# Laurelwood at The Highlands at Pittsford



# Calendar of Events September 2018



# Saturday 9/01

9:15am - How's your day going? Greeting (Dining room & Library area)

10:15am - Fitness: Tai Chi (Activity Room)

11:00am - Trivia: Labor Day Laborers Trivia (Hearth Room)

1:30pm - Game: Bingo (Activities Room)

3:00pm - Afternoon Connection: Model T (Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Movie: "Labor Day" - Drama (Gallery)



# **Sunday 9/02**

9:45am - How's your day going? Greeting (Dining room & Library area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Depart for a Scenic Ride (Outing) To register call Laura 641-6350

3:00pm - Afternoon Connection: Learning About Labor Day (Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner

# Monday 9/03 Labor Day

10:15am - Fitness: Exercise Video (Gallery)

11:00am - Game: Help your self to Crossword Puzzles (Gallery)

2:00pm - Art: Labor Day Coloring Pages (Gallery)

3:15pm - Word Puzzles: Labor Day- Help yourself! (Gallery)

6:30pm - Movie: "Molly - an American Girl on the Home Front" (Gallery)



## Tuesday 9/04

9:00am - How's your day going? Greeting (Dining room & Library area)

10:00am - Therapeutic Harp Music (Activities Room)

10:30am - Nail Cutting (Gallery)

11:00am - Morning Connection: Back to School Spelling Bee (Activities Room)

1:15pm - Bible Study with Chaplain Steve Petrovich (Gallery)

1:30pm - Presentation with Deputy Todd Thurston, Crime Prevention Officer from the Monroe County Sheriff Office. Deputy Thurston will discuss the Yellow Dot Program (Highlands' Community Center)

2:30pm - Baking- Homemade Apple Crisp (Activities Room)

3:45pm - Afternoon Connection: Fun Facts about Germany (Hearth Room)

6:30pm - Craft: Fall banners (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641- 6385 for Cheryl,

# Wednesday 9/05

- 9:00am How's your day going? Greeting (Dining room & Library area)
- 10:30am Fitness: Yoga with Carol (Activities Room)
- 11:00am Morning Connection: Back to School (Hearth Room)
- 1:30pm Afternoon Connection: Creative Card making in honor of our Fire Fighters (Activities Room)
- 2:00pm U of R Course: Intellectual History of Istanbul with Sevinc Turkkan, PhD. (Highlands' Community Room)
- 2:30pm Afternoon Connection: The new Red Panda at The Binghamton Zoo (Gallery)
- 3:30pm Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm Game: What's my Job? (Hearth Room)
- 6:30pm Fitness: Shuffle Board (Gallery)



# Thursday 9/06

- 9:00am How's your day going? Greeting (Dining room & Library area)
- 10:00am Fitness: Exercise Video (Gallery)
- 11:00am Fashion: Don't Wear White after Labor Day (Hearth Room)
- 1:15pm Nail Painting (Activities Room)
- 2:30pm Afternoon Connection: Crosswords with Larry Shearer (Activities Room)
- 3:45pm Afternoon Connection: Star of the Month Greta Garbo (Patio)
- 6:30pm Movie: "Book Club" Comedy (Gallery)

### **Friday 9/07**

- 9:00am How's your day going? Greeting (Dining room & Library area)
- 10:15am Fitness: Class with Carol (Activities Room)
- 11:00am Health Benefits: An Apple a day keeps the Doctor away (Hearth Room)
- 1:00pm Catholic Mass with volunteers from St. Louis Church (Highlands' Community Center)
- 1:15pm Pause for Peace, Interfaith Worship with Chaplain Steve Petrovich (Highlands' Music Room)
- 1:30pm Reminiscing: Grandma Moses and her paintings (Hearth Room)
- 2:30pm Music Mixer with Tom and Peg, keyboard and guitar (Gallery)
- 3:45pm Afternoon Connection: Junk Drawer Detective (Gallery)
- 7:30pm Watch Jeopardy with your friends! (Gallery)



### Saturday 9/08

- 9:15am How's your day going? Greeting (Dining room & Library area)
- 10:15am Fitness: Tai Chi (Activity Room)
- 11:00am Trivia: All Kinds (Hearth Room)
- 1:30pm Game: Price is Right (Activities Room)
- 3:00pm Afternoon Connection: Inspirational News Stories (Hearth Room)
- 4:00pm Join your friends on the Patio for conversation before dinner
- 6:30pm Movie: "The Pirates Of Penzance" Musical (Gallery)

# Sunday 9/09 Grandparents' Day & Rosh Hashanah begins at sundown

9:45am - How's your day going? Greeting (Dining room & Library area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Game: Dominoes (Activities Room)

3:00pm - Discussion: Being a Grandparent (Activities Room)

4:00pm - Join your friends on the Patio for conversation before dinner

# Monday 9/10

9:00am - How's your day going? Greeting (Dining room & Library area)

10:00am - Fitness: Exercise Video (Gallery)

10:30am - Quilting Club with Susan O'Keefe (Activities Room)

10:45am - Depart for lunch at Panera Bread (Outing) To register call Cheryl 641-6385

1:30pm - History: Patriot's Day (Hearth Room)

2:30pm - Rosh Hashanah Celebration with Susan Krasner—vocalist & keyboard (Gallery)

4:00pm - Gathering: "Mocktail Party" come join your friends! (Hearth Room)

6:15pm - Game: Name 10 (Gallery)

7:00pm – Presentation: Are the Bees in Trouble? With Beekeepers Rich Riedman (and son of resident Norma Riedman) and Sam Hall (Highlands' Community Center)









If you have any questions please dial 641-6345 for Crystal,

641-6385 for Cheryl or 641-6350 for Laura

# **Tuesday 9/11 Patriot Day**

- 9:00am How's your day going? Greeting (Dining room & Library area)
- 10:15am Fitness: Walking Group (Meet near elevator)
- 11:00am Morning Connection: "Never Forget": USS New York (Hearth Room)
- 1:15pm Bible Study with Chaplain Steve Petrovich (Gallery)
- 2:30pm Crafting with Verna (Activities Room)
- 4:00pm Rosh Hashanah Shofar Service with Rabbi Hein from Chabad-Lubavitch of Pittsford (Highlands' Music Room)
- 6:30pm Evening Entertainment with Joe Naples piano (Highlands' Community Center)



# Wednesday 9/12

- 9:00am How's your day going? Greeting (Dining room & Library area)
- 10:30am Fitness: Yoga with Carol (Activities Room)
- 11:00am Morning Connection: Concentration Puzzles (Hearth Room)
- 1:15pm Afternoon Connection: About Rosh Hashanah The Jewish New Year (Gallery)
- 2:00pm Presentation: Music & Life of Mel Torme by Larry Shearer (Activities Room)
- 3:30pm Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm Happy Hour Join us in celebrating National Assisted Living Week (Gallery)
- 6:30pm Game: Jeopardy (Gallery)

If you have any questions please dial 641- 6345 for Crystal, 641- 6385 for Cheryl,

# Thursday 9/13

9:00am - How's your day going? Greeting (Dining room & Library area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Humor: Art Buchwald: The Art of Satire (Hearth Room)

1:15pm - Game: 20 Questions (Gallery)

2:00pm - U of R Course: Intellectual History of Istanbul with Sevinc Turkkan,

PhD. (Highlands' Community Room)

2:30pm - Craft: Decorating picture frames (Activities Room)

3:45pm - Afternoon Connection: Celebrity Birthday Celebration (Gallery)

6:30pm - Movie: "5 Flights Up"- Drama (Gallery)

### Friday 9/14

9:00am - How's your day going? Greeting (Dining room & Library area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Morning Connection: This Day in History (Hearth Room)

1:15pm - Poems, Quotes, and Songs with Chaplain Steve Petrovich (Gallery)

1:30pm - Game: Jigsaw Puzzle (Hearth Room)

2:30pm - Music Mixer with Hanna Klau– piano and vocals

(Highland's Community Center)

3:45pm - Afternoon Connection: Hidden Pictures (Hearth Room)

7:30pm - Watch Jeopardy with your friends! (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641- 6385 for Cheryl,

# Saturday 9/15

9:15am - How's your day going? Greeting (Dining room & Library area)

10:15am - Fitness: Tai Chi (Activity Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Game: Yahtzee (Activities Room)

3:00pm - Afternoon Connection: German Heritage Month (Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Movie: "You've Got Mail" - Romantic Comedy (Gallery)



# **Sunday 9/16**

9:45am - How's your day going? Greeting (Dining room & Library area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Travelogue Slide Show: Russia and it's beautiful landmarks (Activities Room)

3:00pm - Afternoon Connection: Inspirational News Stories (Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner

### **Monday 9/17**

9:00am - How's your day going? Greeting (Dining room & Library area)

10:00am - Fitness: Exercise Video (Gallery)

### **Quilting Club is CANCELLED today.**

10:45am - Depart for lunch at Tom Wahl's (Outing) To register call Cheryl 641-6385

1:30pm - Afternoon Connection: Jumble of the day (Hearth Room)

2:00pm - Presentation: What's Happening to Our Government with biographer David Cay Johnson (Highlands' Community Center)

2:30pm - Game: Name That Job Tune (Activities Room)

3:30pm - Afternoon Connection: Wacky Wordies (Hearth Room)

4:00pm - Gathering: "Mocktail Party" come join your friends! (Hearth Room)

6:30pm - Fitness: Balloon Table Tennis (Gallery)

### Tuesday 9/18

9:00am - How's your day going? Greeting (Dining room & Library area)

10:30am - Nail Cutting (Gallery)

11:00am - Morning Connection: Armchair Travel (Hearth Room)

1:15pm - Worship Service with Chaplain Steve Petrovich (Gallery)

1:30pm - Card Game: Uno (Hearth Room)

2:30pm - Afternoon Connection: Occupational Taste Buds Test - You Are What You Eat! (Activities Room)

3:00pm - Food Forum (Activities Room)

4:00pm - Pet Therapy: Come visit with our Furry Friend Daisy - Front Entryway

6:30pm - Game: Dominoes (Activities Room)

If you have any questions please dial 641- 6345 for Crystal, 641- 6385 for Cheryl,

### Wednesday 9/19

9:00am - How's your day going? Greeting (Dining room & Library area)

10:30am - Fitness: Yoga with Carol (Activities Room)

11:00am - Fun Facts: 43 Colorful facts about Autumn (Hearth Room)

12:00pm - Birthday Party with Karen LaBella (Dining Room)

1:30pm - Biography: Master Composer- Alexander Scriabin (Activities Room)

2:30pm - Game: Who am I? (Hearth Room)

3:30pm - Catholic Communion with St. Louis Church (Activities Room)

3:45pm - Afternoon Connection: Autumn Sing—a—long (Gallery)

6:30pm - Game: Wii Electronic Bowling (Gallery)

### Thursday 9/20

9:00am - How's your day going? Greeting (Dining room & Library area)

10:00am - Fitness: Exercise Video (Gallery)

11:00am - Pray the Rosary with volunteers from St. Louis (Highlands' Music Room)

1:30pm - Nail Painting (Activities Room)

2:00pm - U of R Course: Intellectual History of Istanbul with Sevinc Turkkan, PhD. (Highlands' Community Room)

2:30pm - Game: Bingo (Activities Room)

3:45pm - Afternoon Connection: Autumn Tales (Hearth Room)

6:30pm - Movie: "Quartet" (Gallery)



If you have any questions please dial 641- 6345 for Crystal, 641- 6385 for Cheryl,

# **Friday 9/21**

9:00am - How's your day going? Greeting (Dining room & Library area)

10:15am - Fitness: Class with Carol (Activities Room)

11:00am - Humor: Bloopers (Hearth Room)

1:15pm - Hymn Study with Chaplain Steve Petrovich (Gallery)

2:30pm - Music Mixer with Top Brass (Gallery)

3:45pm - Afternoon Connection: Junk Drawer Detective (Gallery)

7:30pm - Watch Jeopardy with your friends! (Gallery)

### Saturday 9/22 First day of Autumn & Sukkot begins at sundown

9:15am - How's your day going? Greeting (Dining room & Library area)

10:15am - Fitness: Tai Chi (Activity Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Game: Scrabble (Activities Room)

3:00pm - Afternoon Connection: Foreign Languages (Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Movie: "A Royal Night Out" (Gallery)



# **Sunday 9/23**

- 9:45am How's your day going? Greeting (Dining room & Library area)
- 10:30am Catholic Communion Service (Activities Room)
- 11:00am Trivia: What do you know? (Hearth Room)
- 1:30pm Nikhila and Nilesh Rao Indian musical instruments (Gallery)
- 3:00pm Game: Yahtzee (Activities Room)
- 4:00pm Join your friends on the Patio for conversation before dinner

# **Monday 9/24**

- 9:00am How's your day going? Greeting (Dining room & Library area)
- 10:00am Fitness: Exercise Video (Gallery)
- 10:30am Quilting Club with Susan O'Keefe (Activities Room)
- 10:45am Depart for lunch at Richardson's Canal House (Outing) To register call Cheryl 641-6385
- 1:30pm Game: Newspaper Headlines (Activities Room)
- 2:30pm Presentation: Bird Migration with Richard Ashworth (Activities Room)
- 3:30pm Afternoon Connection: Harvest Moon (Hearth Room)
- 4:00pm Gathering: "Mocktail Party" come join your friends! (Hearth Room)
- 6:30pm Baking: Chocolate Banana muffins (Gallery)

If you have any questions please dial 641-6345 for Crystal, 641-6385 for Cheryl,

# Tuesday 9/25

- 9:00am How's your day going? Greeting (Dining room & Library area)
- 10:15am Fitness: Walking Group & light stretching (Meet near elevator)
- 11:00am Art: Adult Coloring (Hearth Room)
- 1:15pm Bible Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm Afternoon Connection: Jigsaw Puzzle (Hearth Room)
- 2:00pm Presentation: Egyptian Odyssey: Cairo, the Nile and Like Nasser with Resident Betty Iwan. (Highlands' Community Center)
- 2:30pm Social: Root beer Floats (Hearth Room)
- 3:30pm Resident Meeting (Activities Room)
- 6:30pm Evening Entertainment with Geoff Clough (Gallery)



# Wednesday 9/26

- 9:00am How's your day going? Greeting (Dining room & Library area)
- 10:30am Fitness: Yoga with Carol (Activities Room)
- 11:00am Morning Connection: Famous Singers and their songs (Hearth Room)
- 1:30pm Short Story: My Hilarious Job History (Activities Room)
- 2:00pm-4:00pm Walk to End Alzheimer's on the Highlands at Pittsford's Campus! Enjoy music and refreshments (Highlands' Hahnemann Club)
- 3:30pm Catholic Communion with St. Louis Church (Activities Room)
- 3:45pm Happy Hour-Join your friends for Great Food and Sparkling Conversation! (Patio)
- 6:30pm Craft: Mixed Media Silhouettes (Gallery)

# Thursday 9/27

- 9:00am How's your day going? Greeting (Dining room & Library area)
- 10:00am Fitness: Exercise Video (Gallery)
- 11:00am Morning Connection: Fall Memories (Hearth Room)
- 1:30pm Afternoon Connection: Pictures of the RMS Queen Elizabeth (Hearth Room)
- 2:00pm Presentation: Portrayal of Amelia Earhart with Eleanor Stearns a historical actor. (Highlands' Community Center)
- 2:30pm Tasting Club Apple pairing (Activities Room)
- 3:45pm History: The Piano (Hearth Room)
- 6:30pm Movie: "Woman in Gold" Drama (Gallery)



# **Friday 9/28**

- 9:00am How's your day going? Greeting (Dining room & Library area)
- 10:15am Fitness: Class with Carol (Activities Room)
- 11:00am Morning Connection: The Daily Chronicle (Hearth Room)
- 1:15pm Hymn Study with Chaplain Steve Petrovich (Gallery)
- 1:30pm Card Game: Crazy 8's (Hearth Room)
- 2:30pm Music Mixer with Rhythm Aces Duo (Highlands' Music Room)
- 3:45pm Afternoon Connection: Hidden Pictures (Hearth Room)
- 7:30pm Watch Jeopardy with your friends! (Gallery)

# Saturday 9/29

9:15am - How's your day going? Greeting (Dining room & Library area)

10:15am - Fitness: Tai Chi (Activity Room)

11:00am - Trivia: All Kinds (Hearth Room)

1:30pm - Game: Bingo (Activities Room)

3:00pm - Fitness: Popcorn Toss (Gallery)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Movie: "Planes, Trains, and Automobiles" (Gallery)

# **Sunday 9/30**

9:45am - How's your day going? Greeting (Dining room & Library area)

10:30am - Catholic Communion Service (Activities Room)

11:00am - Trivia: What do you know? (Hearth Room)

1:30pm - Depart for the beginning of Fall foliage Scenic Ride (Outing) To register call Laura at 641-6350

3:00pm - Art: Tree-Mendous Apples Painting (Activities Room)

4:00pm - Join your friends on the Patio for conversation before dinner

