

# THE HIGHLANDS AT PITTSFORD



## Cultural and Educational Program Calendar

# May 2018



**Tuesday, May 1<sup>st</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

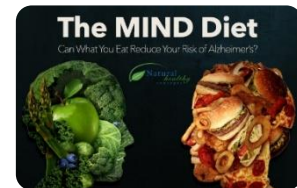
10:30am-12:00pm – Circuit Training. Exercise Room

10:30am – Functional Fitness with Maureen Keller. Fitness Room

1:00pm – University of Rochester Course *“The Arabian Nights Across the “East/West” Divide”* with Sevinc Turkkan, PhD, Department of Religion and Classics at The University of Rochester. Please see page 15 for course information. Community Center

1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery

3:00pm –The Alzheimer's Association Presents: A Video Education Series: *The Mind Diet: Nutrition to Promote Brain Health* with Courtney Porray, RD, CDN. This interactive video education series will provide information on various topics as they relate to Alzheimer’s disease and other dementia. The sessions are intended to connect care partners with experts such as physicians, researchers, and attorneys. Community Center

**Wednesday, May 2<sup>nd</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

\*12:00pm – Depart for Pittsford Senior Center for a Pittsford Highlands’ chorus performance.

Transportation will be provided for singers only. Return approx. 1:30pm

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:30pm –University of Rochester Course: *Germany and the Ottoman Railways: Art, Empire and Infrastructure* with Peter Christensen, PhD, Assistant Professor of Art History. Based on Peter’s book, he will review the complex political and cultural relationship between the German state and the Ottoman Empire as it is explored through the lens of the Ottoman Railway network, architecture, and material culture. Please see page 16 for speaker information. Community Center

No Highlands Pittsford chorus today

2:00pm – Fine Dining Food Forum. Seneca Dining Room

4:00pm-6:00pm – Cinco De Mayo Happy Hour: drink specials and appetizers. The Highlands’ Pub

May

\*The programs denoted with an asterisk indicate it is necessary to sign up in advance. The sign up book is located beneath the Digital Sign.

**Thursday, May 3<sup>rd</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am-12:00pm – Circuit Training. Exercise Room

10:30am – Functional Fitness with Maureen Keller. Fitness Room

**\*11:30am – Depart for the Eastman at Washington Square Concert: *Romantic Music for Violin and Piano*. No fee to attend, brown bag lunches are welcome. Minimum of 2 participants. Return approx. 1:30pm.**

**2:00pm – University of Rochester Lecture: *A New Light on the Past: Cultural Heritage and Imaging Science* with Greg Heyworth PhD, Associate Professor of English and Textual Science; Director, Lazarus Project at the University of Rochester. This talk will introduce the field of textual science through a discussion of the technology and images of manuscripts, maps, and cave paintings on which the Lazarus Project has been working. Please see page 16 for speaker information Community Center**

2:00pm – Blood Pressure Screening. Club Room

**Friday, May 4<sup>th</sup>:**

9:00am – Walking tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

11:15am – Tech Time with facilitator Crystal Rothfuss, IT Technician. Share ideas, information and questions about technology. Topic: *Google Searches, how to construct an effective search.* Music Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:00pm – Catholic Mass with volunteers from St. Louis Church. Community Center

1:15pm – Pause for Peace Worship Service with Chaplain Steve Petrovich. Music Room

**2:30pm – Cinco de Mayo Music Mixer: Live Entertainment with Seth Sealton, jazz duo. Community Center**



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**Saturday, May 5<sup>th</sup>: Cinco de Mayo**

**No Tai Chi Class with Dr. Kathy Gill today**

\*11:00am – Pathway to Pittsford Errand Bus departs to Pittsford Plaza, Pittsford Cinema and Pittsford Community Library. The bus departs from the Highlands at 11:00am, 12:00pm and 1:00pm.

**1:30pm – Afternoon Music with Rock City Ringers Bell Choir. Community Center**

**2:30pm – Saturday Matinee: *Cinco De Mayo: La Batalla (2013)*. Music Room**



**Sunday, May 6<sup>th</sup>:**

8:30am-11:30am – Depart to local area churches. Please call the Hospitality Desk for complete church list, departure time, and to sign up for a ride.

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activities Room

2:30pm – Sunday Movie Matinee: *The Pianist (2002)*. Community Center

**Monday, May 7<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

\*10:00am – Monthly Kitchen Tour. Tour is approx. 30 minutes long. Space is limited; please sign up in the Program Book. Meet outside Lilac Shop

10:15am – Fitness Class with Robin Gallagher. Fitness Room

10:30am – Quilting Club with Susan O’Keefe, all are welcome. Music Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:00pm – Euchre Group. Social Room

**2:00pm – University of Rochester Course: *Masterpieces of Art in Depth* with Susan Nurse.**

**Please see page 15 for course information. Community Center**

3:30pm – Book Discussion Group. All are welcome to join. Activities Room

**6:45pm – Depart for the Penfield Symphony Concert: *A Little Russian*. Please note ticket and transportation arrangements were made in advance. Return approx. 9:30pm**



\*The programs denoted with an asterisk indicate it is necessary to sign up in advance. The sign up book is located beneath the Digital Sign.

**Tuesday, May 8<sup>th</sup>:**

- 9:00am – Water Fitness with Robin Gallagher. Pool
- 9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.
- 10:30am-12:00pm – Circuit Training. Exercise Room
- 10:30am – Functional Fitness with Maureen Keller. Fitness Room
- \*11:30am – Depart for the Books Sandwiched In Series at the Central Library of Rochester: *Leonardo da Vinci* by Walter Isaacson, reviewed by Dr. Jorge L. Diaz-Herrera, President of Keuka College. No fee to attend. Minimum of 2 participants. Return approx. 1:30pm**
- 1:00pm – Knitting Group. Please bring your own supplies; yarn is available for charity knitting. Music Room
- 1:00pm – University of Rochester Course *“The Arabian Nights Across the “East/West” Divide”* with Sevinc Turkkan, PhD, Department of Religion and Classics at The University of Rochester. Please see page 15 for course information. Community Center
- 1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery

**Wednesday, May 9<sup>th</sup>:**

- 9:00am – Fitness Class with Robin Gallagher. Hahnemann Club
- 10:15am – Fitness Class with Robin Gallagher. Fitness Room
- 1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool
- 1:00pm – Alzheimer’s Support Group for caregivers facilitated by Alzheimer’s Association staff and volunteers. The group provides updated information, emotional support, and problem solving as related to the challenges of giving care to those living with Alzheimer’s disease or other dementia. All are welcome. Seneca Dining Room
- 2:00pm – The Pittsford Highlands chorus performance: *A Trip down Memory Lane*. Come listen to your fellow neighbors as they sing into Spring. Community Center
- \*4:00pm – “UR” Always Learning Lecture: *Global Education and the Sustainable Development Goals* with Milena Novy-Marx Ph.D., Associate Professor in the Department of Political Science at the University of Rochester. Located in the Hahnemann Club. Transportation is provided from Hahnemann Square at 3:45pm. Please see page 17 for course information. Return approx. 5:15pm**
- 4:00pm-6:00pm – Happy Hour: drink specials and appetizers. The Highlands’ Pub



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### Thursday, May 10<sup>th</sup>:

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am-12:00pm – Circuit Training. Exercise Room

1:00pm – Gentle Chair Yoga with Eva Kane. Fitness Room

2:00pm – Presentation: *A Talk in the Hand* with Andrea Patterson, President at Braddock's Bay Bird Observatory (BBBO). Operating with an all-volunteer staff, BBBO has developed a 30-year dataset consisting of nearly 250,000 records. Individually and collectively, these records tell fascinating stories of bird behavior, movement and survival across an increasingly challenging landscape. Andrea will share photos of birds and talk about joyful moments, surprising revelations, and occasional heartbreak. Community Center

2:30pm – Presentation: *The Music and Life of Alice Faye* with Larry Shearer. Laurelwood Activities Room

6:30pm – Depart for a Rochester Philharmonic Orchestra Concert: *Brahms 2 + World Premiere*  
Please note ticket and transportation arrangements were made in advance. Return  
Approx. 10:00pm

### Friday, May 11<sup>th</sup>:

9:00am – Walking tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

\*1:00pm – Shopping at Victor Crossings Plaza, Eastview Mall, or Target. Stores include: Dollar Store, HomeGoods, Wal-Mart, and PetSmart. Min. of 6 participants. Return approx. 4:00pm

1:15pm – Worship Service with Chaplain Steve Petrovich. Laurelwood Gallery

2:30pm – Music Mixer with Rhythm Aces Duo. Laurelwood Gallery

3:30pm – Current Events Club. Are you interested in discussing current issues, expressing your opinions, and being exposed to the ideas of your fellow residents? Music Room

### Saturday, May 12<sup>th</sup>:

9:00am-11:00am – Saturday Breakfast Guest Day, Mother's Day Celebration. Dining Room

10:30am – Tai Chi Class with Dr. Kathy Gill. Fitness Room

1:00pm – Casual Bridge Game. All are welcome to join. Social Room

2:30pm – Saturday Musical Matinee. *Brigadoon* (1954). Music Room



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### Sunday, May 13<sup>th</sup>: Mother's Day

8:30am- 11:30am – Depart to local area churches. Please call the Hospitality Desk for complete church list, departure time, and to sign up for a ride.

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

**\*12:00pm-4:00pm- Mother's Day Brunch: Reservations must be made in advance with 2 seating times available, 12pm and 2pm. Please choose one. Call the reservation line at 641- 6374. Main Dining Room**

1:30pm – Casual Bridge Game. All are welcome to join. Social Room

7:00pm – Sunday Movie: *Mother's Day (2016)*. Music Room



### Monday, May 14<sup>th</sup>:

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

10:30am-12:00pm – Quilting Club with Susan O'Keefe, all are welcome. Music Room

1:00pm – Euchre Group. Social Room

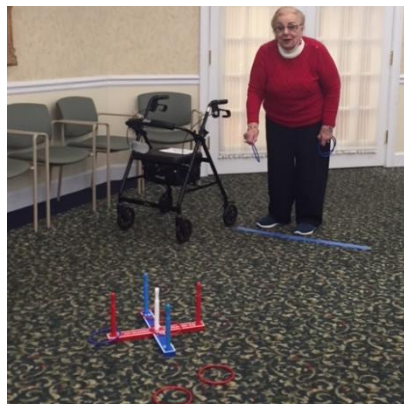
1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

2:00pm – University of Rochester Course: *Masterpieces of Art in Depth* with Susan Nurse.

Please see page 15 for course information. Music Room

**\*4:00pm – “UR” Always Learning Lecture: *The Program for Translational Brain Mapping at the University of Rochester Medical Center, Part I* with Bradford Z. Mahon, PhD, Department of Neurosurgery at the University of Rochester. Located in the Hahnemann Club.**

Transportation is provided from Hahnemann Square at 3:45pm. Please see page 17 for course information. Return approx. 5:15pm



Picture: Resident Claire Gattelaro playing ring toss at the Highlands' Olympics

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**Tuesday, May 15<sup>th</sup>:**

- 9:00am – Water Fitness with Robin Gallagher. Pool
- 9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.
- 10:30am-12:00pm – Circuit Training. Exercise Room
- 10:30am – Functional Fitness with Maureen Keller. Fitness Room
- \*1:00pm – Walk for Trash, a group walk and clean up in honor of Earth Day, rescheduled date. The walk will take place on sidewalks near campus. Come join your friends and make our earth a cleaner place to live. Walking is required. Meet at the Hospitality Desk at 1:00pm.**
- 1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery
- 2:00pm – University of Rochester Lecture: *Soaring Toward Mount Rushmore: Frederick Douglass Remembered Well* with Larry Hudson, PhD, Associate Professor of History at the University of Rochester. Frederick Douglass’s soaring popularity, which will only increase as we continue to celebrate the two hundred anniversary of his birth, threatens to launch him up into the refined air alongside the greats, such as Washington, Lincoln and Jefferson. This elevation although welcomed, is also a cause for concern. Please see page 17 for speaker description. Music Room**
- 6:30pm – Evening music with Tom and Peg featuring piano and guitar. Laurelwood Gallery

**Wednesday, May 16<sup>th</sup>:**

- \*8:45am – Depart for Braddock’s Bay Bird Observatory. Learn about different kinds of birds that are being banded this season and experience the banding process. All birds are brought to a central accessible location, enabling all visitors to see birds up close. Walking is required. No fee to attend. Minimum of 6 participants. Return approx. 12:00pm.**
- 9:00am – Fitness Class with Robin Gallagher. Hahnemann Club
- 10:15am – Fitness Class with Robin Gallagher. Fitness Room
- 1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool
- 2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room
- \*4:00pm – “UR” Always Learning Lecture: *The Program for Translational Brain Mapping at the University of Rochester Medical Center, Part II* with Bradford Z. Mahon, PhD, Department of Neurosurgery at the University of Rochester. Located in the Hahnemann Club. Transportation is provided from Hahnemann Square at 3:45pm. Please see page 17 for course information. Return approx. 5:15pm**
- 4:00pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands’ Pub



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**Thursday, May 17<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

\*10:00am-1:00pm –Parkinson Café: *Planning for 2018-2019 Season* and Presentation: *The Didgeridoo and Australian Aboriginal Culture* with cottage resident Larry Iwan. Please see page 18 for lecture description. A program designed to provide social, cultural, and intellectual interaction for people with Parkinson’s disease and their care partners. A light lunch will be provided at no cost. A donation of at least \$2 per person is requested, as this is being provided by both The Highlands and National Parkinson’s Foundation. Located at the Hahnemann Club, please request transportation.

10:30am-12:00pm – Circuit Training. Exercise Room

10:30am – Functional Fitness with Maureen Keller. Fitness Room

11:00am – Pray the Rosary with volunteers from St. Louis Church. Music Room

\*11:00am – **Depart for the Annual Sunshine Luncheon at St. Louis Church hosted by the students of St. Louis School. The children will serve lunch and dessert and provide musical entertainment. No fee to attend. Space is limited. Return at approximately 1:30pm**

**No Gentle Chair Yoga with Eva Kane today**

2:00pm – Blood Pressure Screening. Club Room

\*2:00pm – **Highlands at Pittsford Culinary Educational Series: *What makes our Seafood Better and Different?* Join Joe Joseph Seafood Specialist from JFS Distributors, to learn about the different types of seafood’s that are prepared here at the Highlands. Tastings available. Sign up is required in Program Book. Music Room**

**Friday, May 18<sup>th</sup>:**

9:00am – Walking tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

11:15am – Tech Time with facilitator Crystal Rothfuss, IT Technician. Share ideas, information and questions about technology. Topic: *Internet Shopping, what is available?* Music Room

\*1:00pm – **Depart for a scenic ride though Highland Park to view the flowers and stop at Pittsford Dairy for ice cream. Return approximately 4:00pm**

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:15pm – Worship Service with Chaplain Steve Petrovich. Laurelwood Gallery

**2:30pm – Music Mixer: Live Entertainment with Dane Noble-Rosema featuring piano. Music Room**



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**Saturday, May 19<sup>th</sup>: Armed Forces Day**

**No Tai Chi Class with Dr. Kathy Gill today**

\*11:00am – Pathway to Pittsford Errand Bus departs to Pittsford Plaza, Pittsford Cinema and Pittsford Community Library. The bus departs from the Highlands at 11:00am, 12:00pm and 1:00pm.

2:30pm – Saturday Musical Matinee: *Fame* (2009). Music Room

6:15pm – Depart for The Chorus of the Genesee’s Spring Show *Diagnosis: Audio Delusions* at Penfield High School. Please note tickets and transportation arrangements were made in advance. Return approximately 10:00pm

**Sunday, May 20<sup>th</sup>:**

8:30am-11:30am – Depart to local area churches. Please call the Hospitality Desk for complete church list, departure time, and to sign up for a ride.

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activities Room

1:30pm – Spring Concert with Pittsford Community Church. Laurelwood Gallery

2:30pm – Sunday Movie Matinee: *Hostiles* (2017). Music Room

**Monday, May 21<sup>st</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

10:30am-12:00pm – Quilting Club with Susan O’Keefe, all are welcome. Music Room

11:15am – Cultural Programming Meeting. Art Gallery

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:00pm – Euchre Group. Social Room

2:00pm – University of Rochester Course: *Masterpieces of Art in Depth* with Susan Nurse.

Please see page 15 for course information. Music Room

3:15pm – iPhone/iPad Class with Crystal Rothfuss, IT Technician. Session will offer instruction on general maintenance and cleanup, with an open forum to follow. Topic: *Facebook Fun*. Please bring your devices with you. Music Room

\*4:00pm – “UR” Always Learning Lecture: *Art in Early America* with Michael Hoppin Read PhD, Department of History at the University of Rochester. Located in the Hahnemann Club. Transportation is provided from Hahnemann Square at 3:45pm. Please see page 18 for course information. Return approx. 5:15pm



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\*7:00pm – Depart for Flower City Jazz Society Concert: *The J HappensBand*. Tickets are \$12.00 each, pay upon arrival. Minimum of 2 participants. Return Approx. 10:00pm



**Tuesday, May 22<sup>nd</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am-12:00pm – Circuit Training. Exercise Room

10:30am – Functional Fitness with Maureen Keller. Fitness Room

\*1:00pm – Depart for Bristol Garden Center in Victor. Browse over 11 acres of the finest nursery stock in the Finger Lakes region. They carry annuals, perennials, shrubs, trees, and tropical plants. Minimum of 6 participants. Return Approx. 4:00pm

1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery

**Wednesday, May 23<sup>rd</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

\*12:45pm – Depart for a tour of the Farmington Quaker Meeting House with Pastor Trish Eckert. Explore a community that celebrates diversity. Quakers do not have a creed or a doctrine, so there are many beliefs, backgrounds and experiences represented. Walking is required. No fee to attend. Minimum of 6 participants. Return approx. 4:00pm

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

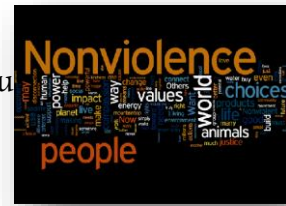
\*4:00pm – “UR” Always Learning Lecture: *Promoting Optimal Motivation Across Life’s Domains* with Edward L. Deci, PhD, Professor Emeritus of Psychology and Helen F. & Fred H. Gowen Professor Emeritus in the Social Sciences at the University of Rochester. Located in the Hahnemann Club. Transportation is provided from Hahnemann Square at 3:45pm. Please see page 18 for course information. Return approx. 5:15pm

4:00pm-6:00pm – Happy Hour: drink specials and appetizers. The Highlands’ Pub



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Picture: Farmington Quaker Meeting House



**Thursday, May 24<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am-12:00pm – Circuit Training. Exercise Room

10:30am – Functional Fitness with Maureen Keller. Fitness Room

**\*11:30am – Depart for the Eastman at Washington Square Concert: *Honors Finale II*. Don't miss the final concert of the season, featuring more ECMS honors graduates! No fee to attend, brown bag lunches are welcome. Minimum of 2 participants. Return approx. 1:30pm**

1:00pm – Gentle Chair Yoga with Eva Kane. Fitness Room

**2:00pm – University of Rochester Lecture: *Toward a Nonviolent World Order* with Robert Holmes, PhD, Emeritus Professor of Philosophy at the University of Rochester. Please see page 17 for Course Description. Music Room**

**Friday, May 25<sup>th</sup>:**

9:00am – Walking tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class. Hahnemann Club

10:15am – Fitness Video. Fitness Room

**No Open Swim today, Pool is open, just need a buddy!**

1:15pm – Worship Service with Chaplain Steve Petrovich. Laurelwood Gallery

**2:30pm – Music Mixer with Kit Nelson featuring guitar and vocals. Laurelwood Gallery**

3:30pm – Current Events Club. Are you interested in discussing current issues, expressing your opinions, and being exposed to the ideas of your fellow residents? Music Room

**Saturday, May 26<sup>th</sup>:**

10:30am – Tai Chi Class with Dr. Kathy Gill. Fitness Room

2:30pm – Saturday Musical Matinee. *Guys and Dolls* (1955). Music Room

3:00pm – Pet Visit with Gooch the Rottweiler. Laurelwood Front entryway



**Sunday, May 27<sup>th</sup>:**

8:30am-11:30am – Depart to local area churches. Please call the Hospitality Desk for complete church list, departure time, and to sign up for a ride.

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

\*The programs denoted with an asterisk indicate it is necessary to sign up in advance. The sign up book is located beneath the Digital Sign.

1:30pm – Casual Bridge Game. All are welcome to join. Social Room

2:30pm – Sunday Movie Matinee: *It's a Mad Mad Mad Mad W*

**Monday, May 28<sup>th</sup>: Memorial Day**

No Fitness Classes with Robin Gallagher today

1:00pm – Euchre Group. Social Room

No Quilting Group with Susan O'Keef today

No Open Swim today, Pool is open, just need a buddy!

7:00pm – Monday Night Movie: *Night Train to Lisbon* (2013). Music Room



**Tuesday, May 29<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am-12:00pm – Circuit Training. Exercise Room

10:30am – Functional Fitness with Maureen Keller. Fitness Room

1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery

2:00pm – Presentation: *Three Erie Canals* with Bruch Schwendy, retired manufacturing engineer.

**Bruce has long studied the canal and regularly travels it on a 40-foot houseboat. He will discuss the canal's history and its folklore. His presentation will cover some myths about the Erie Canal, a brief description, and impact of the three periods in Erie Canal history. He will also demonstrate the canal horns and share an early period Erie Canal Story. Music Room**

**Wednesday, May 30<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

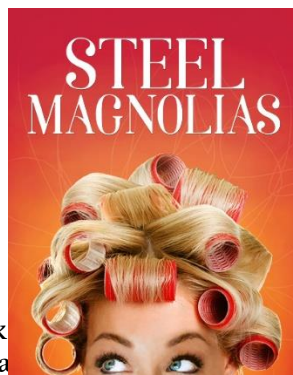
10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open Swim with Robin Gallagher. Pool

1:00pm – Depart for Geva Theatre: *Steel Magnolias*. Please note tickets and transportation were arranged in advance. Return approx. 5:00pm

2:00pm – Pittsford Highlands Chorus practice. All are welcome to participate. Music Room

4:00pm-6:00pm – Patriotic Happy Hour: drink specials and appetizers. Wear your Red White and Blue! Highlands' Pub



\*The programs denoted with an asterisk  
local

to sign up in advance. The sign up book is  
Sign.

# Chorus

## Thursday, May 31<sup>st</sup>:

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am-12:00pm – Circuit Training. Exercise Room

10:30am – Functional Fitness with Maureen Keller. Fitness Room

11:00am – Spring Concert Performance. Chorus students from Park Road Elementary School. Dining Room

2:00pm – Presentation: *Failure Is Impossible, The Story of Elizabeth Cady Stanton* with Educator Martha Kendall. Martha will explain her motives for writing about Stanton, the founder of the Women's Rights Movement in America. In her anecdote-filled program, she will describe the life and times of this 19<sup>th</sup> Century leader. Music Room



Picture: Employee Teri Douglass showcasing her stitch work in the Art Gallery.

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### University of Rochester Course Description

#### The Arabian Nights Beyond “East” and “West” Divide

**Tuesdays, April 3<sup>rd</sup> – May 8<sup>th</sup>, 2018 1:00pm**

This series of 6 meetings will focus on the cycle of tales known as the Arabian Nights or 1001 Nights from comparative and cross-cultural perspectives. After we cover in detail the core stories, we will turn to their reception away from the medial Arab context in various translations, rewritings, and adaptations (literary, visual, aural, and cinematic). Questions of cultural translation, representation, orientalism, discourses of difference, identity formation, and ethics will be inseparable from our discussions of translation, circulation, aesthetics, literary influence, and narrative technique.

Dr. Sevinc Turkkan, received her PhD from University of Illinois in 2011. She is an Instructor of modern Turkish literature and history at the UR at the Department of Religion and Classics. She specializes in modern Turkish literature and culture, translation studies, and cross-cultural comparative studies with research interests in multilingualism, Turkish-German & Turkish-American literary relations, Anglophone literatures and postcolonial theory, and critical theory (psychoanalysis & gender studies). Sevinc is also a practicing translator, working languages are Turkish, German, and Bulgarian.

#### Masterpieces of Art in Depth

**Mondays April 9<sup>th</sup> –May 21<sup>st</sup>, 2018 2:00pm**

Join Susan for another 6-week course exploring magnificent pieces of art such as, Giotto: Frescoes in the Arena Chapel, Ghiberti: The Gates of Paradise of the Florence, Michelangelo: Sistine Ceiling and much more.

Susan Nurse was the Visual Resources Coordinator at the Memorial Art Gallery for 17 years. She coordinated the Slide Library, which also comprises digital images. She also managed the Library and Archival Photography. She has a Masters in Art History from the University of Buffalo. Susan has lectured at the Gallery’s Creative Workshop, RIT Osher Center, and SUNY Brockport.

### Committees and Task Force Groups

The Highlands’ has a variety of committees for residents to play an active role in the community. If you find a committee that interests you, please contact Margaret Leyden 641-6387 for more information.

Committees: Bistro and Fine Dining Committees, Community Outreach Committee, Cultural Programming Planning Group, Friendship Committee, Go Green Committee, Health Affairs Committee, Landscape Committee, and Library Committee.

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**Germany and the Ottoman Railways: Art, Empire and Infrastructure**  
**Wednesday May 2<sup>nd</sup>, 2018 1:30pm.**

The complex political and cultural relationship between the German state and the Ottoman Empire is explored through the lens of the Ottoman Railway network, its architecture, and material culture. With lines extending from Bosnia to Baghdad to Medina, the Ottoman Railway Network (1868-1919) was the pride of the empire and its ultimate emblem of modernization-yet it was largely designed and bankrolled by German corporations. This exemplifies a uniquely ambiguous colonial condition in which the interests of Germany and the Ottoman Empire were in constant flux. German capitalists and cultural figures sought influence in the Near East, including access to archaeological sites such as Tell Halaf and Mshatta. At the same time, Ottoman leaders and laborers urgently pursued imperial consolidation. *Germany and the Ottoman Railways* explores the impact of these political agendas as well as the railways' impact on the built environment. Relying on a trove of previously unpublished archival materials, including maps, plans, watercolors, and photographs, author Peter H. Christensen, PhD also reveals the significance of this major infrastructure project for the budding disciplines of geography, topography, art history, and archaeology.

Peter Christensen, PhD is author of *Germany and the Ottoman Railways: Art, Empire and Infrastructure* and Assistant Professor of Art History at the University of Rochester. His research interests include: 19th and 20th century architectural history, particularly Europe and North America's international engagement with the Islamic world; history and aesthetics of infrastructure and industry; historicism; cartography and architecture; and critical digital humanities. His course offerings include Modern Architecture, The Art of Industry, and Global Architecture. Peter earned his PhD from Harvard University in 2014.

**A New Light on the Past: Cultural Heritage and Imaging Science**  
**Thursday May 3<sup>rd</sup>, 2018 2:00pm.**

Technological advances over the past decade have given historians and literary scholars new, powerful tools for recovering lost or damaged artifacts. This talk will introduce the field of textual science through a discussion of the technology and images of manuscripts, maps, and cave paintings on which the Lazarus Project has been working. Many of the images I will be talking about have never been seen before, including the 1510 Jagiellonian Globe, the neolithic catacombs of Montessu (Sardinia) and the Black Book of Carmarthen.

Gregory Heyworth is a medievalist and founder of the discipline of textual science, a combination of the traditional scholarly skills of paleography, codicology and bibliography, with material-, imaging-, and data-science. Greg's research lies primarily in the recovery of damaged manuscripts and cultural heritage objects using spectral imaging and machine learning, as well as in the editing of texts, the history of the book and of cartography, and classical influence upon insular and continental romance and satire of the Middle Ages. More colloquially, he is interested in finding ways to read books no one has read before, and in teaching others to do the same.

As director of the Lazarus Project, his current initiatives include the Vercelli Schoolroom Project, the Dresden Baroque Music Project, the 1492 Martin Behaim Globe in Nuremberg, and so much more.

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**Soaring toward Mount Rushmore: Frederick Douglass Remembered Well****Tuesday May 15<sup>th</sup>, 2018 2:00pm**

Frederick Douglass's soaring popularity with students, which will only increase as we continue to celebrate the two hundred anniversary of his birth, threatens to launch him up into the refined air alongside the greats such as Washington, Lincoln and Jefferson. This elevation although welcomed, is also a cause for concern.

Larry Hudson, PhD, Associate Professor of History at the University of Rochester. Larry specializes in the field of American History, specifically early nineteenth century slavery. Some of Larry's course offerings at the U of R include Abraham Lincoln's America, African-American History, and The Civil War. His publications include "To Have and to Hold": Slave Work and Family Life in Antebellum South Carolina and "All that Cash": Work and Status in the Slave Quarters". Larry received his PhD from Keele University, U.K.

**Toward a Nonviolent World Order****Thursday May 24<sup>th</sup>, 2018 2:00pm**

In this talk, we will explore the understanding necessary to move from a culture of violence toward a nonviolent world order. Robert Holmes is Emeritus Professor of Philosophy, University of Rochester. His most recent books are *The Ethics of Nonviolence (2014)*, *Pacifism: A Philosophy of Nonviolence (2017)* and *Introduction to Applied Ethics (2018)*. Robert received his PhD from Michigan University.

**"UR" Always Learning Lecture Series****Global Education and the Sustainable Development Goals****Wednesday May 9<sup>th</sup>, 2018 4:00pm**

On March 30, 1867, U.S. Secretary of State William H. Seward and Russian envoy Baron Edouard de Stoeckl signed the treaty of Cession. With a stroke of a pen, Tsar Alexander II had ceded Alaska, his country's last remaining foothold in North America, to the United States for US\$7.2 million. What prompted Russia to withdraw from its American beachhead? And how did it come to possess it in the first place? This talk will discuss the history of Russian America and the place it still holds in Russian cultural imagination.

**The Program for Translational Brain Mapping at the University of Rochester Medical Center****Monday May 14<sup>th</sup> and Wednesday May 16<sup>th</sup>, 2018 4:00pm**

Dr. Mahon will discuss the latest findings and clinical innovations coming out of The Program for Translational Brain Mapping at the University of Rochester. The goal of the program is to apply the latest innovations in personalized brain mapping to ensure the best outcome for patients undergoing neurosurgical interventions to treat brain tumors, and to advance the scientific study of the human brain. More information about the program can be found at [www.tbm.urmc.edu](http://www.tbm.urmc.edu).

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**Art in Early America****Monday May 21<sup>st</sup>, 2018 4:00pm**

In brushstrokes, patterned swatches of cloth, and chisel marks against marble, artists of the Atlantic world helped to shape our understanding of our nation's past. Over the course of four weeks we will dip into art high and low, from grand tableaux of the American Revolution to quilts and samplers whose creators are now all but forgotten. We begin with the story of the American Revolution in art. Next, we survey the importation of European Romanticism and sentimentality to America's shores. We then depart from elites and turn our attention toward vernacular art of the Jacksonian and antebellum eras. Finally, we weave the story together as we trace the origins, reception, and afterlives of a few key pieces of sculpture, commissioned for the nation's Capital grounds, which offered complex treatments of our nation's past, its westward expansion, and the relationship between slavery and freedom.

**Promoting Optimal Motivation Across Life's Domains****Wednesday May 23<sup>rd</sup>, 2018 4:00pm**

Self-Determination Theory (Ryan & Deci, 2017) differentiates the concept of motivation into autonomous motivation and controlled motivation. Autonomous motivation involves acting with a sense of willingness, volition, and choice, and leads to more openness, effectiveness, and wellness, whereas controlled motivation involves acting with a sense of pressure, tension, and obligation, and leads to more defensive, manipulative, and algorithmic performing. In this presentation, I will discuss studies that have shown that when people are more autonomous in their motivation they evidence enhanced performance and wellness across life's domains.

**The Didgeridoo and Australian Aboriginal Culture****Date: Thursday May 17<sup>th</sup>, 2018 10:00am**

In 1998, cottage resident Larry Iwan's casual interest in the sounds of the didgeridoo, a folk instrument of the Australian Aboriginals, rapidly grew into an obsession with what he heard as the voice of the earth itself. He bought a didgeridoo, began to learn to play it, and eventually traveled to Arnhem Land in northern Australia to study Aboriginal playing techniques with Djalu Gurruwiwi, an Aboriginal master. While he was there, he befriended a number of Aboriginal people and grew increasingly interested in their history and their past and present culture. Australia's Aboriginal people have lived in Australia for at least 50,000 years, and may be the oldest continuous culture on the planet. The didgeridoo may well be the oldest horn amongst the musical instruments devised by humans for ritual and entertainment.

Cottage Resident Larry left a part of his soul in the red earth of Gulkula in the Northern Territory, and will evoke it to join him for his presentation. He will demonstrate didgeridoo playing techniques and play some improvisations and an authentic Yolngu (northern Australian) song he learned from his teacher. He will present a potpourri of information about past and present Aboriginal culture and encourage interested attendees to pursue this fascinating subject for their personal fulfillment.

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