned her undergraduate degree in History from Nazareth College and went on to complete her Masters of Arts in Liberal Studies. She attended SUNY Brockport for a post-graduated certificate in administration. Sarah has attended numerous conferences and learning workshops with Hickey Center for Interfaith Studies and Dialogue due to her research interest in the world's religions. Her research interests also include the French Revolution with a focus on the art of Jacques-Louis David and the development of civilization.

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“UR” Always Learning Lecture Series:

**The Great Famine, 1842-1852**

**Wednesday, July 10<sup>th</sup>, 2019 4:00pm**

The Great Famine was the defining and catalytic event in Modern Irish History. Accompanied by unprecedented levels of starvation, disease, and emigration, it reduced the population of Ireland by 25% in the space of a few years. It also intensely complicated relations between Great Britain and Ireland and, by way of mass emigration, directly affected the history of the United States. In this lecture drawn from his course “England and Ireland since 1800”, Professor Weaver will discuss the complex causes and consequences of the Great Famine with particular attention to the various political and cultural mythologies that surround it.

**Recent Events through Witty Poetry**

**Wednesdays, July 17<sup>th</sup>, 2019 4:00pm**

Sick of grim news, both national and global? Then come for a dose of funny poems based on recent events-including some events so strange, you may be amazed to learn they really happened. Author, editor, and University of Rochester Professor, Melissa Balmain, shares verse by some of the wittiest poets around. Melissa Balmain is a journalist, humorist, and editor whose subjects have ranged from popular culture to parenthood, from cattle ranchers to colliers that surf. Her work has appeared in *The New Yorker*, *The New York Times*, *McSweeney’s*, *Details*, *American Arts Quarterly*, *Measure*, *The Spectator* (UK), and many other publications. She writes a column for *Success* magazine and edits *Light* (formerly *Light Quarterly*), an online journal of light verse.

Committees and Task Force Groups

The Highlands’ has a variety of committees for residents to play an active role in the community. If you find a committee that interests you, please contact Margaret Leyden 641-6387 for more information.

Committees: Dining Committee, Community Outreach Committee, Program Planning Group, Friendship Committee, Go Green Committee, Health Affairs Committee, Landscape Committee, and Library Committee.

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the digital sign.