

Laurelwood at The Highlands at Pittsford



Calendar of Events September 2017



Friday 09/01

9:00am - How's your day going? Greeting—Dining room & Library area

10:15am - Fitness: Class with Carol (Activities Room)

10:30am - Morning Connection: September Test (Gallery)

11:00am - History: Airplanes (Hearth Room)

1:00pm - Catholic Mass with volunteers from St. Louis Church
(Highlands Community Center)

There will be no program with Chaplain Jim Grobe today.

1:30pm - Afternoon Connection: September Theories (Hearth Room)

2:30pm - Music Mixer with Larry Bitterman vocalist/guitarist
(Highlands Community Center)

3:45pm - Word Puzzle: Labor Day (Hearth Room)

5:45pm - Game: Wii Electronic Bowling (Gallery)



Saturday 09/02

9:15am - How's your day going? Greeting (Dining room & Library area)

10:15am - Fitness: Tai Chi (Activities Room)

10:30am - Morning Connection: September Monthly Gazette (Gallery)

11:00am - Trivia: Labor Day (Hearth Room)

1:30pm - History: Learn about the United States (Activities Room)

2:00pm - Game: Tools of the Trade (Gallery)

3:00pm - Fitness: Bean Bag toss with a twist (Patio)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Movie & Trivia Night!! Fun facts about the featured Movie "Hanging Up"-
Comedy, then sit back and enjoy the movie with popcorn! (Gallery)

If you have any questions please dial 641- 6345 for
Crystal, 641- 6385 for Cheryl, or 641- 6350 for Emily

Sunday 09/03

- 9:45am - How's your day going? Greeting (Dining room & Library area)
10:30am - Catholic Communion Service (Activities Room)
10:45am - Fitness: Walking Group (Meet near elevator)
11:00am - Trivia: What do you know? (Hearth Room)
1:30pm - Game: Dominoes (Activities Room)
2:00pm - Afternoon Connection: Jigsaw Puzzle (Gallery)
3:00pm - Short Story: My Hilarious Job History (Hearth Room)
4:00pm - Join your friends on the Patio for conversation before dinner
5:45pm - Game: Wheel of Fortune (Gallery)
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Monday 09/04 Labor Day

- 9:00am - How's your day going? Greeting (Dining room & Library area)
10:00am - Fitness: Exercise Video (Gallery)
10:30am - Morning Connection: September Test (Gallery)
2:00pm - Game: Labor Day Pokeno (Gallery)
3:15pm - Movie: "Yankee Doodle Dandy" (gallery)
5:30pm - Craft: Patriotic Flag (Gallery)



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Tuesday 09/05

9:00am - How's your day going? Greeting (Dining room & Library area)

10:15am - Fitness: Walking Group (meet near elevator)

10:30am - Nail Cutting (Gallery)

11:30am - Themed Lunch (Dining Room)

1:15pm - Bible Study with Chaplain Jim Grobe (Gallery)

1:30pm - Game: Hidden Pictures (Hearth Room)

2:00pm - Craft: Fruit Loop Flowers (Gallery)

2:00pm - U of R Course: The Book of Genesis with Anne Merideth (Highlands Community Center)

2:15pm - Depart for the beginning of Fall Foliage Scenic Ride (Outing)

To register please call Cheryl at 641-6385

4:00pm - Fashion: Don't wear White! (Hearth Room)

5:30pm - Art: Trees & Leaves (Gallery)

6:30pm - Game: Name That Tune: Classic TV Theme Songs (Gallery)



Wednesday 09/06

9:00am - How's your day going? Greeting—Dining room & Library area

10:30am - Fitness: Exercise Video (Gallery)

10:45am - Morning Connection: The Daily Chronicle (Gallery)

11:45am - Luncheon: Back to School Brown Bag Lunch! (Activities Room)

1:00pm - Community Service Project: Decorating Brown Bags & filling them with treats for children served by a local not-for-profit agency (Activities Room)

2:00pm - Reminisce: Back to School (Gallery)

2:15pm - Game: Famous Faces (Hearth Room)

3:30pm - Communion with St. Louis Church (Activities Room)

3:45pm - Social: Hot Apple Cider (Hearth Room)

5:30pm - Fitness: Putting Green (Gallery)

7:00pm - Evening Music with Gary Scott on piano (Gallery)



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Thursday 09/07

9:00am - How's your day going? Greeting (Dining room & Library area)

10:00am - Fitness: Exercise Video (Gallery)

10:30am - Morning Connection: Coffee & News (Gallery)

11:00am - Health: All about Apples (Hearth Room)

1:15pm - Craft: Grandparent Picture Frames (Activities Room)

2:00pm - Fitness: Popcorn Toss (Gallery)

2:00pm - U of R Course: The New Sciences of the Human Mind with Brad Mahon PhD
(Highlands Community Center)

2:30pm - Crosswords with Larry Shearer (Activities Room)

3:45pm - Afternoon Connection: Laughter is the best medicine (Hearth Room)

5:30pm - Game: Hangman (Gallery)

6:30pm - Movie: "Billy Rose's Jumbo" (Gallery)



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Friday 09/08

9:00am - How's your day going? Greeting—Dining room & Library area

10:15am - Fitness: Class with Carol (Activities Room)

10:30am - Morning Connection: News of the Day (Gallery)

11:00am - Facts: Fall means Football (Hearth Room)

1:00pm - Pause for Peace with Chaplain Jim Grobe (Highlands Music Room)

1:30pm - Discussion: Smells of September (Hearth Room)

2:30pm - Music Mixer with Tom and Peg instrumental and vocal duo (Gallery)

3:45pm - Game: Hidden Pictures (Hearth Room)

5:45pm - Baking: Dessert in a Cup (Gallery)

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Saturday 09/09

- 9:15am - How's your day going? Greeting (Dining room & Library area)
- 10:15am - Fitness: Tai Chi (Activities Room)
- 10:30am - Morning Connection: Cat Month (Gallery)
- 11:00am - Trivia: School (Hearth Room)
- 1:30pm - Presentation: The History behind US Currency (Activities Room)
- 2:00pm - Game: Picture it (Gallery)
- 3:00pm - Humor: Grandparents are a Hoot! (Hearth Room)
- 4:00pm - Join your friends on the Patio for conversation before dinner
- 6:30pm - Movie & Trivia Night!! Fun facts about the featured Movie:" Beauty and the Beast" - 2017 Remake , then sit back and enjoy the movie with popcorn! (Gallery)



Sunday 09/10 Grandparents Day

- 9:45am - How's your day going? Greeting (Dining room & Library area)
- 10:30am - Catholic Communion Service (Activities Room)
- 10:45am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Trivia: What do you know? (Hearth Room)
- 1:30pm - Depart for Scenic Ride & stop for Ice Cream (Outing) To register please call Emily at 641-6350
- 2:00pm - Fitness: Get to know you ball (Gallery)
- 3:00pm - Reminisce: A Legacy of Wisdom (Hearth Room)
- 4:00pm - Join your friends on the Patio for conversation before dinner
- 5:45pm - Game: September Bingo (Gallery)

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Monday 09/11 Patriot Day



- 9:00am - How's your day going? Greeting (Dining room & Library area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:30am - Game: Name That Tune in Five Clues (Gallery)
- 10:45am - Depart for lunch at Cheesecake Factory (Outing) To register please call Cheryl at 641-6385
- 1:30pm - History: Twin Towers (Activities Room)
- 2:00pm - Presentation: "Mennonite Culture in New York State and Throughout History" with Ivan Martin (Highlands Community Center)
- 2:00pm - Discussion: Family dinner night (Gallery)
- 2:30pm - Fall Flower Arranging (Activities Room)
- 3:30pm - Afternoon Connection: Fall Flowers (Hearth Room)
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif before dinner! (Hearth Room)
- 5:30pm - Craft: Autumn Collage (Gallery)
- 6:30pm - Game: Jeopardy (Gallery)
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Tuesday 09/12

- 9:00am - How's your day going? Greeting (Dining room & Library area)
- 10:15am - Fitness: Walking Group (meet near elevator)
- 10:30am - Nail Cutting (Gallery)
- 11:00am - Depart for a Lunch Cruise on the Colonial Belle (Outing) To register please call Cheryl at 641-6385
- 1:15pm - Bible Study with Chaplain Jim Grobe (Gallery)
- 1:30pm - Afternoon Connection: Quotes from Norman Vincent Peale (Hearth Room)
- 2:00pm - Game: Memory Match (Gallery)
- 2:00pm - U of R Course: The Book of Genesis with Anne Merideth , PHD
(Highlands Community Center)
- 2:30pm - Nail Painting (Activities Room)
- 4:00pm - Game: True or False-- September (Hearth Room)
- 5:30pm - Evening Connection: Jigsaw Puzzle (Gallery)
- 6:30pm - Game: Guess Who? (Gallery)

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Wednesday 09/13

- 9:00am - How's your day going? Greeting—Dining room & Library area
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 10:45am - Fun Facts: Our World Today (Gallery)
- 11:00am - Discussion: Honoring Family Traditions (Activities Room)
- 1:15pm - Inspirational Hymns with Chaplain Jim Grobe (Gallery)
- 2:00pm - Art: Fall Paintings (Gallery)
- 2:15pm - Game: Left, Right, Center (Hearth Room)
- 3:30pm - Communion with St. Louis Church (Activities Room)
- 3:45pm - Happy Hour - Join us in celebrating National Assisted Living Week (Gallery)
- 5:30pm - Evening Connection: Scavenger Hunt— meet near elevator
- 6:30pm - Game: Life (Gallery)



Thursday 09/14

- 9:00am - How's your day going? Greeting (Dining room & Library area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:30am - Morning Connection: The Working World (Gallery)
- 11:00am - Star of the Month: Michael Keaton (Hearth Room)
- 12:00pm - Birthday Party with Steve Petrovich (Dining Room)
- 1:30pm - Craft: Family Tree (Activities Room)
- 2:00pm - Game: Apples to Apples (Gallery)
- 2:00pm - U of R Course: The New Sciences of the Human Mind with Brad Mahon PhD (Highlands Community Center)
- 2:30pm - Trivia: Harvest Moon (Hearth Room)
- 3:45pm - Social: Half Moon Cookie Social in honor of the Harvest Moon this month (Patio)
- 5:30pm - Game: Uno (Gallery)
- 6:30pm - Movie: "The Founder"- Drama (Gallery)

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Friday 09/15

9:00am - How's your day going? Greeting—Dining room & Library area

10:15am - Fitness: Class with Carol (Activities Room)

10:30am - Morning Connection: News of the Day (Gallery)

11:00am - Reminisce: Origin of your last name (Hearth Room)

There will be no program with Chaplain Jim Grobe today.

1:30pm - Fun Facts: Stars of the 20's (Hearth Room)

2:30pm - Music Mixer with Geoff Clough—Keyboard (Highlands Community Center)

3:45pm - Game: Hidden Pictures (Hearth Room)

5:45pm - Evening Connection: Decorating Fall Cookies (Gallery)

The New York Times

Saturday 09/16

9:15am - How's your day going? Greeting (Dining room & Library area)

10:15am - Fitness: Tai Chi (Activities Room)

10:30am - Morning Connection: Family Holiday's (Gallery)

11:00am - Trivia: Fall (Hearth Room)

1:30pm - Craft: Leaf Jars (Activities Room)

2:00pm - Game: 20 Questions (Gallery)

3:00pm - Everything and Anything: The Gray Lady (Hearth Room)

4:00pm - Join your friends on the Patio for conversation before dinner

6:30pm - Movie & Trivia Night!! Fun facts about the featured Movie "Newsies" -
Musical , then sit back and enjoy the movie with popcorn! (Gallery)

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Sunday 09/17

- 9:45am - How's your day going? Greeting (Dining room & Library area)
- 10:30am - Catholic Communion Service (Activities Room)
- 10:45am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Trivia: What do you know? (Hearth Room)
- 1:30pm - Craft: Apple Sun catchers (Activities Room)
- 2:00pm - Afternoon Connection: Tea Party (Gallery)
- 3:00pm - Fitness: Horse Shoe (Activities Room)
- 4:00pm - Join your friends in the cozy Hearth Room for conversation before dinner
- 5:45pm - Game: Wii Electronic Bowling (Gallery)



Monday 09/18

- 9:00am - How's your day going? Greeting (Dining room & Library area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:30am - Discussion: Monday Morning Blues (Gallery)
- 10:45am - Depart for lunch at Panera Bread (Outing) To register please call Cheryl at 641-6385
- 1:30pm - Tasting Club— Apple pairing (Activities Room)
- 2:00pm - Afternoon Connection: Cats vs. Dogs (Gallery)
- 2:00pm - University of Rochester Course: Stress Resilience (Highlands Community Center)
- 2:30pm - Biography Story: Marilyn Monroe (Hearth Room)
- 3:00pm - Game: Black Jack (Activities Room)
- 4:00pm - "Mocktail Party" join your friends for mock-aperitif before dinner! (Hearth Room)
- 5:30pm - Game: What's my Job? (Gallery)
- 6:30pm - Sing-a long with Emily: Old Time Love Songs (Gallery)

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Tuesday 09/19

- 9:00am - How's your day going? Greeting (Dining room & Library area)
- 10:15am - Fitness: Walking Group (meet near elevator)
- 10:30am - Nail Cutting (Gallery)
- 11:00am - Discussion: House Styles (Hearth Room)
- 1:15pm - Bible Study with Chaplain Jim Grobe (Gallery)
- 1:30pm - Smart Art with Robin (Activities Room)
- 2:00pm - Word Game: Riddle Jumble (Gallery)
- 2:00pm - University of Rochester Course: The Book of Genesis with Anne Merideth, PhD
(Highlands Community Center)
- 2:15pm - Social: Wave Goodbye to Summer (Hearth Room)
- 3:30pm - Food Forum (Activities Room)
- 5:30pm - Game: You be the Judge (Gallery)
- 6:30pm - Nail Painting (Gallery)



Wednesday 09/20 Rosh Hashanah begins at sundown

- 9:00am - How's your day going? Greeting—Dining room & Library area
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 10:45am - Word Game: Word Search (Gallery)
- 11:00am - Facts about Rosh Hashanah: The Jewish New Year (Hearth Room)
- 1:30pm - Visit to Cupcake Corner for a sweet treat— meet at elevator
- 2:00pm - Art: Paint by numbers (Gallery)
- 2:15pm - Game: Who married Whom game? (Activities Room)
- 3:30pm - Communion with St. Louis Church (Activities Room)
- 3:45pm - Traditions: Rosh Hashanah (Hearth Room)
- 5:30pm - Craft: Apple Stamping (Gallery)
- 6:30pm - Poetry: Best poems of all times (Gallery)



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Thursday 09/21 First Day of Autumn

- 9:00am - How's your day going? Greeting (Dining room & Library area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:30am - Morning Connection: The Daily Chronicle (Gallery)
- 11:00am - Pray the Rosary with volunteers from St. Louis Church
(Highlands Music Room)
- 1:15pm - Game: Name 5 (Activities Room)
- 2:00pm - Afternoon Entertainment with Susan Krasner in honor of
Rosh Hashanah, keyboard and vocals (Gallery)
- 2:15pm - Afternoon Connection: Jigsaw Puzzle (Hearth Room)
- 4:00pm - Rosh Hashanah Shofar Service with Rabbi Hein from Chabad- Lubavitch of
Pittsford (Highlands Music Room)
- 5:30pm - Art: Rosh Hashanah inspired painting (Gallery)
- 6:30pm - Movie: "Quartet"- Comedy (Gallery)



Friday 09/22

- 9:00am - How's your day going? Greeting—Dining room & Library area
- 10:15am - Fitness: Class with Carol (Activities Room)
- 10:30am - Morning Connection: News of the Day (Gallery)
- 11:00am - History: Everything Autumn (Hearth Room)
- 1:15pm - Worship with Chaplain Jim Grobe (Gallery)
- 1:30pm - Fireside Chat (Hearth Room)
- 2:30pm - Music Mixer with Top Brass Duo (Gallery)
- 3:45pm - Game: Hidden Pictures (Hearth Room)
- 5:45pm - Game: Pokeno (Gallery)

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Saturday 09/23 Harvest FESTIVAL

- 9:15am - How's your day going? Greeting (Dining room & Library area)
- 10:15am - Fitness: Tai Chi (Activities Room)
- 10:30am - Art: Leaf Tracing (Gallery)
- 11:00am - Trivia: Leaves (Hearth Room)
- 1:00pm -3:00pm – Harvest Festival: Enjoy activities with your grandchildren and great-grandchildren, music with Bill McDonald and the Old hippies. Light refreshments will be served. Highlands Campus
- 3:15pm - Explore: Greece (Activities Room)
- 4:15pm - Join your friends on the Patio for conversation before dinner
- 6:30pm - Movie & Trivia Night!! Fun facts about the featured Movie “The Stooge”- Comedy , then sit back and enjoy the movie with popcorn! (Gallery)
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Sunday 09/24

- 9:45am - How's your day going? Greeting (Dining room & Library area)
- 10:30am - Catholic Communion Service (Activities Room)
- 10:45am - Fitness: Walking Group (Meet near elevator)
- 11:00am - Trivia: What do you know? (Hearth Room)
- 1:30pm - Depart for Scenic Ride (Outing) To register please call Emily at 641-6350
- 2:00pm - Baking: Pizza Bites (Gallery)
- 3:00pm - Afternoon Connection: Celebrate F. Scott Fitzgerald (Activities Room)
- 4:00pm - Join your friends in the cozy Patio for conversation before dinner
- 5:45pm - Game: Bingo (Gallery)

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Monday 09/25

- 9:00am - How's your day going? Greeting (Dining room & Library area)
- 9:00am - Attracting Birds to Your Backyard with Liz Magnanti (Hearth Room)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:30am - Morning Connection: Fall Memories (Gallery)
- 11:00am - History: The year 1960 (Hearth Room)
- 1:15pm - Depart for a Bus Tour with Warren Kling: Mansion, Millionaires, and Mendon (Outing) To register please call Cheryl at 641-6385
- 1:45pm - Afternoon Connection: Cliché's (Activities Room)
- 2:00pm - Gaming Hour (Gallery)
- 3:00pm - Food for Thought: Apple Cider – The Hard Facts (Patio)
- 4:00pm - “Mocktail Party” join your friends for mock-aperitif before dinner! (Hearth Room)
- 5:30pm - Game: Wheel of Fortune (Gallery)
- 6:30pm - Craft: Lavender Clay (Gallery)



Tuesday 09/26

- 9:00am - How's your day going? Greeting (Dining room & Library area)
- 10:15am - Fitness: Walking Group (meet near elevator)
- 10:30am - Nail Cutting (Gallery)
- 11:00am - Morning Connection: This Day in History (Hearth Room)
- 1:15pm - Bible Study with Chaplain Jim Grobe (Gallery)
- 1:30pm - Coffee Klatch (Hearth Room)
- 2:00pm - Game: Solitaire (Gallery)
- 2:00pm - U of R Course: The Book of Genesis with Anne Merideth, PHD (Highlands Community Center)
- 2:00pm - Prayer Service with Chaplain Jim Grobe (Highlands Music Room)
- 2:30pm - Afternoon Connection: New York Times best Seller List for Fiction and Non– Fiction Books (Activities Room)
- 3:30pm - Resident Meeting (Activities Room)
- 5:30pm - Fitness: Evening Stroll (meet on the Patio)
- 7:00pm - Evening Entertainment with Al Woy Onyx Clarinet Quartet (Highlands Community Center)

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Wednesday 09/27

- 9:00am - How's your day going? Greeting—Dining room & Library area
- 10:30am - Fitness: Yoga with Carol (Activities Room)
- 10:45am - Coffee Klatch & Donuts (Gallery)
- 11:00am - Morning Connection: News around the World (Hearth Room)
- 1:15pm - Game: Pictionary (Activities Room)
- 2:00pm - Fitness: Putting Green (Gallery)
- 2:15pm - Discussion: Where in the World? (Hearth Room)
- 3:30pm - Communion with St. Louis Church (Activities Room)
- 3:45pm - Happy Hour-Join your friends for Great Food and Sparkling Conversation! (Hearth Room)
- 5:30pm - Fitness: Popcorn Toss (Gallery)
- 6:30pm - Baking: In honor of Johnny Appleseed, lets bake Apple Pie! (Gallery)
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Thursday 09/28

- 9:00am - How's your day going? Greeting (Dining room & Library area)
- 10:00am - Fitness: Exercise Video (Gallery)
- 10:30am - Morning Connection: Crosswords (Gallery)
- 11:00am - Reminisce: The Highlands Review (Hearth Room)
- 1:30pm - Presentation: Music & Life of Kay Starr by Larry Shearer (Activities Room)
- 2:00pm - Trivia: Of All Kinds (Gallery)
- 2:30pm - Cooking Demonstration with Executive Chef Michael Wasylko (Highlands community Center)
- 2:45pm - Travelogue: A trip down South and a Love Story with our volunteer Judith (Activities Room)
- 3:45pm - Game: What's your occupation? (Hearth Room)
- 5:30pm - Fitness: Popcorn Toss (Gallery)
- 6:30pm - Movie: "The Woman"- Classic (Gallery)

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Friday 09/29

- 9:00am - How's your day going? Greeting (Dining room & Library area)
10:15am - Fitness: Class with Carol (Activities Room)
10:30am - Art: Painting with objects (Gallery)
11:00am - Game: Guess what object I am? (Hearth Room)
1:15pm - Inspirational Hymns with Chaplain Jim Grobe (Gallery)
1:30pm - Movie Talk: What movies would you like to see? (Hearth Room)
2:30pm - Music Mixer with Laura Dubin, Jazz duo drums and piano
(Highlands Community Center)
3:45pm - Game: Hidden Pictures (Hearth Room)
5:45pm - Fall Foliage Walking Group (Meet near elevator)



Saturday 09/30

- 9:15am - How's your day going? Greeting (Dining room & Library area)
10:15am - Fitness: Tai Chi (Activities Room)
10:30am - Game: Uno (Gallery)
11:00am - Trivia: Seasonal Changes (Hearth Room)
1:30pm - Explore: Meditation (Activities Room)
2:00pm - Game: Wii Electronic Bowling (Gallery)
3:00pm - Afternoon Connection: Continuing Stories (Activities Room)
4:00pm - Join your friends on the Patio for conversation before dinner
6:30pm - Movie & Trivia Night!! Fun facts about the featured Movie "One Fine Day" -
Romance , then sit back and enjoy the movie with popcorn! (Gallery)

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